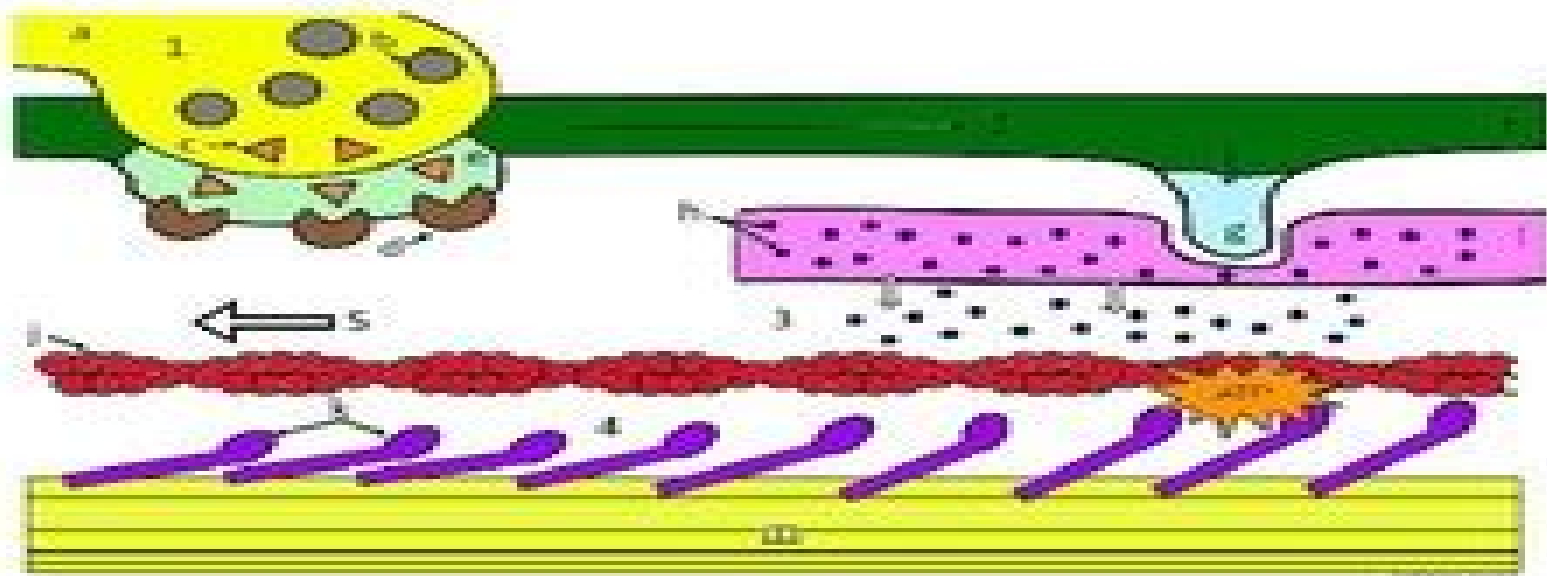


Sliding Filament Theory - The sliding filament theory explains muscle contraction based on how muscle fibers (actin and myosin) slide against each other to generate tension in the overall muscle.

Questions:

1. The motor unit consists of muscle fibers and a _____ motor neuron _____.
2. What neurotransmitter is needed to initiate a muscle contraction? _____ acetylcholine _____.
3. What substance causes the actin to change shape? _____ calcium _____.
4. How does myosin and actin interact with each other? _____ cross-bridges _____.
5. What substance provides the energy for muscle contraction? _____ ATP _____.
6. Where is calcium released from? _____ sarcoplasmic reticulum _____.
7. What is the gap between the neuron and muscle fiber called? _____ synapse or _____.
8. What are the two filaments found in muscles? _____ actin and myosin _____.
9. Place the steps in order:
 - _____ 4 _____ Cross bridges form
 - _____ 1 _____ Signal travels down the motor neuron
 - _____ 2 _____ Calcium released from sarcoplasm
 - _____ 5 _____ ATP creates a power stroke, shortening actin filament
 - _____ 3 _____ Actin changes shape



Sliding Filament Theory Worksheet Answers

Léo Pomar



Sliding Filament Theory Worksheet Answers:

Instructors Resource Guide Elaine N. Marieb, Barbara Stewart, 2001-11-02 Considerations about a Theoretical Formalism for the Sliding Filament Theory of Muscle Contraction George Martin Thurston, 1978 If a mass is suspended from a spring the spring will extend to a distance at which the force it exerts on the mass is equal in magnitude to the weight of the mass The spring exerts a force on the mass at this equilibrium position but after this position is reached and the mass is at rest the spring does no work on the mass in any subsequent time interval and no energy needs to be supplied to the spring to maintain it in this situation

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