

Starguard Lifeguard Exam Study Guide Questions With Correct Answers| 2024 Update Graded A+

What does the STARR acronym stand for? ✓✓S-Scan

T-Target

A-Assess

A-Alert

R-Rescue

(also additional R for Report)

What does risk management include? (StarGuard) ✓✓-Prevention Strategy: reducing risk of patrons drowning or becoming ill or injured

-Surveillance: monitoring behavior closely

-Response and Rescue: have a plan and manage emergency in the most professional, safe, efficient way possible

-Emergency Care: be prepared to provide care until EMS arrives

-Workplace Expectations: following them plays important role in your ability to carry out tasks and performance in workplace

Paraplegia ✓✓being paralyzed from the waist down

Quadriplegia ✓✓being paralyzed from neck down

Most common behaviors that cause injury ✓✓-running which causes slips and falls

-rough play

-collision with another person

-diving into shallow water

-striking the wall, diving board, or other equipment

Facility Hazards ✓✓-loose bolts

-rust on support beams

-broken or non functioning equipment

-loose railings

-loose stairs

-broken grates

-cracked or broken lane line

-broken fixtures

-sharp edges

-leaks

-cracks

-exposed wires or overload plugs

Starguard Lifeguard Test Study Guide Answer Key

Terry C. Jones



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