

SECOND EDITION

WHAT TO DO WHEN YOUR TEMPER FLARES

A Kid's Guide to
Overcoming Problems
with Anger

A **WORKBOOK**
for Kids
from the
AMERICAN PSYCHOLOGICAL
ASSOCIATION

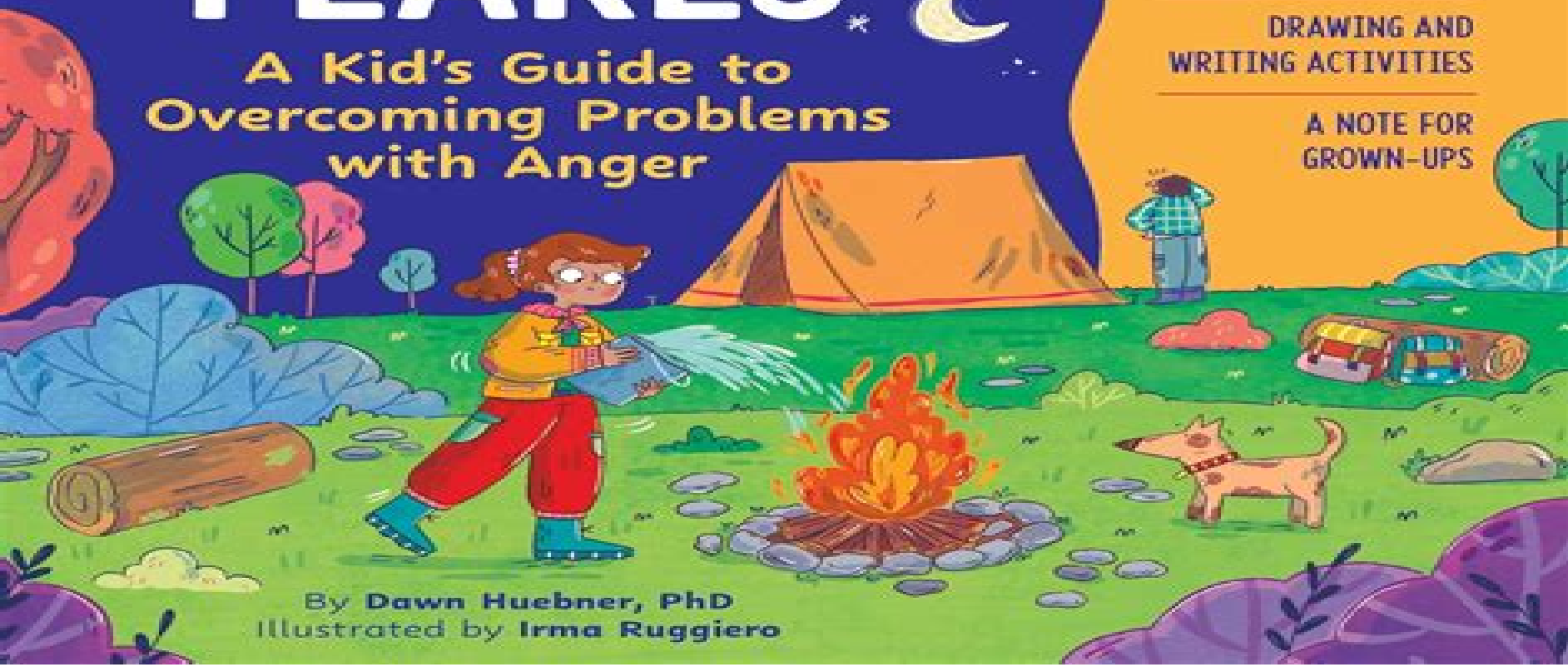
Includes:

SCIENCE-BACKED
SKILLS AND STRATEGIES

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EXPLANATIONS

DRAWING AND
WRITING ACTIVITIES

A NOTE FOR
GROWN-UPS



By Dawn Huebner, PhD
Illustrated by Irma Ruggiero

What To Do When Your Temper Flares

J Spring



What To Do When Your Temper Flares:

Whispering the Secrets of Language: An Psychological Quest through **What To Do When Your Temper Flares**

In a digitally-driven world where displays reign great and quick interaction drowns out the subtleties of language, the profound strategies and mental subtleties hidden within words often move unheard. However, situated within the pages of **What To Do When Your Temper Flares** a captivating literary value pulsating with natural emotions, lies an extraordinary journey waiting to be undertaken. Penned by a talented wordsmith, that charming opus invites readers on an introspective trip, softly unraveling the veiled truths and profound affect resonating within ab muscles cloth of each word. Within the mental depths with this emotional evaluation, we shall embark upon a sincere exploration of the book is primary themes, dissect its fascinating writing fashion, and fail to the powerful resonance it evokes serious within the recesses of readers hearts.

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