

TANTRA GUIDE



***Learn More About The Chakras
As Presented In Tantra***

Tantra Abikara Guide

Francis King



Tantra Abikara Guide:

Tantra for Westerners Francis King, 1986 **Tantra, Yoga of Ecstasy: the Sadhaka's Guide to Kundalini and the Left-Hand Path** Leigh Hurley, Phillip Hurley, 2012-04 Tantra is an ancient discipline with deep cosmic roots Every movement in time and space is ritual for the Tantric sadhaka and every moment is a moment of transmutation of alchemy Shiva and Shakti bring us back to first principles in a feeling way that engages all of our senses and all levels of our being The Tantric sadhaka is enlightened by the manifestation of these first principles in their life physically psychologically sociologically and spiritually Tantra Yoga of Ecstasy details ritual practice meditation and psychology for the serious student of Tantra Topics discussed include Meaning and intent of classical Tantric rituals Tantric philosophy How to raise kundalini Shiva Shakti meditation and Tantric initiation Tantra art and creativity Alchemy of personal transmutation Unravelling the puzzle of Tantric morality Tantric use of astrology *Luminous Essence* Jamgon Mipham, 2009-06-16 Luminous Essence is a complete introduction to the world of tantric thought and practice Composed by the renowned Tibetan master Jamgon Mipham 1846-1912 the text provides an overview of the theory and experiential assimilation of a seminal tantric scripture the Tantra of the Secret Essence Guhyagarbha Tantra Embodying the essence of tantric practice this text has been a central scripture in Tibetan Buddhism for well over a thousand years Mipham's explanation of this text here translated for the first time is one of the most celebrated commentaries on the Tantra of the Secret Essence which today occupies an important place in the tantric curriculum of Tibetan monastic colleges Luminous Essence is a specialized guide meant for initiated tantric practitioners To fully appreciate and assimilate its message it should be studied under the guidance of a qualified teacher by those who have received the appropriate empowerments reading transmissions and oral instructions *TANTRA AVAYA*. ALORVEDA, 2020 *Teach Tantra* Sasha Alex Lessin, Ph.D., 2017-09-29 TEACH TANTRA is a manual for you to experience advanced tantra teach it to others and optionally attain certification as a tantra teacher You learn to teach lovers and seekers how to Master advanced tantra techniques Open all energy vortexes chakras to each other Refine relations Encourage female ejaculation and master male ejaculatory control Find meaning and purpose in relationships and life Reprogram parent imprints that diminish sex and love Get satisfaction and sustain sex Mutually make more in sexual loving Delve dreams and past lives Worship women and gratify guys THE LESSINS HOLISTIC LOVING GUIDES SASHA ALEX LESSIN PH D U C L A taught Sex Education in the University of Hawaii School of Medicine Leeward Community College and the Professional School for Psychological Studies He served as Director of Counseling at the Waikiki Drug Center and has counseled relationships guided spiritual journeywork and taught tantra for over forty years JANET KIRA LESSIN naturally tantric joined Sasha as his co teacher and presenter and together they developed All Chakra Tantra as Janet worked through her sexual abuse traumas and learned how to facilitate others reprogramming The LESSINS taught Tantra at Maui Community College World Polyamory Association World Tantra Association conferences the School of Tantra on Maui and The Phoenix Goddess

Temple They ve appeared on numerous TV shows and on hundreds of radio shows and have written 10 books and counting
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