

A photograph of three people in a Zumba class. In the foreground, a man with dark hair, wearing an orange zip-up tank top and dark blue cargo pants, is in a dynamic dance pose with his arms extended. Behind him, a man with dark curly hair, wearing a white tank top and white pants, is also dancing. To the right, a woman with long blonde hair, wearing a pink and black patterned crop top and black leggings with a white shirt tied around her waist, is smiling and dancing. The background is a simple indoor space with a wooden floor and a grey wall.

# PROGRAM GUIDE



**ZUMBA™**

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# What Is The Zumba Exhilarate Program Guide

**Hussin A.Rothana**



## **What Is The Zumba Exhilarate Program Guide:**

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