

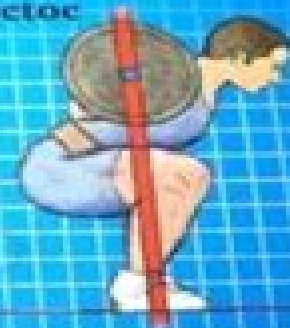
2nd Edition
**Starting
Strength**
Basic Barbell Training

Mark Rippetoe
& Lon Kilgore



**Starting
Strength**
Basic Barbell Training
3rd Edition

Mark Rippetoe



Starting Strength 3rd Edition

Michal Rosen-Zvi



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