



Sig 229 Lazer Guide Rod

Roger Eckstine



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Shooter's Bible Guide to Home Defense Roger Eckstine, 2013-11-05 Do you feel vulnerable in your own home The Shooter's Bible Guide to Home Defense was written to help you trade in your fears for a feeling of vigilance readiness and pride This is not a catalog of gimmicks gadgets and drills that only a Navy Seal can perform but an intense look at how to fortify your home discreetly and protect yourself from home invaders Learn how to choose weapons and use them under stress Gain legal perspective sharpen your verbal defensive skills and learn how to recognize criminal intent If the current climate leaves you feeling abandoned and defenseless the Shooter's Bible Guide to Home Defense can put you on the path to becoming a proud sentry at the gates of your castle Firearm expert Roger Eckstine examines how to evaluate the premises how to choose various security systems and how to safely interact with aggressors should someone invade your home Other topics include Minimizing hiding places Body language and verbal judo Improvised weapons Fight versus flight Coping with children or the elderly during an attack Once again renowned firearms expert Eckstine delivers helpful tips and provides valuable information The purpose of this book is to familiarize yourself with the basics that you need to know to defend your home

The Police Chief ,1996

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