

Manual Handling Risk Assessment

Assessment Guide (The Illustrations are used as a guide only and are not comprehensive)

A-1 Type of equipment/load weight (Xg)

- Identify type of equipment used If different types of equipment are used to move loads, do an assessment for each type
- If more than one piece of loaded equipment is moved at a time (i.e. two trolleys) assess the total load moved:
- Find out the total load moved (Weight of equipment and weight of loads carried) from labelling, asking workers or from weighing).
- If the same equipment is used to move different loads, then assess the equipment with the heaviest load that is likely to be moved.



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RESIDENCE TO THE PARTY OF T	Description

A-2 Posture Observe the general positions of the hands and the body during the operation.

Geed 6/0	Reservable A/3	Post R/S
Turso is largely spright, and	Body is inclined in direction of exertion, or	Body is severely inclined, or worker aquata, kneets or needs to push with their back against the issel, or
Torso is not twisted, and	Torso is noticeably bent or twisted, or	Torse is severely bent or twisted, or
Hands are between hip and shoulder height	Hands are below hip height	Hands are beliefd or on one side of body or above shoulder height







Smart Move Manual Handling Risk Guide

Roman Wölfel

Smart Move Manual Handling Risk Guide:

Reviewing Smart Move Manual Handling Risk Guide: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Smart Move Manual Handling Risk Guide**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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