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Abstract *Background:* The purpose of this study was to determine the prevalence of self-reported depression and anxiety disorders among a sample of young adults in the United States. *Methods:* Data were obtained from the National Longitudinal Study of Adolescent Health, a nationally representative sample of adolescents and young adults. *Results:* The prevalence of self-reported depression and anxiety disorders was 12.5% and 10.5%, respectively. *Conclusions:* The prevalence of self-reported depression and anxiety disorders among young adults in the United States is high. *Keywords:* Depression, Anxiety, Prevalence, Self-report, Young adults.

Source: *Author's calculations*.

For a complete report on the investigation, please refer to the full report available at <http://www.fda.gov/oc/ohrt/>. The report is available in English and Spanish.

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