

FIRST EDITION

A stylized, high-contrast graphic of a person's head and shoulders in profile, facing left. The head is rendered in solid black, while the neck and shoulder area are in a vibrant red. The background is also red, creating a cohesive color scheme. The text is centered within the black area of the head.

**Skills Training
Manual for
Treating
Borderline
Personality
Disorder**

Marsha M. Linehan

Skills Trainig Manual For Treating Borderline

Ephrem Fernandez



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