



Suffolk Coast Walk

Mark Sutcliffe



Suffolk Coast Walk:

Suffolk Coast Walk Peter Caton, 2015-01-28 Combining travel writing with a walking guide Suffolk Coast Walk provides a wonderful insight into this fascinating county and is the companion book to Essex Coast Walk by the same author Peter Caton explores all 162 miles of Suffolk's unique coastline describing the route for fellow walkers with an engaging narrative that tells of the beauty history and wildlife of this mysterious and varied coast The reader is taken up and down Suffolk's remote creeks and rivers past sandy beaches and huge expanses of shingle through nature reserves seaside resorts and tiny villages We learn of the county's abundant wildlife not just through its famous bird populations but also of equally interesting and less celebrated creatures and how habitats are managed to balance the needs of nature and mankind Throughout his journey Peter uncovers many mysteries and considers the stories behind legends of Anne Boleyn invading Germans a half man half fish character UFOs Crazy Mary and bells tolling beneath the sea He visits Suffolk's only island and takes a boat trip to investigate the secret world of Orford Ness More than 100 colour and black white photos illustrate the story of the walk and the beauty and atmosphere of county's remarkable coast With maps at the start of each chapter this is a book for those who enjoy a short stroll a longer ramble or simply wish to follow the coast from the comfort of an armchair **Suffolk**

Coast and Heath Walks Laurence Mitchell, 2022-05-18 Guidebook to 3 long distance walking routes exploring the varied landscapes of the Suffolk Coast and Heaths AONB The walks described in this book the Suffolk Coast Path the Stour and Orwell Walk and the Sandlings Walk link together to provide a comprehensive and varied circuit of the entire Suffolk Heritage Coast All routes can be walked year round and are suitable for walkers of every ability The Suffolk Coast Path presented in 8 stages stretches along the coast between Lowestoft and Landguard Fort close to Felixstowe in the south a total distance of 60 miles 97km depending on whether beach walking or inland options are followed The Stour and Orwell Walk presented in 5 stages continues where the Suffolk Coast Path ends starting at Landguard Point and threading for 40 miles 64km around the estuaries of the Stour and Orwell rivers to finish at Cattawade close to the Essex border The Sandlings Walk 59 miles 94.5km is presented in 7 stages and explores the heathland region that lies immediately inland from the Suffolk coast The majority of the route lies entirely within the confines of the Suffolk Coast and Heaths AONB Step by step descriptions for each walk accompanied by 1:50,000 OS mapping Information on local points of interest and comprehensive planning information **Suffolk**

Suffolk Darren Flint, Donald Greig, 2017-07-25 Suffolk has long been a place of retreat somewhere to escape to far removed from everyday life It may have its busier town centres but in the main Suffolk remains a rural area of enormous variety from heather covered heathland to softly rolling hills long shingle spits to genteel coastal enclaves and kiss me quick seaside resorts Whether you're looking for a morning hike or an afternoon stroll Darren Flint and Donald Greig's hand picked selection of 40 walks is guaranteed to fit the bill or the boot Suffolk boasts 5600km of public rights of way take your pick put your best foot forward and discover this most gentle of English counties **Suffolk**

Coast and Heath Walks Laurence Mitchell,2011 Suffolk Coast and Heath Walks Laurence Mitchell,2017-02-28 The three long distance walks described in this book the Suffolk Coast Path the Stour and Orwell Walk and the Sandlings Walk link together to provide a comprehensive and varied circuit of the entire Suffolk Heritage Coast The Suffolk Coast Path stretches along the coast between Lowestoft and Landguard Fort close to Felixstowe in the south a total distance of 60 miles 97km depending on whether beach walking or inland options are followed The Stour and Orwell Walk continues where the Suffolk Coast Path ends starting at Landguard Point threading for 40 mile 64km around the estuaries of the Stour and Orwell rivers to finish at Cattawade close to the Essex border The Sandlings Walk 59 miles 94 5km explores the heathland region that lies immediately inland from the Suffolk coast With the exception of the first stage between Ipswich and Woodbridge the route of the Sandlings Walk lies entirely within the confines of the Suffolk Coast Heaths AONB With a unique landscape of cliffs marshes dunes and shingle beaches and rare plants and birdlife galore there is much to attract anyone seeking interesting day walks or longer multi day itineraries **Great Walks on the England Coast Path** Andrew

McCloy,2022-09-07 An inspirational guidebook to 27 day walks and three 2 day routes along the England Coast Path showcasing the best stretches of this 4500km 2800 mile National Trail From sandy beaches and flat promenades to undulating cliff top paths there is something for all levels of fitness and experience The walks range from 5 28 miles 9 45km in length take between 3 hours and 2 days to complete and are mostly linear although a few detour inland to make circular walks They are arranged geographically into 4 coastal sections North West South West South East and North East 1 50 000 OS maps included for each walk GPX files available to download Includes details of terrain refreshments and public transport for each walk Information given on history geology and wildlife Local points of interest are featured for each walk area

Coastal Walks in Andalucia Guy Hunter-Watts,2025-06-04 A guidebook to 40 coastal walks in Andalucia Spain Exploring six natural parks along the Mediterranean and Atlantic coasts plus La Sierra de Mijas the routes are graded by difficulty with options to suit both beginner and experienced walkers Walks range from 6 to 20km 4 12 miles and can be enjoyed in 2 8 hours The routes cover the Costa de la Luz and Costa del Sol as well as the Nerja region and Cabo de Gata near Almeria with Malaga airport providing easy access and Andalucia s favourable climate allowing for year round walking Clear route description illustrated with 1 50 000 mapping GPX files available for download Information on refreshments and access Suggestions for walking bases in each geographical area Notes on history plants and wildlife and local points of interest

The Peddars Way and Norfolk Coast Path Phoebe Smith,2019-05-15 The Peddars Way and Norfolk Coast Path National Trail is an easy to follow 130 mile trail that combines the best of inland and coastal walking in Norfolk and one that being well waymarked largely flat and within easy reach of public transport for most of its length is ideal for people new to long distance walks Described in 11 stages the route can be walked in just over a week but also easily split into day walks or over a series of weekends with full information about access to start and finish points for each stage by public transport This

handy guidebook is illustrated throughout with extracts of OS 1:50K mapping and stunning photographs depicting the Trail in all seasons and describes points of interest along the way including the Norfolk Songlines sculptures and also facilities available in the towns and villages. The trail is a walk of two halves. The Peddars Way begins at Knettishall Heath in Suffolk and follows the route of an old Roman road for over 40 miles to Holme next the Sea where it meets the Norfolk Coast Path which begins nearby at Hunstanton. This then follows the spectacular Norfolk coast to the seaside town of Hopton on Sea.

Walking the Via Francigena Pilgrim Route - Part 1 The Reverend Sandy Brown, 2023-02-15. Guidebook to the first 1110km of the Canterbury to Rome pilgrimage route, the Via Francigena, covering from Canterbury to Lausanne. The route passes through England, France, Nord-Pas de Calais, Picardie, Champagne-Ardenne and Franche-Comte and Switzerland to finish by Lake Geneva. Described in 55 stages with information on facilities and pilgrim hostels. Suffolk (Slow Travel) Laurence Mitchell, 2018-03-01. This new second edition of the Suffolk part of Bradt's distinctive Slow series of regional UK guides remains the only full-blown standalone guide to this gentle but beguiling county. Written by expert local author Laurence Mitchell, this is the guide of choice for anyone wanting to get under the skin of the region and discover what makes it tick. This new edition offers a very personal view of the county, providing up-to-date information on the best places to visit, stay and eat, covering not just popular sights but focusing also on those places beyond the usual tourist trail. Suffolk's popularity as a destination is not waning, and events such as the Latitude festival in July or the Aldeburgh Music Festival at Britten's Snape Maltings, not to mention the use of the RSPB's Minstermead Reserve as a base for BBC's *Springwatch*, are all helping to keep the county's profile raised. Southwold, Aldeburgh, Orford, Walberswick and Dunwich are all covered, as is the great variety of landscapes, from undulating farmland and sandy heaths to extensive forests such as Rendlesham and Thetford in the Brecks, important nature reserves and the soft, dreamy coastal landscapes of river estuaries, remote marshes, reed beds, beaches, shingle banks, sand spits and dunes. Also included are Constable Country and the Stour valley, Bury St Edmunds, Framlingham, Bungay, Beccles and Halesworth, plus information on Suffolk's wealth of medieval churches and its Anglo-Saxon heritage, notably the royal ceremonial burial site at Sutton Hoo and the reconstructed Anglo-Saxon village at West Stow. Bradt's Suffolk makes a virtue of being selective, and pointing the reader to the cream of the area. It is organised into locales to encourage stay put tourism, with the opportunity to explore each locale thoroughly. There are also plenty of options for car-free travel: walking, cycling, river boats and local buses and trains. Written in an entertaining style and offering a personal, narrative, authoritative information and interesting anecdotes, Bradt's Suffolk is the ideal companion with which to discover this charming corner of England. *Walking Close to Southwold* Clive Brown, 2012. *Walking in Lancashire* Mark Sutcliffe, 2022-10-06. A guidebook to 39 circular day walks and one two-day trek in Lancashire. Exploring the varied scenery of northern England, the walks are suitable for beginner and experienced walkers alike. Day walks range from 8 to 16km (5 to 10 miles) and can be enjoyed in 3 to 5 hours. The Bowland Traverse trek is a longer, more challenging walk that takes 2 days and covers 46km (29

miles between Wennington and Giggleswick across the Bowland Fells 1 50 000 OS maps included for each walk GPX files available to download Detailed information on planning facilities and public transport Local points of interest are featured including the Ribble Valley and West Pennine Moors Easy access from Preston Burnley and Lancaster *Walking the King Charles III England Coast Path: North West* Ange Harker,2025-07-15 A guidebook to walking the northwest section of the King Charles III England Coast Path between Gretna and Chester Covering 590km 367 miles this straightforward trail along the Cumbria Lancashire and Merseyside coast takes around 1 month to hike The route is described from north to south in 28 stages between 13 and 29km 8 18 miles in length Contains step by step description of the route alongside 1 50 000 OS maps Refreshment information given for each route stage Public transport by stage is listed for those wanting to break the trail into shorter sections Handy trek planner route summary tables and accommodation listings help you plan your itinerary Accompanying map booklets containing OS 1 25 000 mapping and route line are also available **Walking the South West Coast Path** Paddy Dillon,2021-04-15 The South West Coast Path National Trail SWCP measures a staggering 630 miles 1015km from Minehead on the Somerset coast right round Devon and Cornwall to Poole in Dorset The guidebook divides the route into 45 stages of between 12 5 to 37 5km beginning and ending where amenities are available Written by prolific outdoor writer Paddy Dillon this guidebook is packed with lots of information for planning your walk including clear step by step route descriptions and OS map extracts public transport links accommodation and facilities along the way Also described is the 17 mile South Dorset Ridgeway from West Bexington to Osmington Mills which can be used as a scenic way to shave 42 miles off the total distance This epic route takes in Exmoor National Park five AONBs and the Jurassic Coast World Heritage Site besides various nature reserves and SSSIs No other stretch of coastline compares for scenic splendour historical sites and availability of refreshments accommodation and public transport making it easy to split the South West Coast Path into week or weekend long sections **Walking the Wales Coast Path** Paddy Dillon,2025-07-14 A guidebook to walking the Wales Coast Path Llwybr Arfordir Cymru between Chester and Chepstow Covering 1398km 869 miles this long distance trek passing through two national parks Eryri Snowdonia and the Pembrokeshire Coast takes around 2 3 months to hike The route is described from north to south in 57 stages between 16 and 30km 10 19 miles in length The stages are presented in 9 sections so the route can be easily broken down into shorter sections or day walks 1 100 000 maps included for each stage GPX files available to download Handy facilities table helps you plan your itinerary Detailed information on public transport refreshments and accommodation for each stage Advice on planning and preparation **Walking the Wicklow Way** Paddy Dillon,2021-05-15 A guide to walking Ireland s Wicklow Way a 146km trail through the scenic Wicklow Mountains from Dublin to Clonegal County Carlow The waymarked route is presented in 7 stages taking in rolling countryside forest trails and wild mountain landscapes as well as the historic monastic site of Glendalough Optional variants are also included **The South Downs Way** Kev Reynolds,2023-08-14 A guidebook to walking the 158km 100 mile South

Downs Way National Trail The route crosses the South Downs National Park to link Eastbourne with Winchester and is an ideal option for those new to long distance walking The route is described in both directions east to west and west to east in 12 stages of between 6 and 19km 4 12 miles with both footpath and bridleway options for the most easterly stage Contains step by step description of the route alongside 1 50 000 OS maps Includes a separate map booklet containing OS 1 25 000 mapping with the route line Handy trek planner route summary table and selected accommodation listings help you plan your itinerary Refreshment and accommodation information given for each route stage GPX files available to download

Walking the Cape Wrath Trail Iain Harper, 2022-05-15 This guidebook describes the Cape Wrath Trail a long distance trek from Fort William to Cape Wrath crossing the wild northwest of the Scottish Highlands The route is described from south to north in 14 stages with 6 alternative stages along the way allowing for a flexible itinerary of between two and three weeks A long tough trek with no waymarking this is for the tried and tested backpacker The guidebook includes OS mapping route profiles and detailed route descriptions and gives you all the information you need about accommodation including hotels bothies B Bs and bunkhouses campsites and amenities en route to help you plan and prepare for this epic challenge The Cape Wrath Trail is regarded as the toughest long distance route in Britain and offers unparalleled freedom and adventure to the experienced and self sufficient backpacker prepared to walk for many days in remote wilderness Travelling through the wild and rugged landscapes of Morar Knoydart Torridon and Assynt it will test the limits of your endurance

Walking in the North Pennines Paddy Dillon, 2021-03-11 A guidebook to 50 walks in and around the North Pennines National Landscape spanning Northumberland Cumbria and County Durham Exploring the region s striking scenery routes range from riverside strolls to rugged moorland hikes The walks of between 9 and 24km 6 15 miles can be accessed from Hexham Alston and Barnard Castle 1 50 000 OS maps included for each walk Sized to easily fit in a jacket pocket Notes on refreshments and public transport Local points of interest and folklore plus information on the region s rich geology plantlife and wildlife Walks are divided between 13 sections throughout the National Landscape

Walking in the Haute Savoie: South Janette Norton, 2017-06-30 A guidebook of walks in the lovely Haute Savoie mountains of France This guide describes 30 circular routes of between 7 and 20km based around Annecy La Clusaz Grand Bornand Plateau d Assy Samo ns Sixt Sallanches Th nes la Roche sur Foron Graded from easy to difficult there are walks to suit most abilities but a few have some exposed sections and need a head for heights The guidebook is divided into 6 areas covering the Arve Valley the Haut Giffre valley the Cha ne des Aravis Plateau de la Borne and Lake Annecy Alongside a detailed route description and map each walk has a summary of all you need to know before you set out There is advice on travel accommodation and equipment as well as information about local wildlife and Savoyard food and drink and a glossary of useful French words Visitors flock to the Chamonix area and the Mont Blanc range but that is only part of what the Haute Savoie has to offer With stunning views of high mountains as well as lower peaks to enjoy the walks in this guide will show you a quieter less busy side to this

outstandingly beautiful area A companion volume Walking in Haute Savoie North is also available ISBN 781852848101

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In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Suffolk Coast Walk**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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