

Psychopharmacology Study Guide

ANTIDEPRESSANTS

Antidepressants Atypical (Selective (serotonin, dopamine, norepinephrine) Reuptake Inhibitors) • SSRIs

- Prozac, Celexa, Paxil, Zoloft, Luvox, Lexapro.
- **Mnemonic:** Professors Can Produce Zillions of Little Lessons
- S(N/D)RI's:
 - Wellbutrin, Effexor, Remeron, Duloxetine.
 - **Mnemonic:** WE(I)RD!
- Side Effects for atypical antidepressants
 - Potential for change in libido, appetite and weight (up or down), sleep patterns, heart rhythms.
 - Potential for diarrhea, N/V, anxiety, dry mouth, confusion, headache (especially during dose changes for about 3 weeks)
- Goofy Side Effects Story for Atypical Antidepressants (SSRIs, SNRIs, SDRIs)
 - The atypical girl was heartbroken and depressed after her boyfriend left her. She couldn't eat, she couldn't sleep. She was so upset that she felt sick to her stomach all the time, causing horrible diarrhea. She was very confused about why her boyfriend would leave her, but he truth was, her boyfriend left because of her low libido...it seems she always "had a headache." She wanted to please her boyfriend, but every time she thought about sex she got nervous, felt dizzy and broke out into a sweat. Her hands would shake so bad that she couldn't even hold a glass of water and take a drink...talk about having a dry mouth!

Antidepressants Traditional (TCAs/QCAs - Tricyclic and Quatracyclic antidepressants)

- These end in tyline or amine except Amoxapine, Doxepine and Maprotiline. You just have to remember those 3. There are no other drugs in other groups that end with 'tyline' or 'amine' (EXCEPT diphenhydramine/Benadryl).
 - Side Effects
 - **Narrow therapeutic window and an overdose can kill you!!!**
 - If someone is suicidal, the doc will only prescribe a few days or a weeks worth of these at a time to prevent an overdose!
 - Grand mal seizure and hyperthermia (cooks the brain).
 - Potential for: decrease in libido, decrease in all blood cell production, changes in HR and rhythm, constipation, difficulty in urinating, orthostatic dizziness, weight gain, muscle twitches
 - Goofy Side Effects Story for Typical Antidepressants
 - A very traditional man became depressed when his dog B.C. ran away. He ran through the neighborhood, and worked up quite a sweat. His heart raced, and as he searched for his dog, he realized that for the first time in years he wasn't thinking about sex. This realization stopped him dead in his tracks, and his heart slowed. As he stood there, mouth dry and muscles twitching from the exertion, he saw B.C. trying to urinate on a fat lady's lawn. He ran to his dog and scooped him up, dizzy with happiness. He danced around the yard with graceful rhythm, until he stepped in a pile of dog poo. "BC", he exclaimed, "I thought you were constipated!" He flailed around the yard trying to get the poo off his shoe as the fat lady watched from her window. She was convinced the traditional man who was flailing about on the lawn was having a seizure or a stroke.
- *B.C. = blood cells (decrease in white and red blood cell production)

Stasil Study Guide

Xiang Xie



Stasil Study Guide:

Decoding **Stasil Study Guide**: Revealing the Captivating Potential of Verbal Expression

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