

# LOW CALORIE TORTILLA WRAPS

*easy to make tortilla wraps*

## ingredients:

30 g flour  
100 ml of water  
1 egg white  
pinch of salt  
prefered seasonings

## instructions:

Combine all of the ingredients in a bowl. Add salt and preferred seasonings. Blend everything together and let the batter rest for a minute. Use a non stick pan. If you use a regular pan add some cooking oil spray to the batter or spray the pan with it. Pour some batter in a pan and cook on medium heat for 2-3 minutes on both sides. Add your favourite ingredients to make a tortilla or wrap and enjoy!

*strawberrylattelover*

# Tortilla Recipe Lo Cal

**Rosina Ehmann**



## **Tortilla Recipe Lo Cal:**

## Unveiling the Power of Verbal Art: An Psychological Sojourn through **Tortilla Recipe Lo Cal**

In a world inundated with monitors and the cacophony of instant interaction, the profound power and psychological resonance of verbal artistry frequently fade in to obscurity, eclipsed by the regular assault of noise and distractions. Yet, located within the musical pages of **Tortilla Recipe Lo Cal**, a interesting work of fictional brilliance that impulses with raw emotions, lies an wonderful trip waiting to be embarked upon. Written with a virtuoso wordsmith, this enchanting opus instructions viewers on a mental odyssey, lightly revealing the latent potential and profound influence stuck within the delicate internet of language. Within the heart-wrenching expanse of this evocative examination, we will embark upon an introspective exploration of the book is key themes, dissect its fascinating writing style, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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