

MULTIPLE CHOICE

1. The nurse is aware that any description of health would include the concept that:
- health is the absence of illness, and illness is the presence of chronic disease.
 - culture, education, and socioeconomic status influence one's definition of health or illness.
 - illness is a biological malfunction, and health is biological soundness.
 - lifestyle factors are the major determinants of health or illness.

ANS: B

The concept of health is influenced by culture, education, and socioeconomic factors.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

2. The nurse takes into consideration that the patient with an admitting diagnosis of Type 2 diabetes mellitus and influenza is described as having:
- two chronic illnesses.
 - two acute illnesses.
 - one chronic and one acute illness.
 - one acute and one infectious illness.

ANS: C

Chronic illnesses can be controlled but not cured, and are long-lasting. Acute illnesses develop suddenly and resolve in a short time. Type 2 diabetes mellitus would be considered chronic, whereas influenza would be considered acute.

DIF: Cognitive Level: Application REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

3. The nurse explains that an idiopathic disease is one that:
- is caused by inherited characteristics.
 - develops suddenly, related to new viruses.
 - results from injury during labor or delivery.
 - has an unknown cause.

ANS: D

Idiopathic disease is defined as disease whose cause is unknown.

DIF: Cognitive Level: Knowledge REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses KEY: Nursing Process Step: Implementation
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

4. The nurse assesses a terminal illness in:
- a 76-year-old admitted to a nursing home with Alzheimer disease who is pacing and asking to go home.
 - a 43-year-old with Lou Gehrig's disease who is refusing food and fluid.
 - a 2-year-old child who burned her esophagus by drinking drain cleaner and who is being fed by a tube.
 - a 52-year-old diagnosed with lung cancer who had part of one lung removed and has a closed chest drainage device in place.

ANS: B

A terminal illness is defined as one in which a person will live only a few months, weeks, or days. A person who refuses food and hydration will generally not live more than a few days.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Stages of Illness KEY: Nursing Process Step: Assessment
MSC: NCLEX: Physiological Integrity: Physiological Adaptation

5. The nurse clarifies to a patient who now has an abscess following a ruptured appendix that the abscess is considered to be:
- a secondary illness.
 - a life-threatening complication.
 - an expected event following any surgery.
 - a disorder easily treated with antibiotics.

ANS: A

A secondary illness is an illness that arises from a primary disorder.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Intervention
MSC: NCLEX: Physiological Integrity: Physiological Adaptation

Wellness Concepts Applications Test Answers

Dr. Devinder K.Kansal



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sugar fat salt and alcohol reduction flavor solutions for plant based protein flavor perception and direct health benefits With no book on the current market focusing on health and wellness foods from a flavor perspective this work is a valuable single source for product developers manufacturers and researchers in need of a comprehensive summary of key recent developments regarding flavor associated applications in health and wellness food products **An Introduction to Medical Teaching** Kathryn N. Huggett,William B. Jeffries,2014-06-30 Few faculty members in academic medical centers are formally prepared for their roles as teachers This work is an introductory text designed to provide medical teachers with the core concepts of effective teaching practice and information about innovations for curriculum design delivery and assessment It offers brief focused chapters with content that is assimilated easily by the reader The topics are relevant to basic science and clinical teachers and the work does not presume readers possess prerequisite knowledge of education theory or instructional design The authors emphasize the application of concepts to teaching practice Topics include Facilitating Student Learning Teaching Large Groups Teaching in Small Groups Flipping the Classroom Problem Based Learning Team Based Learning Teaching Clinical Skills Teaching with Simulation Teaching with Practicals and Labs Teaching with Technological Tools Teaching to Develop Scientific Engagement in Medical Students Designing a Course Establishing and Teaching Elective Courses Designing Global Health Experiences Assessing Student Performance Documenting the Trajectory of Your Teaching and Teaching as Scholarship This is a complete revision of the first edition of this work with new chapters and up to date information Similar to the first edition chapters were written by leaders in medical education and research who draw upon extensive professional experience and the literature on best practices in education Although designed for teachers the work reflects a learner centered perspective and emphasizes outcomes for student learning The book is accessible and visually interesting and the work contains information that is current but not time sensitive Each chapter concludes with references many include recommendations for additional reading and the work includes an appendix with resources for medical education **A Case Manager's Study Guide** Nancy E. Skinner,Stefany H. Almaden,2018-03-20 A Case Manager s Study Guide Preparing for Certification Fifth Edition is an essential study guide for case managers preparing to take the Certified Case Manager CCM exam offered by the Commission for Case Manager Certification CCMC Based on the five knowledge domains and eight essential activities from the CCMC it contains hundreds of questions and answers with comprehensive rationales Completely updated and revised the Fifth Edition reflects the latest CCM exam blueprint **Resources in Education** ,1998 **Experiential Youth Ministry Handbook, Volume 2** John Losey,2007-08 More than just a handbook of games Experiential Youth Ministry Handbook Volume 2 goes to the heart of learning Giving you the tools and ideas to create experiences and events that will help shape and form your students this book will equip you and your team to do more than just fun and games in your ministry **Structure & Function of the Body - E-Book** Gary A. Thibodeau,Kevin T. Patton,2013-12-23 Simple and straightforward Thibodeau and Patton s Structure Function of the Body

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