

## Week 7, Part 1: Muscular System

Complete this study guide as you work through the Week 7, Part 1 Lessons to help you prepare for the Unit 3 Exams. The complete study guide may be submitted through the submission link in Canvas for up to 2 points of extra credit (depending on completeness). **Please make a copy by clicking on 'file' in the upper left corner and fill this in using a different color font.**

### Chapter 7: Introduction & Sections 7.1-7.4

1. List the five primary functions of skeletal muscle:
  - a. move the skeleton
  - b. maintain posture and body position
  - c. support soft tissues
  - d. guard entrances and exits
  - e. maintain body temperature
2. What two types of tissue make up a skeletal muscle?  
connective tissue      nervous tissue
3. What are skeletal muscle cells called? myocytes
4. What is the name of the connective tissue that:
  - a. Covers the whole muscle? epimysium
  - b. Divides the muscle into compartments? perimysium
  - c. Surrounds each skeletal muscle cell? endomysium
5. Which structure attaches skeletal muscles to bones? tendons
6. Match the following three terms with their definitions:

a. Sarcolemma	<u>b</u>	endoplasmic reticulum in muscle cell
b. Sarcoplasmic reticulum	<u>a</u>	plasma membrane of muscle cell
d. T-tubules	<u>e</u>	cytoplasm of a muscle cell
e. Sarcoplasm	<u>c</u>	passageway into the muscle cell
7. Which ion is stored in the sarcoplasmic reticulum? calcium

# The Muscular System Review Packet Answer Key

The logo features a light blue horizontal bar with a rounded right end. To the right of this bar is a red circular graphic with a white center, resembling a stylized 'C' or a target.

**HESI**

## **The Muscular System Review Packet Answer Key:**

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### **Table of Contents The Muscular System Review Packet Answer Key**

1. Understanding the eBook The Muscular System Review Packet Answer Key
  - The Rise of Digital Reading The Muscular System Review Packet Answer Key
  - Advantages of eBooks Over Traditional Books
2. Identifying The Muscular System Review Packet Answer Key
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an The Muscular System Review Packet Answer Key
  - User-Friendly Interface
4. Exploring eBook Recommendations from The Muscular System Review Packet Answer Key
  - Personalized Recommendations
  - The Muscular System Review Packet Answer Key User Reviews and Ratings
  - The Muscular System Review Packet Answer Key and Bestseller Lists

5. Accessing The Muscular System Review Packet Answer Key Free and Paid eBooks
  - The Muscular System Review Packet Answer Key Public Domain eBooks
  - The Muscular System Review Packet Answer Key eBook Subscription Services
  - The Muscular System Review Packet Answer Key Budget-Friendly Options
6. Navigating The Muscular System Review Packet Answer Key eBook Formats
  - ePub, PDF, MOBI, and More
  - The Muscular System Review Packet Answer Key Compatibility with Devices
  - The Muscular System Review Packet Answer Key Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of The Muscular System Review Packet Answer Key
  - Highlighting and Note-Taking The Muscular System Review Packet Answer Key
  - Interactive Elements The Muscular System Review Packet Answer Key
8. Staying Engaged with The Muscular System Review Packet Answer Key
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers The Muscular System Review Packet Answer Key
9. Balancing eBooks and Physical Books The Muscular System Review Packet Answer Key
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection The Muscular System Review Packet Answer Key
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine The Muscular System Review Packet Answer Key
  - Setting Reading Goals The Muscular System Review Packet Answer Key
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of The Muscular System Review Packet Answer Key
  - Fact-Checking eBook Content of The Muscular System Review Packet Answer Key
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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