

# Common Symptoms of Dissociative Identity Disorder (DID)



- Inability to remember large portions of your childhood
- Out-of-body experiences, hallucinations, and/or flashbacks
- Suicidal thoughts or self-harm\*
- Differences in handwriting and changing levels of functioning
- Episodes of memory loss

\*If you are experiencing suicidal thoughts, you can contact the National Suicide Prevention Lifeline at 988

# Sky Eyes Dissociative Identity Disorder From The Bottom Up

**Lynda Cheldelin Fell, Denise  
Purcell, Amelia Joubert**



## **Sky Eyes Dissociative Identity Disorder From The Bottom Up:**

**Sky Eyes** Kriss Erickson, 2011-03-30 2009 Non Fiction Book of the Year A true tale of Dissociative Identity Disorder a form of multiple personality disorder Stacy Bewick is lost Lost inside her head Born to parents who abused her body mind and soul Stacy learned to survive through psychic connections to angelic spirit guides and by creating inner personalities By the time Stacy was two the personality called Marla knew how to find food in the paper garbage sack in the kitchen When she was four the personality called George knew how to be strong enough to block the pain from Mommy s forsythia whips and Daddy s leather belt Stacy didn t grow up in a remote village or primitive culture Stacy grew up in a small town in New Jersey in the 1960s Sky Eyes is a personal journey into dissociative identity disorder Though based on a true story names dates and identifying information have been changed One of the main visible symptoms of DID is the lack of a single stable personality Like post traumatic stress disorder DID is created as a result of trauma and extreme prolonged abuse Stories like Sybil and The Three faces of Eve help readers connect with adults who suffer from DID Sky Eyes is unique in that it describes each of her multiple personalities as it develops in a child Step into Stacy s world and discover what happens when society ignores abuse 83 300 words equivalent to 312 pages in a mass market paperback book Rated R Who Am I Angel

Ploetner, 2021-07-29 Who Am I by Angel Ploetner **Tormented Souls Within: The Inside World of a Christian Survivor With Dissociative Identity Disorder** Candace Little, 2013-06-18 This is the true story of a Christian Survivor of childhood abuse and trauma who suffered with severe physical pains throughout her body and emotional stress mental anguish and memory loss her entire life due to the stress depression PTSD anxiety and panic disorders as she suffered with Dissociative Identity Disorder Confusion consumed her every waking moment while she constantly prayed for death on a daily basis and got her courage and strength through God s good grace and Christians all around her God did answer her prayers when he gave her the energy to run and and he was right there with her as she struggled through the turmoil and fear but he had a plan for her and blessed her with the sanity that he had buried deep inside for her to recover in a later time in her life **Both of Me** Jonathan Friesen, 2014-12-23 It was supposed to be just another flight another escape into a foreign place where she could forget her past forget her attachments Until Clara found herself seated next to an alluring boy named Elias Phinn a boy who seems to know secrets she has barely been able to admit to herself for years When her carry on bag is accidentally switched with Elias s identical pack Clara uses the luggage tag to track down her things At that address she discovers there is not one Elias Phinn but two the odd paranoid artistic and often angry Elias she met on the plane who lives in an imaginary world of his own making called Salem and the kind sweet and soon irresistible Elias who greets her at the door and who has no recollection of ever meeting Clara at all As she learns of Elias s dissociative identity disorder and finds herself quickly entangled in both of Elias s lives Clara makes a decision that could change all of them forever She is going to find out what the Salem Elias knows about her past and how even if it means

playing along with his otherworldly quest And she is going to find a way to keep the gentle Elias she s beginning to love from ever disappearing again      **The Sky Is Falling** Leslie Sanders,2006-03 What happens when you mix a very traumatic childhood with a very fed up teen looking for a way to cope You can create a psychopath Cassidy was like every other normal teenager except for a few major things She was neglected by her mother ill treated by her father alienated by her peers and had a rather gruesome way of dealing with displacement issues Cassidy s only friends were in her ant farm until she is befriended by a young eccentric witty Anna And a handsome confident knowledgeable Jonathan who initially set out to help her and support her Cassidy s trust issues starts to interfere with her friendship and suddenly her routine way of coping with pain begins to manifest into something much more disturbing and horrid Follow Cassidy through her bizarre tunnel of illusions and nightmares to a place not many people are familiar with The dissociative mind      *Coming Present: Living with Multiple Personality Disorder/ Dissociative Identity Disorder and How Faith Helped Heal Me ,      The Sum of My Parts* Olga Trujillo,2011-10-01 By the first day of kindergarten Olga Trujillo had already survived years of abuse and violent rape at the hands of her tyrannical father Over the next ten years she would develop the ability to numb herself to the constant abuse by splitting into distinct mental parts Dissociative identity disorder DID had begun to take hold protecting Olga s mind from the tragic realities of her childhood In *The Sum of My Parts* Olga reveals her life story for the first time chronicling her heroic journey from survivor to advocate and her remarkable recovery from DID Formerly known as multiple personality disorder DID is defined by the presence of two or more identities In this riveting story Olga struggles to unearth memories from her childhood and parallel identities Olga at five years old Olga at thirteen come forth and demand to be healed This brave unforgettable memoir charts the author s triumph over the most devastating conditions and will inspire anyone whose life has been affected by trauma      *Grief Diaries* Lynda Cheldelin Fell,Denise Purcell,Amelia Joubert,2017-01-13 17 true stories about dissociative identity disorder and living with multiple parts alters identities personalities      **Real Life Diaries** Lynda Cheldelin Fell,Sunshine Purcell,Amelia Joubert,2017-06-20 True stories about dissociative identity disorder and living with multiple parts alters identities personalities      **When one look is all it takes** ,2014      How We Survive Ourselves Shaylynn Hayes,2021-05-07 *How We Survive Ourselves* tells the stories of mental illness through the eyes of a man with dissociative identity disorder a young woman with misophonia a young woman with depression the wife of the DID sufferer and a therapist trying to help these characters cope *How We Survive Ourselves* is meant to be a realistic picture of mental illness but that does not mean there is no hope Through the eyes of the characters and their experiences a new sort of understanding develops

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