

Study Guide for Anatomy & Physiology Skin System

The skin and its appendages make up the integumentary system. The skin is an **organ** that performs a vital function for our body. It helps **our body control its temperature, protect us from UV radiation** and other environmental hazards. In addition, the sensors in our skin keep us protected by making us aware of conditions that could harm us.

Skin is composed of **these layers from superficial to deep:**

1. Epidermis: The superficial layer made up of stratified squamous epithelial tissue that contains four distinct types of cells: **Keratinocytes, Melanocytes, Merkel Cells, and Langerhans Cells** – the specific layers of the epidermis from superficial to deep are:
 1. Stratum Corneum - multiple layers of squamous, lifeless, keratin-filled cells
 - (2. Stratum lucidum – only found in palms of hand and sole of feet – extra thin layer of – squamous keratinocytes found in thick skin)
 2. Stratum granulosum – flattened keratinocytes in a lipid-rich layer for impermeability
 3. Stratum spinosum - several layers of keratinocytes – contains melanocytes
 4. Stratum basale - single layer of cuboidal cells – germinating cells (mitosis)
2. Dermis: a fibrous connective tissue that is below the epidermis – it has two sublayers (from superficial to deep)
 1. Papillary layer – areolar connective tissue (loose irregular)
 2. Reticular Layer – dense irregular connective tissue
3. Hypodermis: **NOT TECHNICALLY PART OF THE INTERGUMENTARY SYSTEM** this is a fatty layer below the dermis made of adipose tissue and separates the skin from skeletal muscle

Appendages of the Skin

Sebaceous Glands: known as oil glands and produce an oily product call **sebum**. Found everywhere expect the palms and soles.

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