# TEST BANK FOR VARCAROLIS'S CANADIAN PSYCHIATRIC MENTAL HEALTH NURSING 2ND EDITION BY HALTER UPDATED 2021 ALL CHAPTERS

Chapter 01: Mental Health and Mental Illness Halter: Varcarolis's Canadian Psychiatric Mental Health Nursing, 2nd Edition

### MULTIPLE CHOICE

 A staff nurse completes orientation to a psychiatric unit. Which of the following would the nurse expect as an advanced practice intervention?

a.	Conduct mental health assessments
ь.	Prescribe psychotropic medication
c.	Establish therapeutic relationships
d.	Individualize nursing care plans

ANS: B

Prescriptive privileges are granted to master's-prepared nurse practitioners who have taken special courses on prescribing medication; thus it is an advanced-practice intervention. The nurse prepared at the basic level is permitted to perform mental health assessments, establish relationships, and provide individualized care planning.

DIF: Cognitive Level: Understand (Comprehension)
TOP: Nursing Process: Implementation MSC: Client Needs: Safe Effective Care Environment

2. When a nursing student expresses concerns about how mental health nurses "lose all their nursing skills," which of the following is the best response by the mental health nurse?

а.	"Psychiatric nurses practise in safer environments than other specialties. Nurse-to-patient ratios must be better because of the nature of the patients' problems."
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