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- **Versatile 3-Stage Programming:** Operator can program food to defrost, then begin cooking at one power level and finish cooking at another level. Sequencing of stages is easy and automatic.
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- **Double Quantity Pad:** Automatically provides optimum heating times for two portions for excellent results.
- **Express Defrost™:** Respond quickly to daily business demands with easy last-minute defrosting. Automatically divides total defrosting time into 3 stages with 3 power levels.
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- **Memory Lock:** Rest assured that valuable information won't be lost. Prevents the erasure of stored information during power interruptions or off times.
- **Counter Check:** The oven "remembers" how often each feature was used plus total number of manual uses so manager can keep closer tabs on operation.
- **Lighted Digital Display:** Shows programmed and elapsed heating times, plus percentage of microwave power.
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Sharp R 21ft Microwaves Owners Manual

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