

取扱い説明書

アルタス ~~OK~~

フロント&リアディレイラー・シフティングレバー



〔特 長〕

- 前面投影面積を減少させたエアロダイナミック形状。
- シフティングレバーとリアディレイラーに独自のクリアランスを設けたセンタロン機構により、音鳴りが少なく、素速く確実な変速が行なえます。
- リアディレイラーのケーブルセーバー機構の採用により、ケーブルに無理な力が加わったときは、ケーブルを保護します。
- ディレイラーのスポークへのかみ込みを防ぐため、S.B. キャップを設けました。
- トラピース機構により、フロントディレイラーの変速性能が向上し、音鳴りも減少しました。
- シフティングレバーは、ライダーの手に完全にフィットし、握りやすく軽快なシフティングが行なえます。



SHIMANO

Shimano Altus Service Manual

Eugene A. Sloane



Shimano Altus Service Manual:

Sloane's New Bicycle Maintenance Manual Eugene A. Sloane, 1991 Loaded with all new information on equipment tools and the latest in bicycle technology Sloane's New Bicycle Maintenance Manual is a must for cyclists of all levels of experience Mending a flat building a wheel and installing a chain are just a few of the many projects that can be tackled at home thanks to Sloane's accessible instructions and detailed illustrations Black and white photographs and line drawings

Eugene A. Sloane's Bicycle Maintenance Manual Eugene A. Sloane, 1981 [Bicycle Repair Manual](#) Chris Sidwells, 2008-05-19 From mountain bikes and road racers to hybrids the Bicycle Repair Manual helps riders keep their bikes in peak condition Perfect for beginners and dedicated cyclists alike this updated guide to bicycle repair includes the latest technological advances in cycling troubleshooting charts hints and tips for diagnosing and problem and servicing schedules

[The Complete Bike Owner's Manual](#) DK, 2020-05-07 This is the complete reference guide to bike servicing and repair and an essential bible for every cyclist's bookshelf Incredible CGI illustrations show you every aspect of bike repair and maintenance more clearly than ever before whether you're a mountain biker cycling commuter or road racer All major types of bicycle from the leading brands are covered including road racing hybrid mountain and utility bikes with detailed practical advice to take you from symptom to solution The Complete Bike Owner's Manual takes away the need for expensive expert advice showing you how to service and maintain every aspect of your bicycle Learn how to replace or repair a chain correct sagging suspension fit brake cables adjust electronic shifters and much more with incredible up close detail helping you to get your wheels turning again **Bicycle**, 1985 Explains specific procedures for maintaining and repairing bicycles and includes detailed diagrams of parts [Richards' Bicycle Repair Manual](#) Richard Ballantine, Richard Grant, 1994 A survey of how Greek historians explained the conditions of a state's success and the dangers of power *Schwinn Bicycle Service Manual* Schwinn Bicycle Company, 1972 **The Complete Bike Owner's Manual** DK, 2017-06-13 With this full color illustrated manual in your toolbox you will never need to visit the bike repair shop again From planning regular maintenance to getting your hands dirty for emergency repairs The Complete Bike Owner's Manual will help you with everything Explore every part of your bike's anatomy with extremely detailed CGIs learn which seat position suits you the most install new brakes and adjust the handlebar change and refit gear cables and much more This essential book equips you with the tools and techniques you need to troubleshoot any problems you may face while taking care of your bicycle The reference section at the end of the book offers possible solutions to some of the common problems The Complete Bike Owner's Manual is the perfect handy guide for any bicycle enthusiast [Glenn's New Complete Bicycle Manual](#) Clarence W. Coles, Harold T. Glenn, John S. Allen, 1987 On title page Selection maintenance repair **Bicycle Repair Manual, Seventh Edition** DK, 2021-03-02 Everything you need to keep your bike in peak condition in a user friendly e guide No garage or shed is complete without a dog eared copy The most up to date bicycle maintenance guide on the market covering all types of

bicycles road racing mountain hybrid BMX and children s This is the essential manual for beginners and experienced cyclists alike Step by step sequences show how to make bicycle repairs from vital servicing to improving its performance on and off road Learn how to maintain every essential area such as brakes drivetrain and steering as well as complex components including gear hubs hydraulic brakes and suspension forks Detailed chapters range from showing how to set up your bike correctly and safely and the must have kit for successful repairs to troubleshooters to help keep your bike in top shape This new edition is fully revised and updated covering the latest bike brakes gears and hubs and models and the latest technology such as GPS trackers Featuring easy photographic tutorials and handy add ons such as a step locator and toolbox DK s Bike Repair Manual makes bicycle repair simple for every bike owner **Glenn's Complete Bicycle Manual** Clarence W. Coles, Harold T. Glenn, 1973 **Saab 9000 (4-Cyl) ('85 to '95)** A. K. Legg, Haynes Publishing PLC, Spencer Drayton, 1995 **Bicycle Service Manual, Formerly: How to Fix Your Bicycle.** -- Intertec Publishing Corporation. Technical Publications Division, 1973 **Bicycle Service Manual** H. W. Baylor, 1978 **Saab 900 8 Valve** Bentley Publishers, 1992 These official Saab manuals are the only factory authorized comprehensive single source of service information and specifications available Whether you re a professional technician or a do it yourselfer these manuals will help you understand care for and repair your Saab Everything from fundamental automotive concepts and maintenance procedures to complex electrical system troubleshooting and complete engine overhaul is clearly explained Critical updates and information from the Saab Service Information Manual the Parts Service Information System and Saab Service Training have been included as well as fast proven repair procedures and tips used by Saab technicians *Suzuki LT230 & LT250 85-90* Penton Staff, 2000-05-24 LT230S Chain Drive 1985 1988 LT F230G Shaft Drive 1985 1987 LT230G Shaft Drive 1985 1986 LT250S Chain Drive 1989 1990 **Yamaha XT, TT, and SR 500 Singles Owners Workshop Manual, No. 342** John Haynes, 1992-06-29 Haynes disassembles every subject vehicle and documents every step with thorough instructions and clear photos Haynes repair manuals are used by the pros but written for the do it yourselfer The Haynes Bicycle Book Bob Henderson, 2001 Total Car Care is the most complete step by step automotive repair manual you ll ever use All repair procedures are supported by detailed specifications exploded views and photographs From the simplest repair procedure to the most complex trust Chilton s Total Car Care to give you everything you need to do the job Save time and money by doing it yourself with the confidence only a Chilton Repair Manual can provide Bike Repair Manual Chris Sidwells, 2021-02-04 Discover everything you need to know to keep your bike in peak condition The most accessible and up to date bike maintenance ebook on the market covering all types of manual bicycle road racing mountain BMX and children s this is the essential e guide for cyclists of all levels Step by step sequences show how to carry out bicycle repairs from vital servicing to improving its performance Learn how to maintain every essential area such as brakes drivetrain and steering as well as complex components including hub gears hydraulic brakes and suspension Detailed chapters range from showing how to set

up your bike correctly the must have kit for successful repairs to troubleshooters to help keep your bike in top form This new edition is fully revised and updated covering the latest bike brakes gears and hubs models and the latest technology such as GPS trackers Featuring easy photographic tutorials and handy add ons such as a step locator and toolbox DK s Bike Repair Manual makes bicycle repair simple for every bike owner No garage or shed is complete without it **Nissan/Datsun** Nissan (Tokyo),

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