

Shimano Nexus Inter-7

Complete (dis)assembly manual

W.Pasman, 9 march 2012

Introduction

This manual describes complete disassembly and assembly of the Shimano Nexus 7-speed hub SG-7R45 Inter-7. The axle unit gets the most attention, as this is the trickiest part and hardly any documentation on it is available [2]. This manual also covers the two carrier units and the sun unit. Discussion of the full assembly is kept short, as good documentation is available from Shimano [1,3].

There are other Nexus-7 hubs that seem exactly the same, e.g. the SG-7R42 and 7R46. The 7R40, SG-7C26, and SG-7C18 look very similar but have a two-part driver unit. I suspect that most of this manual still applies.

Axle Unit Y-33E 98060



Figure 1. The assembled axle unit.



Figure 2. Axle unit parts as in an exploded view.

Disassembly

With a flat-blade screw driver, carefully pull out the small spring assembly. It is slightly spring-loaded, so it may suddenly spring apart.

Next, pull off the return spring loader ring. Be careful: there is a moderately heavy load on the return spring and you don't want your fingers in the way if it springs loose. Now you can take off the main gear spring and the ring cap.

Finally, you can slide out the sleeve and remove the pawls from the pawl carrier. The ring with two slots can also be taken off the axle, but I recommend leaving it on.

Shimano Nexus 7 Service Manual

AW Rasmussen



Shimano Nexus 7 Service Manual:

Shimano Nexus 7 Service Manual Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Shimano Nexus 7 Service Manual**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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