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Varcarolis: Foundations of Psychiatric Mental Health Nursing, 6th Edition

Chapter 03: Biological Basis for Understanding Psychotropic Drugs

Test Bank

MULTIPLE CHOICE

- A patient asks, "What are neurotransmitters? The doctor said mine are imbalanced." Select the nurse's best response.
- a. "How do you feel about having imbalanced neurotransmitters?"

patient's question or provide untrue, misleading information.

- b. "You must feel relieved to know that your problem has a physical basis."
- c. "Neurotransmitters are substances we eat daily that influence memory and mood."
- d. "Neurotransmitters are natural chemicals that pass messages between brain cells."

ANS: D

The patient asked for information, and the correct response is most accurate. Neurotransmitters are chemical substances that function as messengers in the central nervous system. They are released from the axon terminal, diffuse across the synapse, and attach to specialized receptors on the postsynaptic neuron. The distracters either do not answer the

DOME	Cognitive Level: Application	REFT	Text Page: 49
TOP	Nursing Process: Implementation	MISC	Client Needs: Physiological Integrity

- The parent of an adolescent with schizophrenia asks the nurse, "My child's doctor ordered a PET. What kind of test is that?" Select the nurse's best reply.
- a. "This test uses a magnetic field and gamma waves to identify problem areas in the brain. Does your teenager have any metal implants?"
- b. "PET means positron-emission tomography. An injection is given and images are taken. It shows blood flow and activity in the brain."
- c. "A PET scan passes an electrical current through the brain and shows brain-wave activity. It can help diagnose seizures."
- d. "It's a special type of x-ray that shows structures of the brain and whether there has ever been a brain mury."

ANS: B

The parent is seeking information about PET scars. It is important to use terms the parent can understand, so the nurse should identify what the initials mean. The correct response is the only option that provides information relevant to PET scans. The distracters describe MRI, CT scars, and EEG.

DUF	Cognitive Level: Application	REF	Text Pages: 55-58
TOP:	Nursing Process: Implementation	MISC	Client Needs: Physiological Integrity

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Chyllia D Fosbre

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