

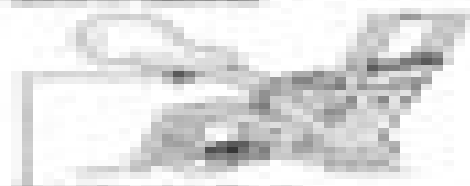
WESLO CARDIOGLIDE ~~1000~~ 975

USER'S MANUAL

IMPORTANT INFORMATION

WARNING:

READ AND UNDERSTAND ALL INSTRUCTIONS
BEFORE USING THIS EQUIPMENT.



Correct Posture Diagram

QUESTIONS?

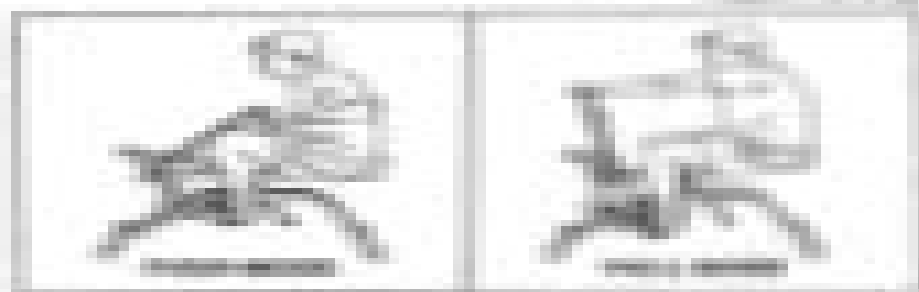
For a complete understanding of the correct use of this machine, please read the entire manual carefully. If you have any questions or need more information, please call 1-800-855-8756. We will be happy to assist you.

The Cardio Glide machine is designed for use by individuals who are in good health and are capable of performing moderate to vigorous physical activity. It is not intended for use by individuals who are pregnant, have a heart condition, or are recovering from surgery. Always consult your physician before using this machine.

For more information, call 1-800-855-8756.
Model 975, 1000 and 1000S

CAUTION

Always use proper technique when using this machine. Do not use the machine if you are feeling dizzy, lightheaded, or have any other symptoms. Stop using the machine if you experience any pain or discomfort.



Weslo Cardio Glide Manual

Yicheng Fang



Weslo Cardio Glide Manual:

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Consumers Digest ,2001

Decoding **Weslo Cardio Glide Manual**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Weslo Cardio Glide Manual**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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