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EASY TO INSTALL

**CONNECT & DISCONNECT
YOUR SUSPENSION TRAINER™
IN SECONDS**

SMALL AND STURDY

**ANCHOR MULTIPLE TRX
SUSPENSION TRAINERS**



- Use a stud finder at multiple points along stud to be behind its center.
- Installed XMOUNT should be flush to wall with no play or movement in the fasteners.
- Attach TRX Suspension Trainer™ to XMOUNT by threading Suspension Anchor™ through "X" and slipping carabiner back into Suspension Anchor intermediate loops. Do not slip carabiner directly into XMOUNT.
- Weighted by pulling down hard XMOUNT should not move.
- Does not exceed 250 lbs. (113.4 kg) working load.

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Art. No. 1073342

TRX

MAKE YOUR BODY YOUR MACHINE

XMOUNT ANCHOR



**TURN ANY WALL OR CEILING
INTO A PERSONAL GYM**

Trx Xmount Installation Manual

**Methods-Time Measurement
Association of the United Kingdom**



Trx Xmount Installation Manual:

MTM-V Installation Manual Methods-Time Measurement Association of the United Kingdom, 1972

Reviewing **Trx Xmount Installation Manual**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Trx Xmount Installation Manual**," an enthralling opus penned by a very acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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