

# The Ageless Self (Meridian)

Kaufman, Sharon R.

Note: This is not the actual book cover

# The Ageless Self

**Sharon R. Kaufman**



## **The Ageless Self:**

**The Ageless Self** Sharon R. Kaufman, 1986 Among the many studies of aging and the aged there is comparatively little material in which the aged speak for themselves In this compelling study Sharon Kaufman encourages just such expression recording and presenting the voices of a number of old Americans Her informants tell their life stories and relate their most personal feelings about becoming old Each story is unique and yet presented together they inevitably weave a clear pattern one that clashes sharply with much current gerontological thought With this book Sharon Kaufman allows us to understand the experience of the aging by listening to the aged themselves Kaufman while maintaining objectivity is able to draw an intimate portrait of her subjects We come to know these people as individuals and we become involved with their lives Through their words we find that the aging process is not merely a period of sensory functional economic and social decline Old people continue to participate in society and more important continue to interpret their participation in the social world Through themes constructed from these stories we can see how the old not only cope with losses but how they create new meaning as they reformulate and build viable selves Creating identity Kaufman stresses is a lifelong process Sharon Kaufman's book will be of interest and value not only to students of gerontology and life span development and to professionals in the field of aging but to everyone who is concerned with the aging process itself As Sharon Kaufman says If we can find the sources of meaning held by the elderly and see how individuals put it all together we will go a long way toward appreciating the complexity of human aging and the ultimate reality of coming to terms with one's whole life

**The Ageless Self** Sharon R. Kaufman, 1986 Performing Age in Modern Drama Valerie Barnes Lipscomb, 2016-07-14 This book is the first to examine age across the modern and contemporary dramatic canon from Arthur Miller and Tennessee Williams to Paula Vogel and Doug Wright All ages across the life course are interpreted as performance and performative both on page and on stage including professional productions and senior theatre groups The common admonition act your age provides the springboard for this study which rests on the premise that age is performative in nature and that issues of age and performance crystallize in the theatre Dramatic conventions include characters who change ages from one moment to the next overtly demonstrating on stage the reiterated actions that create a performative illusion of stable age Moreover directors regularly cast actors in these plays against their chronological ages Lipscomb contends that while the plays reflect varying attitudes toward performing age as a whole they reveal a longing for an ageless self a desire to present a consistent unified identity The works mirror prevailing social perceptions of the aging process as well as the tension between chronological age physiological age and cultural constructions of age

**Through Japanese Eyes** Yohko Tsuji, 2020-11-13 Introduction Anthropology Cultural Values and Aging Activities as Value at Lake District Senior Center Elders Supporting Each Other to Help Themselves Networking at Lake District Senior Center Post Retirement Housing and Living Arrangements Who Supports Older Americans Families Self and Other Sources Temporal Complexity in Older Americans Lives Changes and

Continuities Over Thirty Years of Research Conclusion Challenges and Hopes in the New Frontier of Aging      **When Near Becomes Far** Mira Balberg, Haim Weiss, 2021-03-09 When Near Becomes Far explores representations and depictions of old age in the rabbinic Jewish literature of late antiquity 150 600 CE Each chapter focuses on a different aspect of aging in the rabbinic world bodily appearance and sexuality family relations intellectual and cognitive prowess honor and shame and social roles and identity The book shows that ancient rabbinic texts offer rich and moving observations on aging many of which are still relevant today      **Home and Identity in Late Life** Graham D. Rowles, 2005-09-01 Leading scholars offering international and multidisciplinary viewpoints examine the meaning of home to elders and the ways in which this meaning may be sustained threatened or modified according to changes associated with growing old Organized into four sections The Essence of Home Disruptions of Home Creating and Recreating Home and Community Perspectives on the Meaning of Home this volume explores topics including What makes a house a home What role does the meaning of home play in the process of relocation to another place of residence What is the relationship between a person's home life and cherished possessions such as symbolic jewelry or religious items in late life How does the community neighborhood environment influence the way that older people feel about the places in which they live Contributors include Hans Werner Wahl Robert L. Rubinstein Edmund Sherman Carolyn Norris Baker and Rick Scheidt among others As a special feature this volume concludes with critical commentaries from three eminent scholars Amos Rapoport Kim Dovey and Marie Versperi This volume will be of interest to practitioners researchers upper level graduates graduate level students in gerontology environmental psychology social work and nursing It will be valuable to everyone in the helping professions who seek a deeper understanding of the ways in which being at home and attachment to place plays a key role in the life experience and well being of their clients as they grow older      **Gerotranscendence** Lars Tornstam, 2005-06-20 Given the 2006 GREAT GERONTOLOGY AWARD for outstanding contribution to gerontological research by the Swedish Gerontological Society Received a VALUE GROUND AWARD from the journal Aldreomsorg Old Age Care Expanding upon his earlier writings Dr Tornstam's latest book explores the need for new theories in gerontology and sets the stage for the development of his theory of gerotranscendence This theory was developed to address what the author sees as a perpetual mismatch between present theories in social gerontology and existing empirical data The development towards gerotranscendence can involve some overlooked developmental changes that are related to increased life satisfaction as self-described by individuals The gerotranscendent individual typically experiences a redefinition of the Self and of relationships to others and a new understanding of fundamental existential questions The individual becomes less self-occupied and at the same time more selective in the choice of social and other activities There is an increased feeling of affinity with past generations and a decreased interest in superfluous social interaction The individual might also experience a decrease in interest in material things and a greater need for solitary meditation Positive solitude becomes more important There is also often a feeling of cosmic communion with

the spirit of the universe and a redefinition of time space life and death Gerotranscendence does NOT imply any state of withdrawal or disengagement as sometimes erroneously believed It is not the old disengagement theory in new disguise Rather it is a theory that describes a developmental pattern beyond the old dualism of activity and disengagement The author supports his theory with insightful qualitative in depth interviews with older persons and quantitative studies In addition Tornstam illustrates the practical implications of the theory of gerotranscendence for professionals working with older adults in care settings A useful Appendix contains suggestions of how to facilitate personal development toward gerotranscendence For Further Information Please Click Here [The Oxford Handbook of Montaigne](#) Philippe Desan,2016-10-14 In 1580 Michel de Montaigne 1533 1592 published a book unique by its title and its content EssaysR A literary genre was born At first sight the Essays resemble a patchwork of personal reflections but they engage with questions that animate the human mind and tend toward a single goal to live better in the present and to prepare for death For this reason Montaigne s thought and writings have been a subject of enduring interest across disciplines This Handbook brings together essays by prominent scholars that examine Montaigne s literary philosophical and political contributions and assess his legacy and relevance today in a global perspective The chapters of this Handbook offer a sweeping study of Montaigne across different disciplines and in a global perspective One section covers the historical Montaigne situating his thought in his own time and space notably the Wars of Religion in France The political historical and religious context of Montaigne s Essays requires a rigorous presentation to inform the modern reader of the issues and problems that confronted Montaigne and his contemporaries in his own time In addition to this contextual approach to Montaigne the Handbook also establishes a connection between Montaigne s writings and issues and problems directly relevant to our modern times that is to say our age of global ideology Montaigne s considerations or essays offer a point of departure for the modern reader s own assessments The Essays analyze what can be broadly defined as human nature the endless process by which the individual tries to impose opinions upon others through the production of laws policies or philosophies Montaigne s motto What do I know is a simple question yet one of perennial significance One could argue that reading Montaigne today teaches us that the angle defines the world we see or as Montaigne wrote What matters is not merely that we see the thing but how we see it **Handbook of Aging and Mental Health** Jacob Lomranz,2013-11-21 This comprehensive resource responds to a growing need for theory and multidisciplinary integrative research in adult and gerontological health Handbook of Aging and Mental Healthbrings together for the first time diverse strategies and methodologies as well as theoretical formulations involving psychodynamic behavioral psychosocial and biological systems as they relate to aging and health Forward thinking in his approach Lomranz provides the mental health adult developmental and geriatric professions with a single reference source that covers theory construction empirical research treatment and multidisciplinary program development *Ribhu Gita* Dr. H. Ramamoorthy, Nome,2017-12-02 Translated from the original Sanskrit by Dr H Ramamoorthy and Nome This translation is an

essential and classic work of Advaita Vedanta It is a consummate work of the spirit an astonishing description of direct Nondual experience and understanding H H Sri Chandrasekharendra Sarasvati a Sankaracharya of the Kamakoti Peetham has stated in glowing terms that the Ribhu Gita is to the Sivarahasya as the Bhagavad Gita is to the Mahabharata First hand descriptions of the experience of Nonduality are precious and rare None is more powerful than this classic Its uncompromising declaration communicates the uninterrupted direct experience of the Sage known as Ribhu The language is accessible forceful and points clearly beyond the limits of time and circumstance The Indian cultural frame traditional dialog between Guru and disciple is subsumed into the directly penetrating insight that is absolute beyond any concept In this second edition footnotes have been added presenting alternative meanings to the word or phrase immediately preceding the footnote number or show the Sanskrit word in transliterated form that has been translated into English This second edition also contains an enhanced glossary from the original first edition In addition The 108 Names of Ribhu in Sanskrit and English is included in this new edition May we all recognize in this text the freedom and happiness of the Absolute our True Nature as reflected in the words of the great Sage Ribhu *Aging, Spirituality, and Religion* Melvin Kimble, Susan H. McFadden, 2002-12-01

Volume II picks up where Volume I left off with practical advice and tools for ministry with the aging in a variety of settings Gerontological and theological perspectives undergird the practical guidance and a final section treats of the unique ethical issues involved in ministry with the aging Home and Sexuality Rachael M Scicluna, 2017-07-12 This book explores the meanings and experiences of home among a group of lesbians who over the past five decades have sought to create alternative intimate and public living spaces The protagonists who enact the ethnographic narrative are a small group of older lesbians mainly feminist activists residing in the metropolis of London The meaning of home and domestic space emerges from unique life histories informed by the wider social and political context and moves from the earliest memories of their childhood kitchens to their contemporary domestic lives Leaping from the radical lesbian feminist collectives and squats of the 1980s to the ordinariness of home life the kitchen emerged as a tangle of cultural norms customs duties ideas aspirations expectations and values that tells us about the thinking process and behaviour of this specific group of older lesbians In this context the kitchen brings out the experiences of social inequalities experienced by these older lesbians mainly brought out by the hegemonic institution of heteronormativity and patriarchy This ethnography will be of interest to students and scholars across a range of disciplines in anthropology sociology geography and feminism

Old Age and Agency Emmanuelle Tulle, 2004 This book is about rethinking the ways in which we make sense of social action or agency in later life The contributions in this collection challenge traditional academic approaches to the study of later life which arguably often deny older people agency Social gerontology and the wider society should be more reflexive and rather than contribute to the continued marginalisation of older people should draw attention to the extent to which the latter's actions may be understood within the set of normalising discourses which people have to manage and negotiate as

they get old The purpose of this collection is to continue this process by providing philosophical theoretical conceptual and empirical direction for a reflexive social gerontology This book argues that the management of later life has become complex caught as it is within a broad discourse which continues to construct old age as a time of decline and dependency but has shifted the burden of responsibility for the avoidance of decline on individuals

**Encyclopedia of Body Image and Human Appearance**, 2012-04-11 This scholarly work is the most comprehensive existing resource on human physical appearance how people's outer physical characteristics and their inner perceptions and attitudes about their own appearance body image affect their lives The encyclopedia's 117 full length chapters are composed and edited by the world's experts from a range of disciplines social behavioral and biomedical sciences The extensive topical coverage in this valuable reference work includes

- 1 Important theories perspectives and concepts for understanding body image and appearance
- 2 Scientific measurement of body image and physical attributes anthropometry
- 3 The development and determinants of human appearance and body image over the lifespan
- 4 How culture and society influences the meanings of human appearance
- 5 The psychosocial effects of appearance altering disease damage and visible differences
- 6 Appearance self change and self management
- 7 The prevention and treatment of body image problems including psychosocial and medical interventions

Chapters are written in a manner that is accessible and informative to a wide audience including the educated public college and graduate students and scientists and clinical practitioners Each well organized chapter provides a glossary of definitions of any technical terms and a Further Reading section of recommended sources for continued learning about the topic Available online via ScienceDirect or in a limited release print version The Encyclopedia of Body Image and Human Appearance is a unique reference for a growing area of scientific inquiry It brings together in one source the research from experts in a variety of fields examining this psychological and sociological phenomenon The breadth of topics covered and the current fascination with this subject area ensure this reference will be of interest to researchers and a lay audience alike

*Routledge Handbook on Consumption* Margit Keller, Bente Halkier, Terhi-Anna Wilska, Monica Truninger, 2017-02-10 Consumption research is burgeoning across a wide range of disciplines The Routledge Handbook on Consumption gathers experts from around the world to provide a nuanced overview of the latest scholarship in this expanding field At once ambitious and timely the volume provides an ideal map for those looking to position their work find new analytic insights and identify research gaps With an intuitive thematic structure and resolutely international outlook it engages with theory and methodology markets and businesses policies politics and the state and culture and everyday life It will be essential reading for students and scholars across the social and economic sciences

**Aging Bodies** Christopher A. Faircloth, 2003-06-11 Western thought traditionally divides the human being into a body mind dualism a divide realized in the divergent research fields of geriatrics and gerontology the first examines the physical body and the second focuses instead upon psychological and social aspects of aging Research Health Scientist Christopher Faircloth's edited volume of original pieces attempts to

bridge this rift reinserting the physical aging body and its lived experiences back into gerontology's study of aging. He asks: Is it not the physical body that readily marks us as aging? Faircloth organizes this text around two major themes of the aging body: everyday experience and the social and personal impact of its imagery, while concentrating on three areas of substantive concern: medicalization, gender, sexuality, and the body as consumer. This book would be of interest to gerontologists, social scientists, and students of these fields concerned with the aging body both object and subject as experienced and alternatively perceived in relation to contemporary society.

**Aging in Today's World** Renée Rose Shield, Stanley M. Aronson, 2005. Never before in human existence have the aged been so numerous and for the most part healthy. In this important new book, two professionals, an anthropologist and a physician, wrestle with the complex subject of aging. Is it inevitable? Is it a burden or gift? What is successful aging? Why are some people better at aging than others? Where is aging located? How does it vary among individuals within and between groups, cultures, societies, and indeed over the centuries? Reflecting on these and other questions, the authors comment on the impact age has in their lives and work. Two unique viewpoints are presented. While medicine approaches aging with special attention given to the body, its organs, and its functions over time, anthropology focuses on how the aged live within their cultural settings. As this volume makes clear, the two disciplines have a great deal to teach each other, and in a spirited exchange, the authors show how professional barriers can be surmounted. In a novel approach, each author explores a different aspect of aging in alternating chapters. These chapters are in turn followed by a commentary by the other. Further, the authors interrupt each other within the chapters to raise questions, contradict, ask for clarification, and explore related ideas with these interjections emphasizing the dynamic nature of their ideas about age. Finally, a third voice, that of a random old man, periodically inserts itself into the text to remind the authors of their necessarily limited understanding of the subject.

**New Dynamics in Old Age** Hans-Werner Wahl, Clemens Tesch-Romer, Dr. Andreas Hoff, Jon Hendricks, 2017-07-05. Based on the hypothesis that the new dynamics of old age is best observed in a range of everyday aging contexts that have been undergoing major change since the second half of the 20th century, this book is aimed at the scholarly community of gerontology in a variety of disciplines: sociology, psychology, demography, epidemiology, and others.

**Between Stress and Hope** Rebecca Jacoby, Giora Keinan, 2003-10-30. This volume focuses on the concepts of stress and hope, their psychological and physical outcomes. Past research has focused primarily or exclusively on either stress or hope and its effect on health. This work discusses them side by side and highlights their interrelations. Various theoretical approaches dealing with stress and hope are discussed, and a review of the most recent empirical data is presented. Also included are reports on individuals and groups that have been exposed to various stressful situations, such as racial prejudice, life-threatening illness, or imprisonment. The role of hope in coping with these situations is emphasized. Contributors to this edited collection are at the cutting edge of theory and research in the fields of stress and hope. Students and scholars studying health, psychology, stress management, or stress and coping will appreciate the



information presented as will those involved with medical science nursing and sociology      *The Female Body in Mind*  
Mervat Nasser, Karen Baistow, Janet Treasure, 2007-04-11 The Female Body in Mind introduces new ways of thinking about  
issues of women's mental health assessment and treatment. Its multidisciplinary approach incorporates social, psychological,  
biological and philosophical perspectives on the female body. The contributions from notable academics in the field of women's  
mental health examine the relationship between women's bodies, society and culture, demonstrating how the body has  
become a platform for women's expression of their distress and anguish. The book is divided into six sections all centred on  
the theme of the body, covering: The body at risk; The hurting body; The reproductive body; The interactive body; Body sensitive  
therapies; The body on my mind. All professionals involved in women's mental health will welcome this exploration of the  
complexities involved in the relationship between women's bodies and their mental health.

Uncover the mysteries within is enigmatic creation, Discover the Intrigue in **The Ageless Self** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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## The Ageless Self Introduction

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