

Varcarolis: Foundations of Psychiatric Mental Health Nursing, 6th Edition

Chapter 03: Biological Basis for Understanding Psychotropic Drugs

Test Bank

MULTIPLE CHOICE

1. A patient asks, "What are neurotransmitters? The doctor said mine are imbalanced." Select the nurse's best response.
 - a. "How do you feel about having imbalanced neurotransmitters?"
 - b. "You must feel relieved to know that your problem has a physical basis."
 - c. "Neurotransmitters are substances we eat daily that influence memory and mood."
 - d. "Neurotransmitters are natural chemicals that pass messages between brain cells."

ANS: D

The patient asked for information, and the correct response is most accurate. Neurotransmitters are chemical substances that function as messengers in the central nervous system. They are released from the axon terminal, diffuse across the synapse, and attach to specialized receptors on the postsynaptic neuron. The distracters either do not answer the patient's question or provide untrue, misleading information.

DIF: Cognitive Level: Application REF: Text Page: 49
TOP: Nursing Process: Implementation MSC: Client Needs: Physiological Integrity

2. The parent of an adolescent with schizophrenia asks the nurse, "My child's doctor ordered a PET. What kind of test is that?" Select the nurse's best reply.
 - a. "This test uses a magnetic field and gamma waves to identify problem areas in the brain. Does your teenager have any metal implants?"
 - b. "PET means *positron-emission tomography*. An injection is given and images are taken. It shows blood flow and activity in the brain."
 - c. "A PET scan passes an electrical current through the brain and shows brain-wave activity. It can help diagnose seizures."
 - d. "It's a special type of x-ray that shows structures of the brain and whether there has ever been a brain injury."

ANS: B

The parent is seeking information about PET scans. It is important to use terms the parent can understand, so the nurse should identify what the initials mean. The correct response is the only option that provides information relevant to PET scans. The distracters describe MRI, CT scans, and EEG.

DIF: Cognitive Level: Application REF: Text Pages: 55-58
TOP: Nursing Process: Implementation MSC: Client Needs: Physiological Integrity

Varcarolis 6th Edition

Susan C. deWit, Patricia A. Williams



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Varcarolis's Canadian Psychiatric Mental Health Nursing - E-Book Cheryl L. Pollard, Sonya L. Jakubec, 2022-05-07 Gain the knowledge and skills you need to provide psychiatric mental health nursing care in Canada Varcarolis's Canadian Psychiatric Mental Health Nursing 3rd Edition uses a practical clinical perspective to provide a clear understanding of this often intimidating subject It provides a foundation in nursing techniques and a guide to psychobiological disorders such as bipolar and depressive disorders trauma interventions and interventions for distinct populations such as children and older adults Adapted to meet the needs of Canadian nurses by Cheryl L Pollard and Sonya L Jakubec this market leading text prepares you for practice with real world examples presented within a Canadian legal ethical and cultural context Canadian focus throughout includes key considerations such as our nation's cultural and social diversity with federal provincial territorial distinctions Canadian research and statistics reflect mental health and mental health practice in Canada Research Highlight boxes are updated with examples of Indigenous research methodologies by Indigenous researchers and settler allies DSM 5 boxes provide criteria for disorders covered by the American Psychological Association Learning features include key terms and concepts learning objectives key points to remember critical thinking and chapter reviews reinforcing important information and helping to apply textbook content to the clinical setting Assessment Guidelines boxes summarize the steps of patient assessment for various disorders Drug Treatment boxes feature the most current generic and trade names for drugs used in Canada Patient and Family Teaching boxes provide important details that should be discussed with patients and care givers Integrative Therapy boxes highlight the different types of therapy may be used to enhance treatment Considering Culture boxes discuss the importance of cultural safety in providing competent care to diverse populations within various clinical situations NEW Safety Tip boxes highlight important issues of safety for psychiatric mental health care patient experiences and nursing interventions NEW Added mental health content covers Indigenous populations migrant populations and gender differences with a focus on cultural safety equity informed approaches relational and trauma informed practices Updated Chapter 29 covers recovery survivorship and public mental health approaches Enhanced topics include substance use disorders harm reduction and support among nurses changes related to Medical Assistance in Dying MAiD legislation and mental health in view of climate change and the COVID 19 pandemic

Mosby's Comprehensive Review for the Canadian RN Exam, Revised Janice Marshall-Henty, Cheryl Sams, Jonathon Bradshaw, 2013-03-30 Mosby's Comprehensive Review for the Canadian RN Exam Revised First Edition provides a thorough review of nursing principles and practices to help you prepare for the Canadian Registered Nurse Examination™ CRNE In addition to offering an overview of essential material in each major clinical area with references to established sources the book features hundreds of end of chapter questions followed by answers and rationales Two practice exams with over 250 practice questions are also accompanied by answers and rationales This is an indispensable resource for all nursing students preparing for the Canadian

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Fundamental Concepts and Skills for Nursing - E-Book Susan C. deWit, Patricia A. Williams, 2013-01-24 NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect NEW Full text reviews by experts in the field offer consistency and ease understanding as you progress through the book NEW Evolve margin icons denote supplemental material for students on Evolve NEW Evidence Based Practice margin icons point out the most current and evidence based information NEW In depth discussion of the Quality and Safety Education for Nurses QSEN within the text provides the knowledge skills and attitudes necessary to continuously improve the quality and safety of the healthcare systems

Manual of Psychiatric Nursing Skills Sudha Patel, Kim Jakopac, 2011-02-11 Manual of Psychiatric Nursing Skills guides nursing students and practicing nurses towards enhancing fundamental psychiatric nursing skills competency in specific assessment and interventions for the selected psychiatric disorders A nursing skill book in a manual format this text is handy at the clinical site and encourages readers to translate their theoretical knowledge and psychiatric nursing skills into clinical practice Topics include therapeutic communication techniques assessment and interventions for depression bipolar disorder schizophrenia and suicide attempts and crisis management skills for psychiatric emergencies Included in the appendices are essential insights into ego defense mechanisms Erickson s Psychosocial Developmental Stages Freud s Stages of Psychosexual Development and Piaget s Stages of Cognitive Development

Varcarolis' Foundations of Psychiatric Mental Health Nursing Margaret Jordan Halter, 2014 Rev ed of Foundations of psychiatric mental health nursing edited by Elizabeth M Varcarolis Margaret Jordan Halter 6th ed c2010

Mental Health Nursing: Concepts, Assessment, and Care Dr. Amandeep Kaur Bajwa, Ms. Meghana Rathod, Prof. A. Vimala, 2025-10-10 It s with great happiness that I would like to acknowledge a great deal of people that get helped me extremely through the entire difficult challenging but a rewarding and interesting path towards some sort of Edited Book without having their help and support none of this work could have been possible

Psychosocial Nursing For General Patient Care Linda M Gorman, Donna F Sultan, 2007-12-24 AJN Book of the Year 2008 This concise quick reference handbook addresses common psychosocial and psychiatric problems as they

are most commonly encountered in conjunction with a patient's medical problems. It's the resource your students can turn to identify symptoms of mental health disorders and know how to intervene quickly and effectively to keep patients safe.

Foundations and Adult Health Nursing - E-Book Barbara Lauritsen Christensen, Elaine Oden Kockrow, 2013-12-27 Part of the popular LPN Threads series, this comprehensive text includes in-depth discussions of fundamental concepts and skills plus medical/surgical content to help you provide safe and effective care in the fast-paced healthcare environment. Easy to read content, an enhanced focus on preparing for the NCLEX Examination, and a wealth of tips and study tools make *Foundations and Adult Health Nursing* 6th Edition your must-have text. *Saunders Comprehensive Review for the NCLEX-RN Examination* Linda Anne Silvestri, 2011 Accompanying CD-ROM includes more than 4500 NCLEX examination style review questions in quiz study or exam mode, a diagnostic pre-test, audio and video questions, and audio review summaries. **Saunders Comprehensive Review for the NCLEX-RN® Examination - E-Book** Linda Anne Silvestri, 2010-10-12 This title includes additional digital media when purchased in print format. For this digital book edition, media content is not included. *Fundamental Concepts and Skills for Nursing* Susan C. deWit, Patricia A. Williams, RN, MSN, CCRN, 2013-01-18 Part of the popular LPN Threads series, this market-leading text features an easy-to-follow writing style and organization to teach you the concepts and skills you need to know to practice nursing in a variety of care settings. This new edition offers in-depth discussion of QSEN competencies, rationales for the NCLEX-PN review questions, and new icons to point out the most current evidence-based information. Standard LPN Threads features include helpful characteristics such as full-color design, key terms, numbered objectives, key points, critical thinking questions, critical thinking activities, glossary, and references. Easy-to-follow reading level and text organization presents information from simple to most complex. Think Critically boxes help you synthesize information and apply concepts beyond the scope of the chapter. Cultural Considerations related to biocultural variations, as well as health promotion for specific ethnic groups, demonstrate how to provide culturally competent care. Elder Care Points highlight changes that occur with aging and how they affect nursing care. Home Care boxes highlight the necessary adaptations of nursing skills and techniques for the patient in the home care setting. NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect. NEW Full-text reviews by experts in the field offer consistency and ease of understanding as you progress through the book. NEW Evolve margin icons denote supplemental material for students on Evolve. NEW Evidence-Based Practice margin icons point out the most current and evidence-based information. NEW In-depth discussion of the Quality and Safety Education for Nurses (QSEN) within the text provides the knowledge, skills, and attitudes necessary to continuously improve the quality and safety of the healthcare systems. *NCLEX-PN Exam Cram* Wilda Rinehart, Diann Sloan, Clara Hurd, 2017-05-19 This is the eBook version of the print title. The eBook edition does not provide access to the test engine and practice test that accompanies the print book. Covers exactly what you need to know to score higher on your NCLEX-PN exam.

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Handbook of Nursing Diagnosis Lynda Juall Carpenito, 2021-11-26 Lynda Carpenito's best selling *Handbook of Nursing Diagnosis* now in an impressive sixteenth edition is the ideal quick reference for nursing diagnosis information This trusted handbook covers the NANDA I Nursing Diagnoses 2021 2023 and offers practical guidance on nursing diagnoses and associated care The quick reference type scope of content makes it easy for students to use while in clinical in the classroom or simulation lab From goals to specific interventions *Handbook of Nursing Diagnosis* focuses on nursing It provides a condensed organized outline of clinical nursing practice designed to communicate creative clinical nursing It is not meant to replace nursing textbooks but rather to provide nurses who work in a variety of settings with the information they need without requiring a time consuming review of the literature It will assist students in transferring their theoretical knowledge to clinical practice

Porth Pathophysiology Charlotte Pooler, 2009-10-01 The well respected textbook *Pathophysiology Concepts of Altered Health States* has now been fully adapted for Canadian undergraduate nursing and health professions students Like the original text this Canadian edition includes a review of anatomy and physiology and treatment information for commonly occurring disease states Pediatric geriatric and pregnancy deviations are integrated throughout and highlighted with icons for easy identification Canadian content includes Canadian healthcare statistics regarding incidence cultural variations with a focus on native population and largest immigrant populations Canadian research and researchers Canadian treatment protocols and guidelines and commonly occurring disease concerns based on Canadian statistics

NCLEX-RN Practice Questions Exam Cram Wilda Rinehart, Diann Sloan, Clara Hurd, 2016-12-27 This is the eBook of the printed book and may not include any media website access codes or print supplements that may come packaged with the bound book The NCLEX RN Practice Questions Exam Cram Fifth Edition provides 1250 questions for the nursing student who wants to be better prepared for the exam Updated to provide more relevant and challenging questions matching NCLEX adjustments made in 2015 this fifth edition improves upon the prior editions that have served as one of the most popular late stage study tools for Nursing candidates Anxiety about the

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Foundations of Nursing - E-Book Barbara Lauritsen Christensen, Elaine Oden Kockrow, 2013-12-27. Part of the popular LPN Threads series, this comprehensive text prepares you for safe and effective nursing practice in today's fast-paced healthcare environment. Covering maternal and neonatal, pediatric, geriatric, mental health, and community nursing, *Foundations of Nursing* 6th Edition includes all of the essential LPN/LVN content you need. Companion CD includes animations and audio clips depicting physiologic processes, physical assessment video clips, an English/Spanish glossary with definitions and audio pronunciations, an anatomy coloring book, and a fluid and electrolytes tutorial. The consistent logical framework of the nursing process connects specific disorders to patient care. A mathematics review chapter provides a complete review of basic arithmetic skills and practice in drug dosage calculation to ensure safe medication administration. Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings with considerations for special populations. Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions. More than 100 skills in a step-by-step format with full-color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice. Medication tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs. Nursing Care Plans, presented in a case study format, emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision-making skills. Coordinated Care boxes emphasize parameters for prioritizing tasks as well as assigning tasks to and supervising unlicensed assistive personnel. Patient Teaching boxes and Family Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members. Life Span Considerations for Older Adults boxes provide age-specific information for the care of the aging population, which is often the primary focus of the LPN/LVN nurse. Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting. Health Promotion boxes provide key information on staying healthy and preventing disease with tips on wellness from Healthy People 2010. Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care. Enhanced focus on the NCLEX Examination offers end-of-chapter Get Ready for the NCLEX Examination sections with key points for self-guided study and remediation and an extensive set of review questions for thorough self-assessment. Additional review questions on Evolve provide instant feedback with correct answer and rationale for even more test-taking practice. Evidence-Based Practice boxes summarize the

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