

TNCC 7th Edition: Practice Test

Annotated Answer Key

1. What is the key to a high performing trauma team?

a. Individual goals

Rationale: Effective teams are group driven with a shared mental model (p. 5).

b. Use of the SBAR tool

Rationale: Effective team performance includes the consistent use of standardized, evidence-based communication tools. SBAR is an example of one of these tools but not the only one (p. 7).

c. Identification of a single decision maker

Rationale: An effective team leader makes decisions through the collective input of the entire team (p. 5).

d. Consistent communication

Rationale: Communication, cooperation, and coordination are the foundations of successful teamwork in trauma care (p. 6).

2. When obtaining a history for an injured patient, determining energy transfer through biomechanical data helps the nurse to:

a. anticipate the types of injury that may be present.

Rationale: Mechanism of injury and energy transfer can help predict potential injuries and injury patterns (p. 29).

b. decide if law enforcement should be notified.

Rationale: Various aspects of the history of the traumatic event may help determine the need for law enforcement, but mechanism of injury and energy transfer predict potential injuries and injury patterns (p. 29).

c. determine needed laboratory tests.

Rationale: Mechanism of injury and energy transfer can help predict potential injuries and injury patterns, which in turn help direct the need for laboratory tests (p. 29).

d. predict the need for a surgical procedure.

Rationale: Mechanism of injury and energy transfer can help predict potential injuries and injury patterns, which in turn help direct the need for surgical procedures (p. 29).

3. The major preventable cause of death in the trauma patient is:

a. airway compromise.

Rationale: Uncontrolled hemorrhage is the major cause of preventable death after injury, not airway compromise (p. 40).

b. ineffective ventilation.

Rationale: Uncontrolled hemorrhage is the major cause of preventable death after injury, not ineffective ventilation (p. 40).

c. secondary head injury.

Rationale: Uncontrolled hemorrhage is the major cause of preventable death after injury, not secondary head injury (p. 40).

d. uncontrolled hemorrhage.

Rationale: Uncontrolled hemorrhage is the major cause of preventable death after injury, so assessment to identify uncontrolled hemorrhage is key to the initial assessment process (p. 40).

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