

"Armchair adventurers will rip through this addition to the Everest canon." —The Wall Street Journal



# THE MOUNTAIN

MY TIME ON **EVEREST**

THE IRRESISTIBLE LURE OF  
THE WORLD'S HIGHEST PEAK

**ED VIESTURS** WITH DAVID ROBERTS

BESTSELLING AUTHORS OF NO SHORTCUTS TO THE TOP

# The Mountain My Time On Everest

**Anthony Caine**



## **The Mountain My Time On Everest:**

The Mountain Ed Viesturs, 2014-04-29 The only American to have climbed all fourteen of the world's eight thousand meter peaks sets his sights on Mount Everest in a work that combines his own climbs as well as narratives of famous climbs throughout the last century

**Dixon, Descending** Karen Outen, 2025-02-04 Compelling The Boston Globe Poignant heartbreaking The Christian Science Monitor This one hits hard Publishers Weekly When Nate suggests that they attempt to be the first Black American men to summit Mount Everest his younger brother Dixon can't refuse The two are determined to prove something to themselves and to each other Dixon interrupts his orderly life as a school psychologist leaving behind disapproving friends family and one particularly fragile student Once on the mountain Nate and Dixon are met with extreme weather conditions oxygen deprivation and precarious terrain But as much as they've prepared for this Mt Everest is always fickle And in one devastating moment Dixon's world is upended Dixon returns home and attempts to resume his job but things have shifted for him and for the students he left behind Ultimately Dixon must confront the truth of what happened on the mountain and come to terms with who can and cannot be saved Dixon Descending offers us a captivating shattering portrait of the ways we're reshaped by our decisions and what it takes to angle ourselves once again toward hope Outen understands first class human drama Gabriel Bump author of The New Naturalists The most engulging transporting deeply humane novel I've read in ten years Monica Wood author of How to Read a Book

**Everest** Broughton Coburn, 2015 A filmmaker and veteran climber David Breashears led the May 1996 expedition that captured Everest in a large format IMAX motion picture Everest is the breathtaking chronicle of a filmmaking expedition turned rescue mission 125 stunning full color images including IMAX frames from the film

*Escalante's Dream* David Roberts, 2019-07-16 Famed adventure writer David Roberts retraces the route of the legendary Dominguez Escalante expedition In July 1776 Franciscan friars Francisco Atanasio Dominguez and Silvestre Velez de Escalante set out from Santa Fe to blaze a pathway to the new Spanish missions in California across the huge expanse of what would become the American Southwest In October in western Utah ravaged by hunger and cold the twelve man team had to turn back Stymied by the raging Colorado River killing their horses for food the men saw an exploring expedition transformed into a fight for survival In this chronicle of adventure and history David Roberts retraces the Spaniards' forgotten route using Escalante's diary as his guide Blending personal narrative with critical analysis Roberts relives the glories catastrophes and courage of this desperate journey

*The Lost World of the Old Ones* David Roberts, 2015-03-31 An award winning author and veteran mountain climber takes us deep into the Southwest backcountry to uncover secrets of its ancient inhabitants In this thrilling story of intellectual and archaeological discovery David Roberts recounts his last twenty years of far flung exploits in search of spectacular prehistoric ruins and rock art panels known to very few modern travelers His adventures range across Utah Arizona New Mexico and southwestern Colorado and illuminate the mysteries of the Ancestral Puebloans and their contemporary neighbors the Mogollon and

Fremont as well as of the more recent Navajo and Comanche      *The Mountains of My Life* Walter Bonatti, 2001 The legendary mountaineer describes his adventures in such ranges as the Alps and Himalayas and provides details of what really happened during a controversial 1954 Italian expedition that made the first ascent of K2      *Alone on the Ice* David Roberts, 2013-01-21 Gripping and superb This book will steal the night from you Laurence Gonzales author of *Deep Survival* On January 17 1913 alone and near starvation Douglas Mawson leader of the Australasian Antarctic Expedition was hauling a sledge to get back to base camp The dogs were gone Now Mawson himself plunged through a snow bridge dangling over an abyss by the sledge harness A line of poetry gave him the will to haul himself back to the surface Mawson was sometimes reduced to crawling and one night he discovered that the soles of his feet had completely detached from the flesh beneath On February 8 when he staggered back to base his features unrecognizably skeletal the first teammate to reach him blurted out Which one are you This thrilling and almost unbelievable account establishes Mawson in his rightful place as one of the greatest polar explorers and expedition leaders It is illustrated by a trove of Frank Hurley's famous Antarctic photographs many never before published in the United States      **Limits of the Known** David Roberts, 2018-02-20 If you've run out of Saint Exupéry and miss the eloquent power of his work then you are ready to read David Roberts Laurence Gonzales author of *Deep Survival* Who Lives Who Dies and Why David Roberts has spent his career documenting voyages to the most extreme landscapes on earth In *Limits of the Known* he reflects on humanity's and his own relationship to exploration and extreme risk Part memoir and part history this book tries to make sense of why so many have committed their lives to the desperate pursuit of adventure What compelled Eric Shipton to return five times to the ridges of Mt Everest plotting the mountain's most treacherous territory years before Hillary and Tenzing's famous ascent What drove Bill Stone to dive 3 000 feet underground into North America's deepest cave And what is the future of adventure in a world we have mapped and trodden from end to end In the wake of his diagnosis with throat cancer Roberts seeks answers with new urgency and penetrating self analysis Booklist      **Into the Great Emptiness** David Roberts, 2022-12-13 A Library Journal Best Book of 2022 in Science and Technology A gripping saga and one of Roberts's finest books Jon Krakauer The riveting story of one of the greatest but least known sagas in the history of exploration By 1930 no place in the world was less well explored than Greenland The native Inuit had occupied the relatively accessible west coast for centuries The east coast however was another story In August 1930 Henry George Watkins nicknamed Gino a twenty three year old British explorer led thirteen scientists and explorers on an ambitious expedition to the east coast of Greenland and into its vast and forbidding interior to set up a permanent meteorological base on the icecap 8 200 feet above sea level The Ice Cap Station was to be the anchor of a transpolar route of air travel from Europe to North America The weather on the ice cap was appalling Fierce storms Temperatures plunging lower than 50 Fahrenheit in the winter Watkins's scheme called for rotating teams of two men each to monitor the station for two months at a time No one had ever tried to winter over in that hostile landscape let alone

manage a weather station through twelve continuous months Watkins was younger than anyone under his command But he had several daring trips to the Arctic under his belt and no one doubted his judgement The first crisis came in the fall when a snowstorm stranded a resupply mission halfway to the top for many weeks When they arrived at the ice cap there were not enough provisions and fuel for another two man shift so the station would have to be abandoned Then team member August Courtauld made an astonishing offer To enable the mission to go forward he would monitor the station solo through the winter When a team went up in March to relieve Courtauld after weeks of brutal effort to make the 130 mile journey they could find no trace of him or the station By the end of March Courtauld s situation was desperate He was buried under an immovable load of frozen snow and was disastrously short on supplies On April 21 four months after Courtauld began his solitary vigil Gino Watkins set out inland with two companions to find and rescue him David Roberts veteran mountain climber and chronicler of adventures Washington Post draws on firsthand accounts and archival materials to tell the story of this daring expedition and of the epic survival ordeal that ensued

**Curing MS** Howard L. Weiner, M.D.,2007-12-18 What causes multiple sclerosis When will there be a cure Dr Howard Weiner has spent nearly three decades trying to find answers to the mysteries of multiple sclerosis an utterly confounding and debilitating disease that afflicts almost half a million Americans Curing MS is his moving personal account of the long term scientific quest to pinpoint the origins of the disease and to find a breakthrough treatment for its victims Dr Weiner has been at the cutting edge of MS research and drug development and he describes in clear and illuminating detail the science behind the symptoms and how new drugs may hold the key to taming the monster From the Twenty one Points of MS a concise breakdown of the knowns and unknowns of the disease to stories from the frontlines of laboratories and hospitals Curing MS offers a message of hope about new treatments and makes a powerful argument that a cure can and will be found

*The Measure of a Mountain* Bruce Barcott,2011-02-01 A provocative highly original profile of Mount Rainier capturing the majestic beauty and deadly allure of one of the largest active volcanoes in the U S Jon Krakauer author of Into Thin Air Mount Rainier is one of the largest and most dangerous volcanoes in the country both an awesome natural monument and a formidable presence of peril In *The Measure of a Mountain* Seattle writer Bruce Barcott sets out to grasp the spirit of Rainier through an exploratory meandering and deeply personal journey along its massive flanks From forest to precipice thinning air to fractured glaciers he explores not only the physique of Rainier but the psychology and meaning of all mountains and the deep connection that exists between humans and landscape What he finds is a complex of moss bearded hemlocks and old growth firs high meadows that blossom according to a precise natural timeclock sheets of crumbling pumice fractured glaciers and unsteady magma Rainier s snow fields bristle with bug life and its marmots chew rocks to keep their teeth from overgrowing The mountain rumbles with seismic twitches and jerks seeing one hundred thirty earthquakes annually Rainier is an obsession a temple that attracts its own passionate acolytes from scientists and priests to rangers and mountain guides as well as a monument to death Referred

to by locals as simply the mountain it is the single largest feature of the Pacific Northwest landscape provided it isn't hidden in clouds Visible or not though Rainer's presence is undeniable Filled with adventure poignant personal reflections and fascinating mountain lore told by Indian chiefs professional guides priests and scientists The Measure of a Mountain is one man's stirring quest to reconcile with a dazzling creation of nature at once alluring and sometimes deadly **High Crimes** Michael Kodas,2008-02-05 High Crimes is journalist Michael Kodas's gripping account of life on top of the world where man is every bit as deadly as Mother Nature In the years following the publication of Into Thin Air much has changed on Mount Everest Among all the books documenting the glorious adventures in mountains around the world none details how the recent infusion of wealthy climbers is drawing crime to the highest place on the planet The change is caused both by a tremendous boom in traffic and a new class of parasitic and predatory adventurer It's likely that Jon Krakauer would not recognize the camps that he visited on Mount Everest almost a decade ago This book takes readers on a harrowing tour of the criminal underworld on the slopes of the world's most majestic mountain High Crimes describes two major expeditions the tragic story of Nils Antezana a climber who died on Everest after he was abandoned by his guide as well as the author's own story of his participation in the Connecticut Everest Expedition guided by George Dijmarescu and his wife and climbing partner Lhakpa Sherpa Dijmarescu who at first seemed well intentioned and charming turned increasingly hostile to his own wife as well as to the author and the other women on the team By the end of the expedition the three women could not travel unaccompanied in base camp due to the threat of violence Those that tried to stand against the violence and theft found that the worst of the intimidation had followed them home to Connecticut Beatings thefts drugs prostitution coercion threats and abandonment on the highest slopes of Everest and other mountains have become the rule rather than the exception Kodas describes many such experiences and explores the larger issues these stories raise with thriller like intensity **Kiss Or Kill** Mark Twight,2002-01-15 Kiss or Kill Confessions of a Serial Climber is raw unfiltered Twight who makes it clear that climbing is only distantly about the summit Whether railing against the spinelessness of siege style mountaineering admitting addiction to pushing the bounds of the possible or revelling in his ability to cut away anything in life that holds him back Twight never blinks Along the way there is the drama of new and epic routes unbreakable bonds between climbing partners and Twight's evolution as a climber and a man He tells every story in a unique in your face style **Beyond Possible (Young Readers' Edition)** Nims Purja,2022-01-04 Join Nepalese climber Nimsdai Purja as he recounts his journey to scale all 8 000 meter Death Zone mountains in seven months In this action packed memoir young readers will not only learn how Nimsdai physically accomplished this incredible feat but also how his attitude leadership skills and willingness to learn from mistakes took him to the top From his childhood growing up in Nepal to a career as an elite soldier in the British army Nimsdai shows how his early life shaped him and enabled him to go beyond what people thought was possible **The Making of a Mountaineer** George Ingle Finch,1927 [The Mountain Encyclopedia](#) Frederic Hartemann,Robert

Hauptman,2005-06-15 The Mountain Encyclopedia is the first A to Z compendium on all matters related to mountains including geological geographical and zoological terms and concepts as well as climbing and historical details This books is both a reference and a guide for mountain and outdoor enthusiasts such as hikers climbers and mountaineers It s filled with spectacular color photographs of breathtaking climbing and mountain scenes many taken by the authors during their expeditions Jamling Tenzing Norgay son of the late Tenzing Norgay wrote the forward *Everest: A Trekker's Guide* Radek Kucharski,2023-09-25 A guidebook to 6 multi day treks in the Everest region of the Himalayas Exploring the dramatic scenery of Nepal the routes are suitable for trekkers with some experience Treks range from 19 to 91km 12 56 miles and can be completed in 2 16 days The routes include the classic Everest Base Camp trek from Lukla via Namche Bazaar and Gorak Shep an ascent of Kala Patthar the route from Jiri to Lukla taken by Tenzing Norgay and Sir Edmund Hillary a trek north to Gokyo and the Three Passes Trek linking the region s major passes and valleys A trek approaching Everest from Tibet from Kharta to the Kangshung Face is also included Includes a range of possible itineraries for trekkers with different abilities Essential advice on trekking in the Himalayas including planning and preparation trekking formalities health and acclimatisation Detailed information on lodges in the Everest region Suggestions for side trips and time spent in Namche Bazaar Pangboche Dingboche and Gokyo Notes on the culture and history of the region **No Magic Helicopter** Carol Masheter,2013-05-22 When the bottom fell out of Carol Masheter s life at age 50 she took up mountaineering to cope with her grief and anger Little did she know that mountaineering would lead her to try Everest when she was 61 in 2008 No Magic Helicopter An Aging Amazon s Climb of Mount Everest chronicles her preparation for the climb the struggle to the summit and the blind descent that nearly cost her life Currently Dr Masheter is the second oldest woman in the world to summit Everest and return home alive *ONE DAY BEYOND THE TOP OF THE WORLD* Anthony Caine,2023-03-12 After leading successful hedge fund companies for twenty years Anthony Tac Caine experienced the most extreme business catastrophe imaginable Hedge fund companies managed by Tac Caine with a twenty year successful track record collapsed in only two days resulting in losses exceeding 1 billion In the midst of managing an onslaught of legal and business challenges Tac realized he needed more He needed a big positive goal something to shoot for that would motivate him And there s nothing bigger than Mt Everest With humility humor and emotion in a page turner story One Day Beyond the Top of the World captures the full Mt Everest experience Come alongside for the entire seven week Everest expedition from training trekking acclimatization living above 17 000 feet at Everest Base Camp the full cultural immersion of the Khumbu Valley and finally climbing each step from Everest Base Camp to the highest point in the world There are failures successes anxieties and elation on the journey and you will discover how Mt Everest can draw tears from even the strongest climbers And you will see how a Sherpa guide can evolve into a lifelong friend Happy and successful people are driven by planning then executing their next big goal We should always be metaphorically looking One Day Beyond the Top of the World to set the

next meaningful goal What is the Everest in your life Let Tac Caine s adventure guide you to reach your own summit

**Take Two Aspirin and Call Me at 20,000 Feet** Michael J. Manyak, MD, 2024-09-17 In his own words modern day explorer Dr Michael Manyak transports thrill seekers to the farthest reaches of the earth from the dense forests of the Congo Basin to the icy expanses of Antarctica While many may crave adventures around the globe they are unlikely to experience anywhere near the many escapades that Dr Michael Manyak has had during his prolific career From his tropical medical training in the Philippines to his stints as the expedition doctor on hikes deep in the Andes and in a submersible to the Titanic wreck site the author has made the combination of medicine and adventure the dominant theme throughout his life His travels have taken him to nearly every continent where he has encountered endangered and rare species including camels snakes elephants and more He has operated on rhinos rare big cats gorillas and even a huge boar hog Some of his encounters were dangerous to himself and others He orchestrated evacuations from battle zones in Iraq and was caught in a coup in a dangerous third world country He helped rescue nearly 100 victims from a sinking ship On occasion Manyak has been afforded a ringside seat for historical events and other times he has been thrust into unusual circumstances by chance He witnessed the Pentagon attack on 9 11 He managed the healthcare of high ranking government officials in the United States and other countries Along the way he encounters quite a cast of characters some of them household names and others better left in the dusty corners of history Take Two Aspirin and Call Me at 20 000 Feet encapsulates the incredible quests the author experienced on the road to becoming an academic cancer surgeon and explorer in the lab and the field



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