

	Session Content
Session 1	Orient the Patient to CBT. Assess Patient Concerns. Set Initial Treatment Plan/Goals.
Session 2	Assess Patient Concerns (cont'd). Set Initial Goals (cont'd) Or Begin Intervention Techniques.
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Session 6	Continue Intervention Techniques.
Session 7	Continue Intervention Techniques. Discuss Ending Treatment and Prepare for Maintaining Changes.
Session 8	End Treatment and Help Patient to Maintain Changes.

Weekly Session Outline Tf Cbt

**Edna B. Foa, Terence M.
Keane, Matthew J. Friedman, Judith A.
Cohen**

Weekly Session Outline Tf Cbt:

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