

WEIDER 170 2250

WEIGHT SYSTEM EXERCISER User's Manual

Read the instructions before use.

Always use proper technique to avoid
injury or equipment damage.

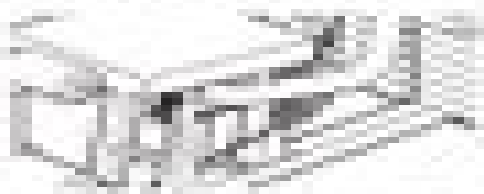


Figure 1: Main Frame and Weight Stack

- 1. Assembly
- 2. Adjustments
- 3. Maintenance
- 4. Operation and Storage

CAUTION

Read instructions and manual
before use. Always use proper
technique. Always use proper
and safe lifting technique.



Figure 1: Main Frame and Weight Stack

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S Marginson



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