

MULTIPLE CHOICE

1. The nurse is aware that any description of health would include the concept that:
- health is the absence of illness, and illness is the presence of chronic disease.
 - culture, education, and socioeconomic status influence one's definition of health or illness.
 - illness is a biological malfunction, and health is biological soundness.
 - lifestyle factors are the major determinants of health or illness.

ANS: B

The concept of health is influenced by culture, education, and socioeconomic factors.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

2. The nurse takes into consideration that the patient with an admitting diagnosis of Type 2 diabetes mellitus and influenza is described as having:
- two chronic illnesses.
 - two acute illnesses.
 - one chronic and one acute illness.
 - one acute and one infectious illness.

ANS: C

Chronic illnesses can be controlled but not cured, and are long-lasting. Acute illnesses develop suddenly and resolve in a short time. Type 2 diabetes mellitus would be considered chronic, whereas influenza would be considered acute.

DIF: Cognitive Level: Application REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

3. The nurse explains that an idiopathic disease is one that:
- is caused by inherited characteristics.
 - develops suddenly, related to new viruses.
 - results from injury during labor or delivery.
 - has an unknown cause.

ANS: D

Idiopathic disease is defined as disease whose cause is unknown.

DIF: Cognitive Level: Knowledge REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses KEY: Nursing Process Step: Implementation
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

4. The nurse assesses a terminal illness in:
- a 76-year-old admitted to a nursing home with Alzheimer disease who is pacing and asking to go home.
 - a 43-year-old with Lou Gehrig's disease who is refusing food and fluid.
 - a 2-year-old child who burned her esophagus by drinking drain cleaner and who is being fed by a tube.
 - a 52-year-old diagnosed with lung cancer who had part of one lung removed and has a closed chest drainage device in place.

ANS: B

A terminal illness is defined as one in which a person will live only a few months, weeks, or days. A person who refuses food and hydration will generally not live more than a few days.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Stages of Illness KEY: Nursing Process Step: Assessment
MSC: NCLEX: Physiological Integrity: Physiological Adaptation

5. The nurse clarifies to a patient who now has an abscess following a ruptured appendix that the abscess is considered to be:
- a secondary illness.
 - a life-threatening complication.
 - an expected event following any surgery.
 - a disorder easily treated with antibiotics.

ANS: A

A secondary illness is an illness that arises from a primary disorder.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Intervention
MSC: NCLEX: Physiological Integrity: Physiological Adaptation

Wellness Concepts Applications Test Answers

Carol A. Miller



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