



Wheeltronic Lift Manual 8020

**Automotive Lift Institute, Inc, National
Safety Council**



Wheeltronic Lift Manual 8020:

Lifting it Right Automotive Lift Institute, Inc, National Safety Council, 1989 **Manual Lifting** Daniela

Colombini, 2017-06-29 Preface One of our vocations as old hardened researchers has always been to seek solutions for the prevention of occupational risk of biomechanical overload and to teach self management of the problems at the source Prevention should be done directly by those designing workplaces and jobs Our experience comes from constant comparisons between the need to respond to the actual needs of workers and technical staff who require practical tools simple and easily applicable in the field and the need to find answers solutions and criteria by experimentally verified reliable methods being often quite complex In short translation of the matter complexity into easily applicable prevention approaches is just one of the main goals of the Ergonomics of Posture and Movement EPM Research Unit which we founded and in which Enrico and I have operated for many years under the sponsorship of Don Gnocchi ONLUS Foundation IRCCS Santa Maria Nascente Milan Polo Tecnologico Another important goal is to diffuse the knowledge on the matter Following a series of meetings with colleagues and technicians at congresses and meetings in different parts of the world the idea to create an International School of Ergonomics of Posture and Movement was originated Thus we created the school as an operative section of EPM more details can be found at www.epmresearch.org The school has its accredited teachers and has the main objective to teach different professionals in different parts of the world and in their native language the art of prevention according to an easy and effective approach In summary EPM and its schools have the following main goals in relation to the broader aim of improving health and work

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