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this is without question our least favourite topic to cover but these icons deserve to be remembered for the inspiration they  
provided the lives they touched and how they helped shape the industry as we know it today

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title remained committed to bodybuilding until his death while an official

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community that has passed away anytime we hear of another fitness icon that has passed it seems to tear away a piece of us  
that just can t be replaced

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research on bodybuilder lifespan is surprisingly limited

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her career started in bodybuilding where she became the first kiwi woman to have taken part in the figure olympia  
bodybuilding event back in 2011 in las vegas she later became an internet sensation getting a whopping 1 4million facebook

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used to share his training rituals with his fans but a mistake on tuesday cost him his life two gunmen shot and killed the brazilian bodybuilder while he was training at the gym if reports were to be believed the accused got to

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