

A fitness instructor with long blonde hair, wearing a black tank top and leggings, is assisting three female clients in a gym. The clients are in a plank position on a green artificial turf floor. The instructor is standing behind the middle client, adjusting her back. The clients are holding orange kettlebells under their hands. In the background, there is a large window and a black bar across the room.

Personal Training Redefined: Vogue Fitness Abu Dhabi's Path to Success

Success In Personal Training

Chao Zhang



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