



# The Best Vasilopita Recipe

**KJ Lindholm-Leary**



## **The Best Vasilopita Recipe:**

*Gluten-free Mediterranean* Helen Tzouganatos, 2023-02-28 Growing up in Sydney's multicultural inner west I was surrounded by migrants from various countries spanning the Mediterranean My Lebanese neighbours taught me the secret to the best mejadra the Cypriots across the road introduced me to koupes and haloumi bread and my mother would exchange Greek syrupy sweets for pistachio biscotti and olive and rosemary focaccia with the Italians down the street More a way of life than a diet the Mediterranean style of eating is embraced around the world for its simplicity health benefits and downright deliciousness Now you can enjoy all your favourite dishes from Greece Italy Spain Lebanon and more minus the gluten Helen Tzouganatos host of SBS Food's Loving Gluten Free shows you just how simple it is to cook delicious gluten free versions of Mediterranean classics with clever ingredient swaps that not even Yiayia or Tayta will notice From the fluffiest focaccia and crispiest loukoumades to the easiest seafood paella and most decadent chocolate roulade you won't believe these family favourites are gluten free This is a specially formatted fixed layout ebook that retains the look and feel of the print book A World of Cake Krystina Castella, 2010-01-01 Opskrifter p kager og desserter fra mange forskellige kulturer

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book showcases dishes from the key regions of mainland Greece as well as the islands and introduces readers to little known spices and ingredients providing ways to track them down Of particular interest is a section on micro brewed beers regional wines and different ouzos Also included is an overview of the Hellenic detailing the culinary history and culture of provincial and mainland Greece

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