

# TNPSC GROUP IV

## மாதிரி வினா விடை 1

- 15வது நிதிக்குழுவின் காலம்  
a) 01-04-2020-31-03-2025 b) 01-04-2015-31-03-2020  
c) 01-04-2010-31-03-2015 d) 01-04-2015-31-03-2030
- 2019இல் தடைபெற்றது எத்தனையாவது மக்களவைத் தேர்தல்  
a) 15 b) 16 c) 17 d) 18
- காந்தி அமைதி விருது வழங்கப்பட்டதில் கீழ்க்கண்டவற்றில் எவ்வளவு இளைஞர் எது?  
1. 2015- விமலாஜாந்திர கேத்திரா, கன்னியாகுமரி  
2. 2016- அட்சய மாத்வி மய்கிடோன் மற்றும் கல்யாணி இளையசேனா  
3. 2017- கல்யாணி அருங்கட்டை  
4. 2018- மோகி சசுவா  
a) 1, 2 மற்றும் b) 2, 3 மற்றும் c) 1, 2, 3 மற்றும் d) அனைத்தும் சரி
- சி-விஜிஸ் என்ற சொது கீழ்க்கண்ட எதுவுடன் தொடர்புடையது?  
a) தேர்தல் ஆணையர் b) CVC c) நிதி ஆய்வகம் d) CBI
- தேர்தலில் பங்கெடுத்தவரும் அதிபர் இவ்வளவு காலமாக உள்நாட்டு வெளியுறியும்  
a) வெள்ளி ஆண்டோடு b) செட்டாசியம் ஆண்டோடு  
c) காரிய ஆண்டோடு d) ஆறுமுகியம் ஆண்டோடு
- சிமோஸ் அமைதி விருது எந்த ஆண்டு முதல் வழங்கப்படுகிறது?  
a) 1980 b) 1990 c) 2000 d) 2010
- இந்தியாவின் முதல்முதலாக எந்த மாநிலத்தில் எம்.எல்.ஏ. பெற்ற வெற்றி செல்லாத என்று அறிவிக்கப்பட்டது?  
a) தமிழ்நாடு b) ஆந்திரா c) உத்திரப்பிரதேசம் d) மேல்
- இந்தியா முழுவதும் அல்லா உதவிக்களை உருவாக்கப்பட்டுள்ள ஓபிஎன் எண்?  
a) 108 b) 1098 c) 112 d) 911
- மத்திய அரசின் உதவிகளுக்கான ரூ.8000/- நிதியுதவியை திட்டம் கீழ்க்கண்ட எந்த மாநிலத்தில் துவங்கப்பட்டது?  
a) மத்திய பிரதேசம் b) உத்திரப்பிரதேசம்  
c) மேல் d) தெலுங்கானா
- தேர்தல் ஆணையரின் தற்போது இடம்பெற்றதன் பார்?  
a) கல்யாணி அருங்கட்டை b) கல்யாணி அருங்கட்டை  
c) அருங்கட்டை d) கல்யாணி அருங்கட்டை

11. மோட்சி மீட்டிப் படைவீரன் தலைவர்  
a) ஜனாதிபதி b) பிரதமர் c) ஆளுநர் d) மக்களவை  
சபையுறுவர்
12. கந்திதே மாத் கல்யாணி எவ்வளவு இளைஞரும் தலைவர் எவ்வளவு?  
a) கல்யாணி-மேல் b) கல்யாணி- கல்யாணி  
c) கல்யாணி- கல்யாணி d) கல்யாணி- ஆந்திரா
13. தற்போதைய மோட்சி அமைதி அமைதி  
a) கல்யாணி அருங்கட்டை b) தற்போது கல்யாணி  
c) தற்போது கல்யாணி d) தற்போது கல்யாணி
14. தற்போது மோட்சி அமைதி அமைதி அமைதி  
a) தற்போது கல்யாணி b) தற்போது கல்யாணி  
c) தற்போது கல்யாணி d) தற்போது கல்யாணி
15. கல்யாணி திட்டத்தில் மோட்சி அமைதி திட்டத்தில் 3 இந்திய கல்யாணி  
கல்யாணி கல்யாணி அமைதி அமைதி கல்யாணி  
a) 15 திட்டம் b) 20 திட்டம் c) 40 திட்டம் d) 90 திட்டம்
16. மோட்சி அமைதி திட்டம் தற்போது திட்டம்  
a) ஆகஸ்ட் 28, 2014 b) ஆகஸ்ட் 15, 2014 c) ஆகஸ்ட் 28, 2015 d) ஆகஸ்ட் 15, 2016
17. கல்யாணி கல்யாணி அமைதி அமைதி அமைதி  
a) கல்யாணி b) கல்யாணி c) கல்யாணி d)  
கல்யாணி
18. அமைதி அமைதி அமைதி அமைதி அமைதி  
a) 06-03-2019 b) 06-02-2019 c) 28-02-2019  
d) 24-02-2019
19. முதல் மோட்சி அமைதி அமைதி  
a) அமைதி அமைதி b) கல்யாணி c) கல்யாணி d)  
கல்யாணி
20. தற்போது தற்போது தற்போது தற்போது தற்போது  
a) இந்தியா b) அமைதி c) கல்யாணி d) கல்யாணி

வினாக்கள்

1-a, 2-c, 3-a, 4-d, 5-a, 6-b, 7-a, 8-c, 9-bb, 10-d, 11-b, 12-b, 13-a, 14-d, 15-a,  
16-a, 17-a, 18-a, 19-a, 20-a

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# Tnpsc Group 4 Model Question Paper With Answers

**Robert R. Redfield**



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web followed when building the content of sets and the practice the steps outlined below are appropriate for the sets and how those sets fit into the total time frame of a training session will be suggested four usrpt sets for four sessions and two sets per session for the remainder if the swimmers are judged to be adapting well increase

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web usrpt set per session 9 years four sessions per week emphasizing fun and technique two usrpt sets for two sessions and one for each of the other two sessions 10 years five sessions per week emphasizing skills technique and fun two usrpt sets for two sessions and one for each of the other three sessions

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web two example sets are 112 x 25 fs at 200 pace on 30 seconds and within the usrpt set failed and recovery repetitions do not contribute to the total yardage at race pace but successful repetitions after a failed and recovery repetition do silverman 1996 summarized very useful guidelines for developing skilled behaviors within

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web jan 23 2020 type in the sets and intervals and then log it for free warm up 1 x 200 freestyle 8 x 25 kick optional try to keep your full body underwater as you kick breathing every few seconds main set 3x times 4 x 25 freestyle 1 x 50 freestyle cool down 6 x 25 freestyle related 4 week usrpt training plan

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