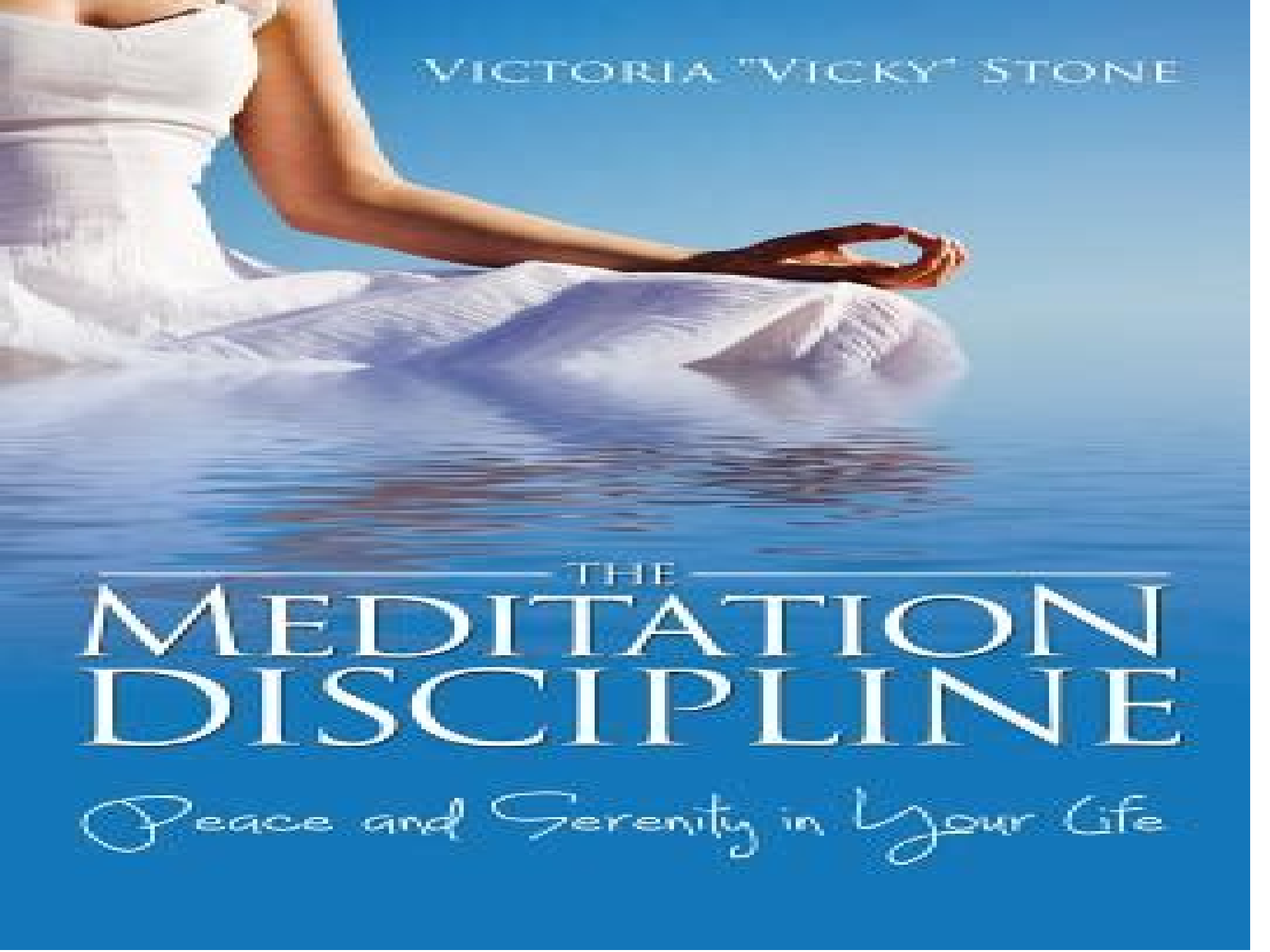


A woman in a white dress is shown from the waist down, sitting in a meditative pose on a large, light-colored rock. Her legs are crossed, and her hands are resting on her knees in a mudra. The rock is situated in a body of water, and the background is a clear blue sky. The overall mood is peaceful and serene.

VICTORIA "VICKY" STONE

THE
MEDITATION
DISCIPLINE

Peace and Serenity in Your Life

The Meditation Discipline Peace And Serenity In Your Life

DJ Losen



The Meditation Discipline Peace And Serenity In Your Life:

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