

ASSESSMENT

Timed Up & Go (TUG)

Purpose: To assess mobility

Equipment: A stopwatch

Directions: Patients wear their regular footwear and can use a walking aid, if needed. Begin by having the patient sit back in a standard arm chair and identify a line 3 meters, or 10 feet away, on the floor.

① Instruct the patient:

When I say "Go," I want you to:

1. Stand up from the chair.
2. Walk to the line on the floor at your normal pace.
3. Turn.
4. Walk back to the chair at your normal pace.
5. Sit down again.

NOTE:

Always stay by the patient for safety.

② On the word "Go," begin timing.

③ Stop timing after patient sits back down.

④ Record time.

Time in Seconds:

Patient _____

Date _____

Time _____ ☐ AM ☐ PM

OBSERVATIONS

Observe the patient's postural stability, gait, stride length, and sway.

Check all that apply:

- ☐ Slow tentative pace
- ☐ Loss of balance
- ☐ Short strides
- ☐ Little or no arm swing
- ☐ Steadying self on walls
- ☐ Shuffling
- ☐ En bloc turning
- ☐ Not using assistive device properly

These changes may signify neurological problems that require further evaluation.

Tug Test Home Health

Kristen L. Mauk



Tug Test Home Health:

Clinical Case Studies in Home Health Care Leslie Neal-Boylan, 2011-11-22 Home health care is an important aspect of community health and a growing area of healthcare services. Clinical Case Studies in Home Health Care uses a case-based approach to provide home healthcare professionals, educators, and students with a useful tool for thoughtful, holistic care. The book begins with a thorough and accessible introduction to the principles of home health care, including a discussion of supporting theoretical frameworks and information on managing complexities, transitioning patients to home care, and preparation for the home visit. Subsequent sections are comprised entirely of case studies organized by body system. Though cases are diverse in content, each is presented in a consistent manner, incorporating relevant data about the patient and caregivers and the approach to patient care and promoting a logical approach to patient presentation. Cases also include helpful tips about reimbursement practices, cultural competence, community resources, and rehabilitation needs. *Nursing Case Studies on Improving Health-Related Quality of Life in Older Adults* Meredith Wallace Kazer, Kathy Murphy, 2015-04-13 This globally focused resource integrates sound research evidence, real-life case scenarios, and effective practical strategies to address a key health care initiative of the 21st century: optimal quality of life for older adults. Distinguished by its broad and global outlook, the book includes contributions from an international cadre of widely published scholars and is designed for easy integration into traditional nursing education curricula. The book explores the experiences of older adults at home and in acute and primary care, assisted living, nursing home, and hospice environments, and examines their needs for dealing with multiple, differentiated health, spiritual, and emotional considerations. **Out of Practice** Frederick M. Barken, 2011-04-15 Primary care medicine as we know and remember it is in crisis. While policymakers, government administrators, and the health insurance industry pay lip service to the personal relationship between physician and patient, dissatisfaction and disaffection run rampant among primary care doctors and medical students. Steer clear in order to pursue more lucrative specialties. Patients feel helpless, well aware that they are losing a valued, close connection as health care steadily becomes more transactional than relational. The thin margin, efficiency, rapid pace, and high volume demanded by the new health care economics do not work for primary care, an inherently slower, more personal, and uniquely tailored service. In *Out of Practice*, Dr. Frederick Barken juxtaposes his personal experience with the latest research on the transformations in the medical field. He offers a cool critique of the market model of medicine while vividly illustrating how the seemingly inexorable trend toward specialization in the last few decades has shifted emphasis away from what was once the foundation of medical practice. Dr. Barken addresses the complexities of modern practice: overuse of diagnostic studies, fragmentation of care, increasing reliance on an array of prescription drugs, and the practice of defensive medicine. He shows how changes in medicine, the family, and society have left physicians to deal with a wide range of geriatric issues, from limited mobility to dementia, that are not addressed by health care policy and are not entirely amenable to a physician's prescription. Indeed, Dr.

Barken contends the very survival of primary care is in jeopardy at a time when its practitioners are needed more than ever. Illustrated with case studies gleaned from more than twenty years in private practice and data from a wide range of sources, *Out of Practice* is more than a jeremiad about a broken system. Throughout, Dr. Barken offers cogent suggestions for policymakers and practitioners alike, making clear that as valuable as the latest drug or medical device may be, a successful health care system depends just as much on the doctor-patient relationship embodied by primary care medicine.

Speech and Automata in Health Care Amy Neustein, 2014-11-10 Examines various speech technologies deployed in healthcare service robots to maximize the robot's ability to interpret user input. Demonstrates how robot anthropomorphic features and etiquette in behavior promotes user positive emotions, acceptance of robots and compliance with robot requests. Analyzes how multimodal medical service robots and other cyber-physical systems can reduce mistakes and mishaps in the operating room. Evaluates various input methods for improving acceptance of robots in the older adult population. Presents case studies of cognitively and socially engaging robots in the long-term care setting for helping older adults with activities of daily living and in the pediatric setting for helping children with autism spectrum conditions and metabolic disorders. *Speech and Automata in Health Care* forges new ground by closely analyzing how three separate disciplines—speech technology, robotics, and medical/surgical assistive care—intersect with one another, resulting in an innovative way of diagnosing and treating both juvenile and adult illnesses and conditions. This includes the use of speech-enabled robotics to help the elderly population cope with common problems associated with aging caused by the diminution in their sensory, auditory, and motor capabilities. By examining the emerging nexus of speech automata and health care, the authors demonstrate the exciting potential of automata, both speech-driven and multimodal, to affect the healthcare delivery system so that it better meets the needs of the populations it serves. This book provides both empirical research findings and incisive literature reviews that demonstrate some of the more novel uses of speech-enabled and multimodal automata in the operating room, hospital ward, long-term care facility, and in the home. Studies backed by major universities, research institutes, and by EU-funded collaborative projects are debuted in this volume. This volume provides a wealth of timely material for industrial engineers, speech scientists, computational linguists, and for signal processing and intelligent systems design experts. Topics include: Spoken Interaction with Healthcare Robots; Service Robot Feature Effects on Patient Acceptance; Emotional Response Designing Embodied and Virtual Agents for the Operating Room; The Emerging Role of Robotics for Personal Health Management in the Older Adult Population; Why Input Methods for Robots that Serve the Older Adult Are Critical for Usability; Socially and Cognitively Engaging Robots in the Long-Term Care Setting; Voice-Enabled Assistive Robots for Managing Autism Spectrum Conditions; ASR and TTS for Voice-Controlled Robot Interactions in Treating Children with Metabolic Disorders.

Geriooperative Nursing Care Raelene V. Shippee-Rice, Susan J. Fetzer, Jennifer V. Long, 2012 The authors of this book share decades of geriatric perioperative nursing care experience with readers in a thorough, systematic manner. This book would be an

excellent addition to the library of any health care professional especially a perioperative nurse who provides care to older adults AORN Journal the official publication of the Association of Perioperative Registered Nurses This is a solid well thought out book The text has a clarity and focus which enhances understanding of the topics presented It is particularly notable for crisp reading and uncomplicated meaningful illustrations Kudos to the authors for presenting such a medically solid book without losing the art of nursing care or the vision of a well tended patient Nursing News This timely volume introduces geriooperative care a new model of surgical care for the elderly designed to improve surgical outcomes and prevent complications through a focus on communication and relationship centered care It is the only book to specifically address the care of older adults undergoing surgery providing practitioners with critical practical and theoretical information from the initial decision to have surgery through the first follow up visit post discharge The text includes the anatomy and physiology of aging preoperative care intraoperative and post anesthesia care postoperative care returning home risk appraisal education prevention early intervention multidisciplinary team collaboration and effective communication across all systems of care Geriooperative Nursing Care is an essential resource for students and practitioners of surgical critical acute care and geriatric nursing along with clinical and case managers The tools presented help to sustain and enhance quality nursing care for older adults considering surgery undergoing surgery and during post surgery visits Key Features Presents a comprehensive new geriooperative care model for older adults undergoing surgery Follows patient from primary to follow up care including hospital care ambulatory care emergency and elective surgery and perioperative care Applies primary secondary and tertiary care concepts to surgery Presents innovative focus on case management with new care guidelines Provides new applications in preoperative training family coaching and post operative cognitive dysfunction prevention Describes how to make quality improvements in current surgical care practices Identifies and discusses major health problems of older adults through EBP Includes case studies with discussion questions

[Study Guide for Medical-Surgical Nursing - E-Book](#) Donna D. Ignatavicius,Cherie R. Rebar,2023-10-13 This study guide provides an in depth review of the medical surgical nursing Concepts and Exemplars covered in Ignatavicius s Medical Surgical Nursing Concepts for Clinical Judgment and Collaborative Care 11th Edition and helps you develop your clinical judgment skills Corresponding to the chapters in the textbook this thoroughly updated study guide is a practical tool to help you review practice and apply medical surgical nursing concepts Traditional review questions now include exercises and item types for the Next Generation NCLEX Exam NGN to reinforce your understanding of the textbook s nursing concepts and their application to exemplar disorders Answers and rationales make it easy to improve upon any areas of weakness With this study guide you will prepare for success in class on the NGN and in medical surgical nursing practice Complete review of textbook information builds your clinical judgment skills and enhances your ability to make safe and effective clinical decisions UNIQUE Emphasis on the textbook s Concepts and Exemplar disorders highlights key medical surgical nursing concepts and how they are reflected in

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Pervasive Computing Technologies for Healthcare Dario Salvi, Pieter Van Gorp, Syed Ahmar Shah, 2024-06-03 This book constitutes the refereed proceedings of the 17th EAI International Conference on Pervasive Computing Technologies for Healthcare PervasiveHealth 2023 held in Malm Sweden during November 27 29 2023 The 29 full papers and 6 short papers were selected from 90 submissions and are organized in thematic sessions as follows Pervasive Mental Health Privacy Ethics and Regulations Datasets and Big data Processing Pervasive health for Carers Pervasive Health in Clinical Practice Remote Monitoring Patient and User Aspects Motion and rehabilitation Workshop on the Internet of Things in Health Research Posters and demos non indexed annex

Chronic Illness in Canada Joseph Osuji, 2012 Adapted from our best selling text *Chronic Illness Impact and Intervention* Eighth Edition by Pamala D Larsen and Ilene Morof Lubkin this text includes recent definitions and models of care aimed towards chronic disease management CDM currently used in Canada Canadian and global perspectives on chronic illness management are addressed throughout the text and chapters on the role of primary health care in chronic care family nursing global health and chronic illness are included to address the needs of nursing curriculum standards in Canada Key Features Chapter on complementary therapies within a Canadian health context Every chapter is updated to include Canadian content and an emphasis on global healthcare Contains theoretical and practical perspectives to address the continuing emergence of chronic illness in Canada and the world

Chronic Illness Ilene Morof Lubkin, Pamala D. Larsen, 2013 The newest edition of best selling *Chronic Illness* continues to focus on the various aspects of chronic illness that influence both patients and their families Topics include the sociological psychological ethical organizational and financial factors as well as individual and system outcomes This book is designed to teach students about the whole client or patient versus the physical status of the client with chronic illness The study questions at the end of each chapter and the case studies help the students apply the information to real life Evidence based practice references are included in almost

every chapter Canadian Clinical Nursing Skills and Techniques E-Book Shelley Cobbett, Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2019-05-21 NEW Fully revised for a Canadian classroom includes Canadian statistics references and resources protocols documentation standards delegation rules Canadian nursing best practice guidelines metric measurements and more NEW All topics skills and sample documentation conform to Canadian provincial and territorial scopes of practice and Canadian standards in nursing practice NEW Inclusion of Canadian concepts Person Centred Care Evidence Informed Practice Interprofessional Collaboration and Delegation and Care in the Community NEW Greater emphasis on cultural assessment considerations and caring for Indigenous and vulnerable populations NEW Thoroughly revised chapters reflect Canadian practice and guidelines including Emergency Preparedness and Disaster Management Palliative Care Cardiac Care Vascular Access and Infusion Therapy Oral Nutrition and Prevention of Skin Breakdown and Wound Care NEW Enhanced and updated art program includes 70 new figures Stroke Rehabilitation E-Book Glen Gillen, Dawn M. Nilsen, 2020-09-13 NEW Revised and expanded content keeps you up to date on the latest information in all areas of stroke rehabilitation NEW Updated references reflect the changes that have been made in the field NEW Assessment Appendix and Pharmacological Appendix UPDATED Resources for Educators and Students on Evolve

Nursing Interventions & Clinical Skills E-Book Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2019-01-08 Master nursing skills with this guide from the respected Perry Potter Ostendorf author team The concise coverage in *Nursing Interventions Clinical Skills 7th Edition* makes it easy to learn the skills most commonly used in everyday nursing practice Clear step by step instructions cover more than 160 basic intermediate and advanced skills from measuring body temperature to insertion of a peripheral intravenous device using evidence based concepts to improve patient safety and outcomes A streamlined visual approach makes the book easy to read and an Evolve companion website enhances learning with review questions and handy checklists for each clinical skill Coverage of more than 160 skills and interventions addresses the basic intermediate and advanced skills you'll use every day in practice Safe Patient Care Alerts highlight risks or other key information to know in performing skills so you can plan ahead at each step of nursing care Unique Using Evidence in Nursing Practice chapter provides the information needed to use evidence based care to solve clinical problems Coverage of evidence based nursing techniques includes the concept of care bundles structured practices that improve patient safety and outcomes in addition to the coverage of teach back Delegation Collaboration guidelines help you make decisions in whether to delegate a skill to unlicensed assistive personnel and indicates what key information must be shared Teach Back step shows how to evaluate the success of patient teaching so you can see whether the patient understands a task or topic or if additional teaching may be needed Recording guidelines describe what should be reported and documented after performing skills with Hand off Reporting sections listing important patient care information to include in the handoff Special Considerations indicate the additional risks or accommodations you may face when caring for pediatric

or geriatric patients as well as patients in home care settings A consistent format for nursing skills makes it easier to perform skills organized by Assessment Planning Implementation and Evaluation Media resources include skills performance checklists on the Evolve companion website and related lessons videos and interactive exercises on Nursing Skills Online NEW 2017 Infusion Nurses Society standards are included on administering IVs and on other changes in evidence based practice NEW Disaster Preparedness chapter focuses on caring for patients after biological chemical or radiation exposure NEW SBAR samples show how to quickly and effectively communicate a patient s condition in terms of Situation Background Assessment and Recommendation NEW Practice Reflections sections include a clinical scenario and questions helping you reflect on clinical and simulation experiences NEW Three Master Debriefs help you develop a better understanding of the big picture by synthesizing skill performance with overall patient care **Lubkin's Chronic Illness** Pamala D.

Larsen,2014-11-07 Lubkin s Chronic Illness Ninth Edition is an essential text for nursing students who seek to understand the various aspects of chronic illness affecting both patients and families This is the only text of it s kinds that truly addresses not only the physical aspects but the important psychosocial issues that individuals and families deal with on a daily basis The text takes an application to practice based approach by covering impact issues interventions and outcomes The Ninth Edition has been heavily revised to include updated and expanded content on the illness experience health policy uncertainty and the advanced practice nurse in chronic illness Each chapter employs a theoretical approach to the concept followed by the impact or issues of the concept nursing interventions and potential outcomes Two new chapters focused on Loss and Spirituality have also been included New to the Ninth Edition Expanded personal and real life comments from the perspective of the careg

Ambient Assisted Living Reiner Wichert,Helmut Klausing,2013-11-22 In this book leading authors in the field discuss development of Ambient Assisted Living The contributions have been chosen and invited at the 6th AAL congress Berlin It presents new technological developments which support the autonomy and independence of individuals with special needs As the technological innovation raises also social issues the book addresses micro and macro economical aspects of assistive systems and puts an additional emphasis on the ethical and legal discussion The presentation is supported by real world examples and applications **Gerontological Nursing Competencies for Care** Kristen L.

Mauk,2017-04-14 Gerontological Nursing Competencies for Care Fourth Edition focuses on caring for the elderly by employing a holistic and interdisciplinary approach The text follows the framework of the core competencies for baccalaureate nursing education published by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing This framework is structured to ensure nursing students attain the recommended knowledge to achieve the competencies necessary to provide excellent care to older adults Back cover

Documentation for Physical Therapist Practice Jacqueline A. Osborne,2015-08-03 Documentation for Physical Therapist Practice A Clinical Decision Making Approach provides the framework for successful documentation It is

synchronous with Medicare standards as well as the American Physical Therapy Association's recommendations for defensible documentation. It identifies documentation basics which can be readily applied to a broad spectrum of documentation formats including paper-based and electronic systems. This key resource skillfully explains how to document the interpretation of examination findings so that the medical record accurately reflects the evidence. In addition, the results of consultation with legal experts who specialize in physical therapy claims denials will be shared to provide current meaningful documentation instruction.

Reablement in Long-Term Care for Older People Tine Rostgaard, John Parsons, Hanne Tuntland, 2024-05-21 This book introduces reablement, a radical new integrated care approach which seeks to empower older people to regain and maintain functioning and independence.

Case Studies in Geriatric Primary Care & Multimorbidity Management Karen Dick, Terry Mahan Buttar, 2019-01-29 Awarded first place in the 2019 AJN Book of the Year Awards in the Gerontologic Nursing category, second place in the Advanced Practice Nursing category. Gain expert primary care of older adults with a case-based approach to geriatric primary care and multimorbidity management. Written by two leading academic and clinical experts in geriatric primary care. *Case Studies in Geriatric Primary Care and Multimorbidity Management* 1st Edition uses detailed Exemplar Case Studies and Practice case studies to teach you how to think like an expert geriatric clinician. Because most older adults have more than one condition when seeking care, both Exemplar and Practice Case Studies place a strong emphasis on multimorbidity management: the management of patients with a host of complex interacting conditions. To provide extensive practice in learning how to think like an expert, case studies reflect the reality that care does not necessarily begin or end in the primary care setting; cases move fluidly from primary care to acute care to inpatient rehabilitation to assisted living to long-term care. Building on foundational introductory chapters, cases also call on you to develop interprofessional collaboration skills and reflect the diversity of today's older adults in terms of age (young old to old old), gender, culture, ethnicity, sexuality, socioeconomic status, and more. As you work through both basic level and advanced Practice Case Studies, you can make extensive notes in the printed book and then go online to submit answers for grading and receive expert feedback for self-reflection. NEW Introductory unit on the core principles of caring for older adults gives you a strong foundation in the principles of geriatric primary care and multimorbidity management. NEW and UNIQUE Exceptionally detailed unfolding Exemplar Case Studies demonstrate how an expert advanced practitioner thinks clinically to provide care to older adults with multiple conditions. NEW and UNIQUE Exceptionally detailed unfolding Practice Case Studies emphasize patient diversity and multimorbidity management across healthcare settings to help you develop advanced clinical reasoning skills for geriatric primary care. NEW and UNIQUE Strong emphasis on multimorbidity management focuses on caring for older adults with multiple chronic conditions. NEW Emphasis on the continuum of care across settings reflects the reality that care does not necessarily begin or end in the primary care setting but can move from primary care to acute care to inpatient rehabilitation to assisted living to long-term

care and so forth NEW Online answer submission for grading and expert feedback for self reflection NEW Emphasis on patient diversity reflects the makeup of today's older adult population in terms of age young old to old old gender culture ethnicity sexuality socioeconomic status and more NEW Emphasis on interprofessional collaboration use Exemplar Case Studies and Practice Case Studies to allow you to demonstrate your interprofessional collaboration skills Evidence-Based Practices to Reduce Falls and Fall-Related Injuries Among Older Adults Cassandra W. Frieson, Maw Pin Tan, Marcia G. Ory, Matthew Lee Smith, 2018-09-20 Falls and fall related injuries among older adults have emerged as serious global health concerns which place a burden on individuals their families and greater society As fall incidence rates increase alongside our globally aging population fall related mortality hospitalizations and costs are reaching never seen before heights Because falls occur in clinical and community settings additional efforts are needed to understand the intrinsic and extrinsic factors that cause falls among older adults effective strategies to reduce fall related risk and the role of various professionals in interventions and efforts to prevent falls e g nurses physicians physical therapists occupational therapists health educators social workers economists policy makers As such this Research Topic sought articles that described interventions at the clinical community and or policy level to prevent falls and related risk factors Preference was given to articles related to multi factorial evidence based interventions in clinical e g hospitals long term care facilities skilled nursing facilities residential facilities and community e g senior centers recreation facilities faith based organizations settings However articles related to public health indicators and social determinants related to falls were also included based on their direct implications for evidence based interventions and best practices Clinical Nursing Skills and Techniques - E-Book Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, Nancy Laplante, 2021-03-09 Learn clinical nursing skills and prepare for success on the Next Generation NCLEX Examination Clinical Nursing Skills Techniques 10th Edition provides clear step by step guidelines to more than 200 basic intermediate and advanced skills With more than 1 200 full color illustrations a nursing process framework and a focus on evidence based practice this manual helps you learn to think critically ask the right questions at the right time and make timely decisions New to this edition are NGN style unfolding case studies preparing you for the changes to the NCLEX exam Written by respected nursing experts Anne Griffin Perry Patricia A Potter Wendy Ostendorf and Nancy Laplante this trusted text is the bestselling nursing skills book on the market Comprehensive coverage includes more than 200 basic intermediate and advanced nursing skills and procedures NEW Next Generation NCLEX NGN style unfolding case studies include answers at the back of the book providing optimal preparation for the Next Generation NCLEX Examination Rationales for each step within skills explain the why as well as the how of each skill and include citations from the current literature Clinical Decision Points alert you to key steps that affect patient outcomes and help them modify care as needed to meet individual patient needs Unique Unexpected Outcomes and Related Interventions sections highlight what might go wrong and how to appropriately intervene Clinical Debrief at the end of each chapter provides case

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