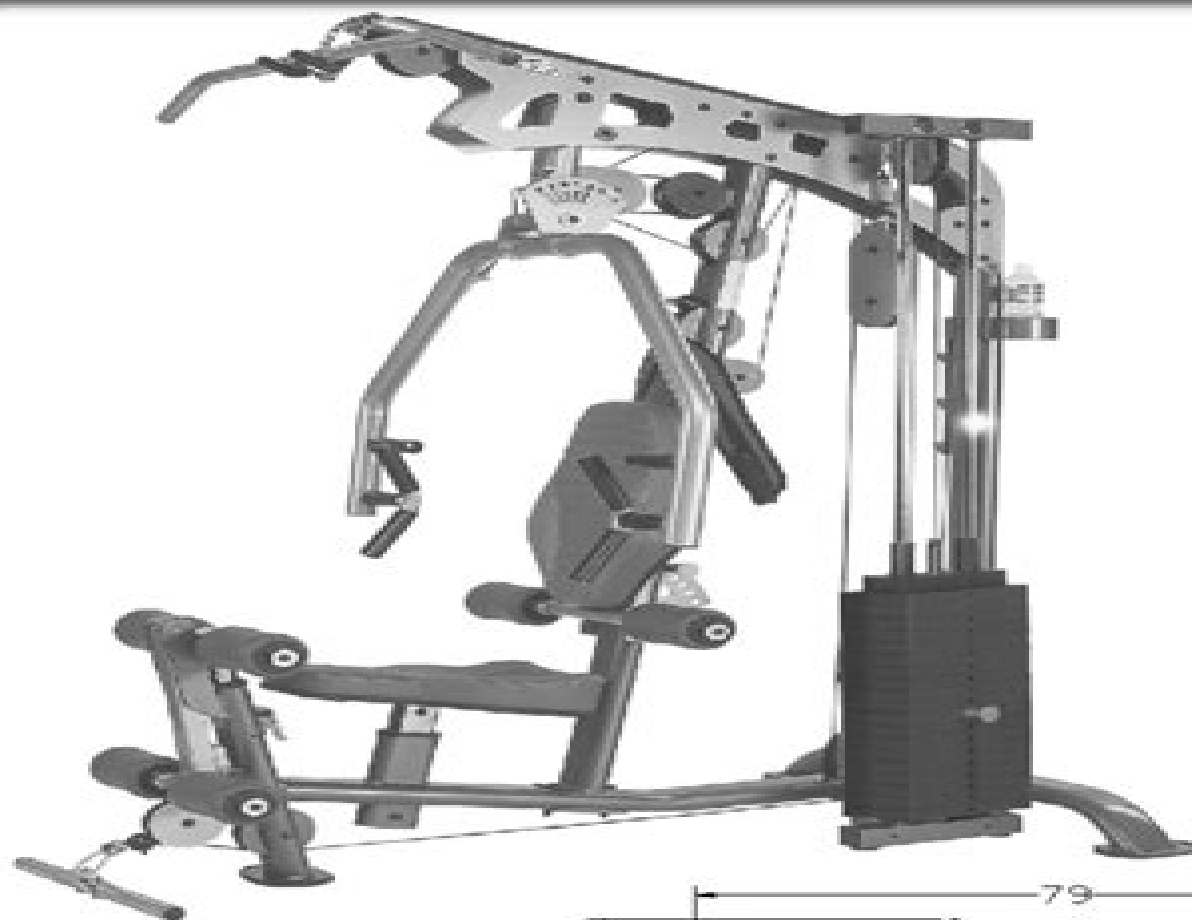


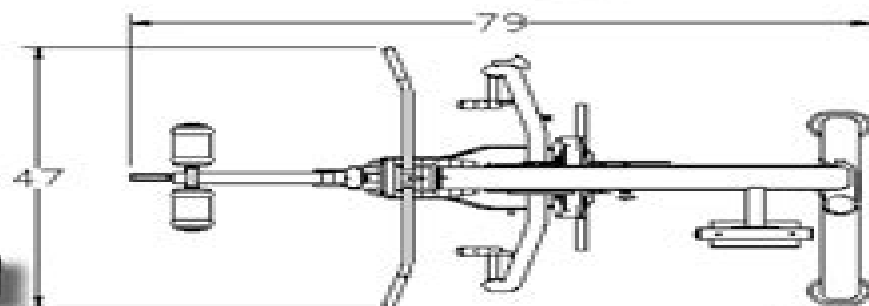
OWNER'S MANUAL



AXT-2
BASIC HOME GYM SYSTEM



AMERICA'S PREMIER EXERCISE EQUIPMENT



AXT-2
L 79" W 47" H 84"

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Model AXT-2

Tuff Stuff Oddessey Home Gym Manual

Samuel Johnson



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York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine s consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea *Gleason's Pictorial Drawing-room Companion* Maturia Murray Ballou,1857 **The Writers Directory** ,2013 **USA Today Index** ,1994 **The Publishers' Trade List Annual** ,1982 **How to Make a Home Gym** Linda J Morrison,2024-02-26 How To Make a Home Gym is a comprehensive guide that empowers individuals to transform their living space into a personal fitness haven This book provides practical advice step by step instructions and creative ideas for designing and setting up a home gym tailored to individual needs preferences and available space From selecting the right equipment to optimizing layout and maximizing functionality this guide offers insights into creating an inviting and motivating environment for achieving fitness goals conveniently at home Whether you re a beginner looking to start your fitness journey or a seasoned enthusiast seeking to elevate your workout experience How To Make a Home Gym offers the essential tools and inspiration to make your home fitness dreams a reality **Pocket Manual on Home Exercise** Narragansett Machine Co. (Providence, R.I.), *Pocket Manual on Home Exercise* Narragansett Machine Co,1887
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