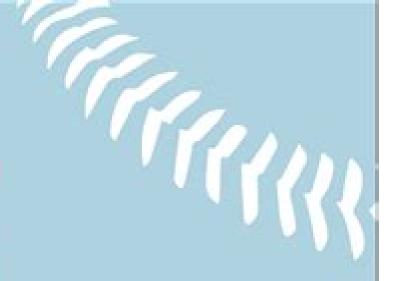
# BASEBALL STRENGTH & CONDITIONING





BY BILL MILLER

# **University Baseball Strength And Conditioning Manual**

Scott C. Dulebohn

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