
Star Guard Written Test for Lifeguard Certification

Primary Assessment - answer people who are unconscious

assess the scene

put on gloves

5 initial breaths

check for consciousness

i have an unresponsive victim, i need backup, call 911, get me a backboard and an AED

rescue breathing

check for pulse and breathing

after this it is different for each scenario - answer what are the steps for a primary assessment

hard hits on the shoulder, hey hey are you okay do you need help - answer how do you check for consciousness

breath every 5-6 seconds for adult

breath every 3-5 seconds for a child/infant - answer rescue breathing in the water: after 5 initial, how many breaths in how many seconds

workplace expectations, prevention strategy, surveillance, response and rescue, emergency care - answer The 5 star principles of being a lifeguard

communicate effectively, be safe, have fun, be prepared, be patient - answer 5 tips for effective teaching

Secondary Assessment - answer no life threatening things at the moment

Deformities

Open injuries

Tenderness

Swelling - answer what does DOTS stand for in a sec. assess.

Symptoms

Allergies

Medications

Past medical history

Last oral intake

Star Guard Lifeguard Test Answers

S Marginson



Star Guard Lifeguard Test Answers:

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