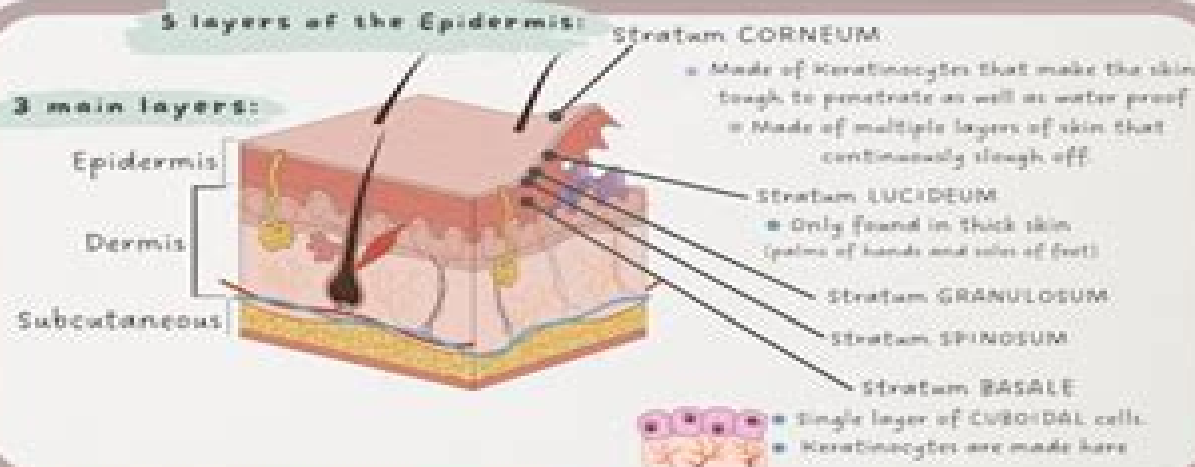


The Integumentary System

▶ The main functions of the Integumentary system includes, protecting the body from infection, protecting against dehydration, regulating body temperature, storing fat needed for energy, providing sensory input and synthesising vitamin D.



3 layers of the Skin

The Skin is made up of 3 main layers, the Epidermis, the Dermis (Corneum) and the Subcutaneous fascia (Hypodermis)

The Epidermis

- ▶ The Epidermis is the layer of skin exposed to the environment, the skin we can see.
- ▶ Contains NO blood vessels (AVASCULAR).
- ▶ The EPIDERMIS has 5 sublayers, referred to as "STRATA":

The Stratum CORNEUM (the most outer layer)

Stratum LUCIDUM

Stratum GRANULOSUM

Stratum SPINOSUM

Stratum BASALE (most inner layer, closest to the Dermal layer)

The cells on the Stratum Corneum are FLAT, SCALY, KERATINIZED (Hard) STRATIFIED SQUAMOUS EPITHELIAL type CELLS.

Skin cells on this top layer are constantly being shed.

Here is a mnemonic to remember the layers of the skin:

Come
Let's
Get
Sun
burned



Skin And The Integumentary System Study Guide

Brigitte Niedzwiecki, Julie Pepper



Skin And The Integumentary System Study Guide:

Study Guide for Introduction to Human Anatomy and Physiology - E-Book - Revised Reprints Lois A Ball, 2016-11-15 Study Guide for Introduction to Human Anatomy and Physiology E Book Revised Reprints **Study Guide for The Human Body in Health & Disease - E-Book** Kevin T. Patton, Frank B. Bell, Terry Thompson, Peggie L. Williamson, Eric L. Sun, 2023-03-02 Reinforce your understanding of the concepts in Patton's *The Human Body in Health & Disease* Corresponding to the chapters in the text this study guide reviews essential medical terminology concepts and processes related to anatomy and physiology and explains how body systems function in health and disease Each chapter begins with a quick synopsis of the key points in the textbook chapter A variety of exercises make it easier to review and apply key concepts and labeling of anatomy drawings helps in learning anatomical terms and structures Know your Medical Terms feature helps familiarize you with the various word parts used in medical terminology and pairs nicely with the Language of Medicine word lists in the main text to reinforce medical terminology concepts that are key to understanding A P Brief synopsis of core textbook concepts provides a comprehensive review of essential content Crossword Puzzles and Word Finds help you master new vocabulary terms Application Questions ask you to make judgments based on the information in the chapter Diagrams and labeling exercises help reinforce where the structures of the body are located Matching and fill in the blank exercises aid in understanding chapter content Answers to exercises are provided in the back of the guide along with references to the appropriate textbook page and the textbook objective so that you can easily find where the material is presented Study tips in the Preface provide an overview of the most effective methods for learning and retaining information *NURSING: The Ultimate Study Guide* Nadia R. Singh, 2011-11-17 Print CourseSmart **Study Guide for Introduction to Human Anatomy and Physiology** Lois A. Ball, 2015-10-13 Ball's Study Guide for Introduction to Human Anatomy and Physiology 4th Edition is a comprehensive learning tool designed to help you better understand the terminology and concepts presented in Solomon's text Its Table of Contents mirrors that of the text's and its new matching exercises and jumble games fill in the blank study questions labeling exercises crossword puzzles and more give you a fun way to test your mastery of the material Updated with new content and art this engaging Study Guide provides you with the tools you need to learn the language of anatomy and physiology Labeling exercises consisting of art from the textbook reinforce understanding of where the structures of the body are located Multiple choice end of chapter tests immediately let you know if you have mastered the content of that chapter and better prepare you for multiple choice quizzes and exams in class Chapter outlines and learning objectives from the textbook highlight essential content and the objectives you should master before beginning the exercises Crossword puzzle activities encourage the use of new vocabulary words and emphasize the proper spelling of terms Fill in the blank exercises help you master and retain information in a fun and engaging way Answers to exercises on Evolve so you can use this Study Guide to test your knowledge NEW All new matching

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