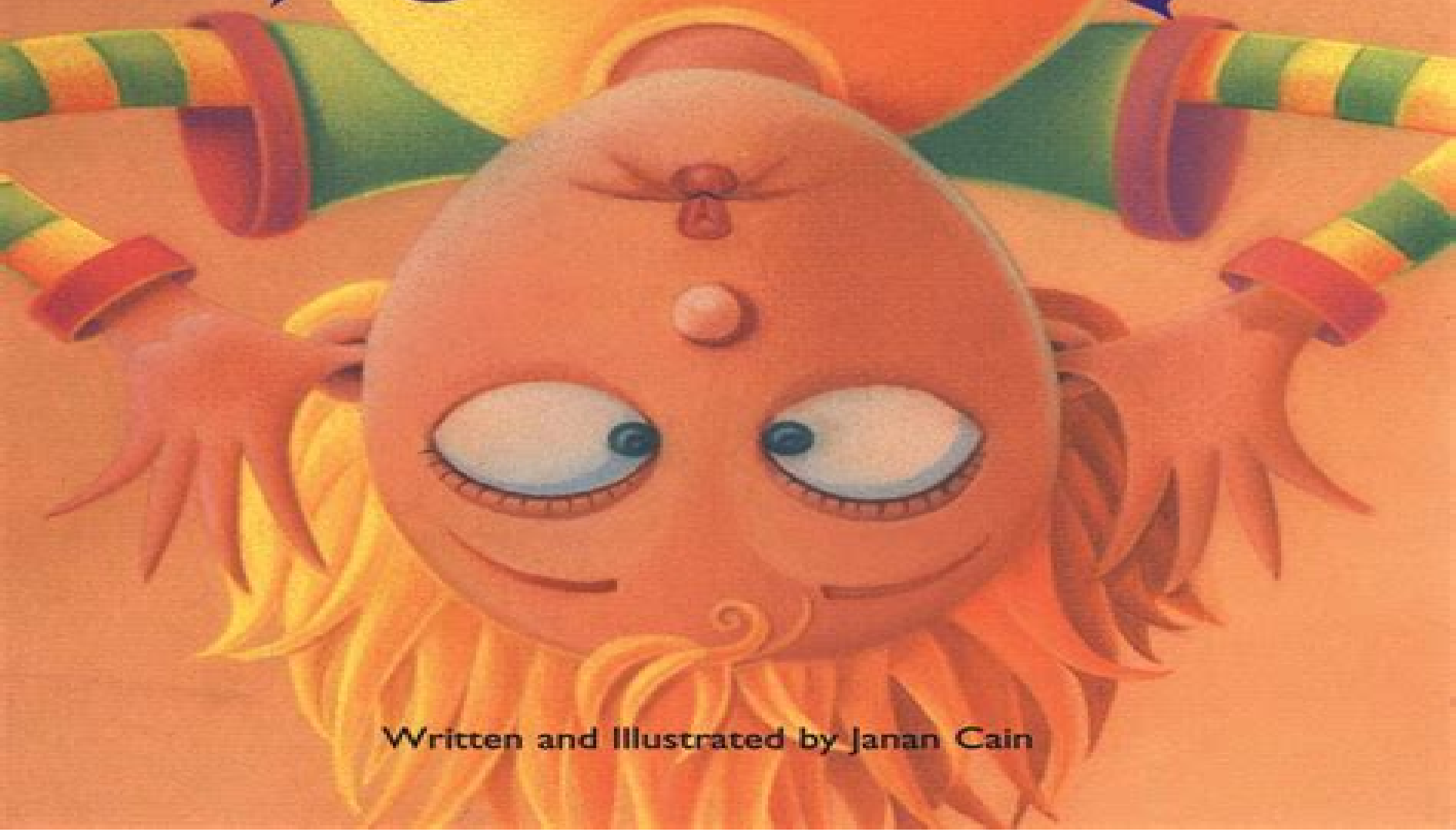


# The Way I Feel



Written and Illustrated by Janan Cain

# Way I Feel Janan Cain

**Elsa Soto Leggett, Jennifer N. Boswell**



### **Way I Feel Janan Cain:**

*The Way I Feel Too* Janan Cain, 2023-05-09 Children experience complex emotions just like adults Helping children identify and express their feelings in a positive manner is important for their social emotional learning developing empathy and building resilience Feelings are neither good nor bad they simply are Kids need words to name their feelings just as they need words to name all things in their world Building on the phenomenal success of author and illustrator Janan Cain's original title *The Way I Feel Too* features more feelings with the same strong colorful and expressive images and simple verses to help children connect the word and the emotion Children learn useful words giving parents teachers and caregivers many chances to open conversations about what's going on in their child's life Recommended by parents teachers and mental health professionals *The Way I Feel Too* is a valuable addition to anyone's library **The Way I Feel**, 2000 Illustrations and rhyming text portray children experiencing a range of emotions including frustration shyness jealousy and pride

**Stressed Out!** Mary Anne Richey, James W. Forgan, 2021-09-23 *Stressed Out Solutions to Help Your Child Manage and Overcome Stress* is an easy to read guide for parents to help their children understand stress its effects on kids day to day lives and how to handle it The book suggests stress management solutions that can be implemented by even the busiest parents and kids focusing on a variety of common stressful situations that are grouped according to three categories school family or environmental Strategies include sample dialogues parents can use in conversation with their child and activities to help children gain insight and understanding into the nature of their stress such as worksheets role play scenarios or children's stories Designed for maximum accessibility parents and their children can immediately apply and reinforce the solutions Inherent in each chapter is the underlying understanding that stress in children is very individual and solutions need to be individualized to fit the circumstances and personality of each child 2018 NAGC Book of the Year Award Winner

**Growing Community Health Literacy through Libraries** Prudence W. Dalrymple, Brian Galvin, 2020-08-24 The capacity to understand and communicate health information is a major international health concern Sponsored by the Health and Biosciences Section of International Federation of Library Associations this book highlights the contribution that librarians are making to improving health literacy and enabling citizens to be active participants in the management of their own health Knowledge is power and the World Health Organization recognizes that health literacy involving effective access to and understanding of health information is essential to health and well being in society by empowering and enabling citizens to participate in their own healthcare The book presents inspiring studies from an international group of authors showing how libraries and librarians are partnering with diverse sectors of society including universities hospitals public health clinics community based organisations voluntary bodies and government agencies to help citizens understand and manage their health It provides guidance by example to suggest how libraries can help citizens participate in their healthcare and their communities by collaborating with others to increase health literacy in society **Embracing Alternatives to**

**Homework in Early Childhood** Angela Eckhoff, 2022-07-08 Providing readers with a robust practical understanding of how young children build knowledge this book offers a critical examination of the ways traditional homework fails young children and how alternatives can better build collaborative engagement with families while supporting learning across all content areas Grounded in culturally sustaining practices the first section breaks down the pedagogies that support deep learning while later chapters emphasize the role of critical and creative thinking project based learning and student choice in the development of engaging personally relevant home learning experiences Embracing Alternatives to Homework in Early Childhood is a critical text for anyone seeking to reimagine homework practices as both equitable and agency building in PreK 3

*Working It Out!* Rosalyn Falcon Collier, 2007

**Talking with Your Toddler** Teresa Laikko, Laura Laikko, 2016-08-09 A HANDY PARENT S GUIDE THAT TURNS PROFESSIONAL LANGUAGE DEVELOPMENT INTO CHILD S PLAY Are you concerned that your child is not verbalizing The solution may be as simple as a game Talking with Your Toddler teaches you how to stimulate speech using everyday play It makes learning to talk fun and engaging for your child With proven therapies and easy to follow activities Talking with Your Toddler makes an ideal home companion Tips to promote talking throughout the day Hands on games that teach new words Tricks for turning drive time into talk time Fun ways to promote further practice Techniques for keeping kids engaged Written by experienced speech professionals this book s straightforward approach is equally useful for parents at home teachers in the classroom or therapists in a clinic

**Yoga for Children** Lisa Flynn, 2023-05-16 Help your kids de stress and get healthy Yoga for Children will encourage your child to learn about yoga with an attentive at home instructor you Even if you are new to the practice author mom and children s yoga expert Lisa Flynn will guide you and your child through more than 200 yoga poses meditations and activities that are suitable for children between the ages of two and twelve Complete with full color photographs instructional scripts and pose modifications Yoga for Children will help build your child s confidence self awareness and focus while strengthening your connection one yoga session at a time

*Of Primary Importance* Ann M. Corgill, 2023-10-10 From the first chapter of Ann Marie Corgills *Of Primary Importance* What s Essential in Teaching Young Writers you experience the swirling energy the sights and the sounds of a primary classroom Forming the heart of the book are detailed units of study on poetry nonfiction and fiction writing that provide a clear demonstration of the writing workshop process at work throughout a school year You ll also find examples of favorite texts for teaching various craft components ideas for classroom organization and where to purchase materials suggestions for publishing student work lists of professional resources and most importantly inspiring examples of what children who are empowered to write can and will write *Of Primary Importance* is not a how to manual as much as it is a celebration of the idiosyncratic journey of teaching young children to write If you are a grade one through grade three teacher struggling to get your students writing well if you want to push your writing workshop to new dimensions or if you are just plain skeptical that primary kids can write something beyond I love my mom I love my dog The

end this book is for you You will come away inspired challenged supported and wiser in your classroom writing instruction

*Come and Play Aerial Cross*,2010-10-19 Early intervention is vital in addressing and redirecting play challenges in young children Each of five common play challenges children who roam playrooms play repetitiously appear anxious are detached or are rejected by peers are highlighted Also included are sensory integration ideas and activities to promote positive and productive play

**Building Essential Vocabulary** Sherrill B. Flora, M.S.,2005-04-01 Educators working with young children are experiencing a significant increase in the number of English Language Learners ELL enrolled in their classrooms All of the activities provided in this book are effective for all children whether they are learning a first second or even a third language All the photo cards games and activities are meant to provide exciting entertaining and purposeful experiences that will increase vocabulary and the awareness of concepts that are required for effective communication P 4 of cover

**Building Essential Vocabulary, Ages 4 - 9** Flora,2010-05-18 Facilitate a love of language in children of all ages with Building Essential Vocabulary This 96 page book includes more than 400 reproducible photo cards games puzzles and activities that provide vocabulary instruction The activities cover themes such as actions colors shapes clothing food everyday objects school tools people careers toys and family This book is great for classroom activities as well as study and practice at home The book supports NCTE NAEYC and NCTM standards

*Puppet Play Therapy* Athena A. Drewes,Charles E. Schaefer,2017-11-14 Puppet Play Therapy is a comprehensive guidebook that describes the basic skills techniques and applications for selecting and working with puppets in specific types of settings and populations Written by preeminent voices in the field chapters offer invaluable guidance on selecting using and assessing puppet based therapeutic interventions Both beginning and experienced clinicians will also appreciate the inclusion of practical step by step approaches and reproducible handouts that will aid them in their puppet play therapy sessions

**Strong Families, Strong Kids** Robert Front,2025-06-24 In a world reshaped by the pandemic families face unique challenges that test their resilience and cohesion Strong Families Strong Kids is a transformative guide designed to empower parents and nurture children s confidence through proven strategies This book offers age appropriate activities that teach essential coping skills maintain routines of stability and instill a sense of hope amidst chaos Readers will discover positive discipline techniques that promote independence while steering clear of punitive methods With an innovative approach this guide combines emotional coaching and practical habits such as bedtime rituals that foster security and a family gratitude practice to cultivate optimism Unlock the potential of your family in these uncertain times and learn how to build a resilient foundation for your children s future

**Directive Play Therapy** Elsa Soto Leggett,Jennifer N. Boswell,2016-10-26 Structured therapist led approaches to play therapy are becoming increasingly popular due to their time limited nature and efficacy for such specific disorders as trauma and attachment issues This is the first book to provide comprehensive coverage of numerous directive play therapy techniques and interventions that are empirically validated and can be adapted for use in clinical school group and family

settings Designed for both students and practitioners the text addresses the theoretical bases for these approaches and provides in depth practical guidance for their use The book describes how directive play therapies differ from nondirective therapies and illustrates best practices in using directive techniques It examines such diverse approaches as cognitive behavioral solution focused sensorimotor and the use of creative arts in play therapy Each approach is covered in terms of its theoretical foundation research basis specific techniques for practice and a case example The text describes how to adapt directive play therapy techniques for use in various contexts such as with families in groups and in schools Helpful templates for treatment planning and case documentation are also included making the book a valuable resource for both training courses and practicing professionals in play therapy clinical mental health counseling child counseling school counseling child and family social work marriage and family therapy and clinical child psychology

**Key Features** Delivers step by step guidance for using directive play therapy techniques the first book to do so Addresses theoretical basis research support and practical techniques for a diverse range of therapies Covers varied settings and contexts including school clinical group and family settings Includes case studies Provides templates for treatment planning and case documentation

**Child-Parent Relationship Therapy (CPRT) Treatment Manual** Sue C. Bratton, Garry L. Landreth, 2019-08-28 This newly expanded and revised edition of the Child Parent Relationship Therapy CPRT Treatment Manual is the essential companion to the second edition of Child Parent Relationship Therapy CPRT The second edition is updated to include four new CPRT treatment protocols and parent notebooks adapted for specific populations parents of toddlers parents of preadolescents adoptive families and the teacher student relationship along with the revised original CPRT protocol and parent notebook for ages 3 10 This manual provides the CPRT filial therapist a comprehensive framework for conducting CPRT Included are detailed outlines teaching aides activities and resources for each of the 10 sessions The manual is divided into two major sections Therapist Protocol and Parent Notebook and contains a comprehensive CPRT Training Resources section along with an index to the accompanying Companion Website The accompanying Companion Website contains all necessary and supplemental training materials in a format that allows for ease of reproduction and enhanced usability including the following CPRT Protocol Ages 3 to 10 and Parent Notebook Toddler Adapted CPRT Protocol and Parent Notebook Preadolescent Adapted CPRT Protocol and Parent Notebook Adoptive Families Adapted CPRT Protocol and Parent Notebook Teacher Student Adapted Protocol and Teacher Notebook Therapist Study Guide Training Resources Teaching Aides and Supplemental Materials Marketing Materials Assessments Drawing on their extensive experience as professional play therapists and filial therapists Bratton and Landreth apply the principles of CCPT and CPRT in this easy to follow protocol for practitioners to successfully implement the evidence based CPRT model By using this manual and the accompanying Companion Website in conjunction with the CPRT text filial therapists will have a complete package for training parents in CCPT skills to act as therapeutic agents with their own children

**The Inclusive Learning Center Book** Christy Isbell, Rebecca T. Isbell, 2005

The Inclusive Learning Center Book is designed for teachers and directors who work with all young children including those with special needs Offering both traditional and unique centers the plans for each center include learning objectives letters to parents layout vocabulary props activities and literacy connections The final section has assessment and evaluation tools The activities in the 31 learning centers include ways to adapt each center for children with a variety of special needs such as physical challenges speech and language problems developmental and or cognitive delays behavioral challenges visual challenges and autism spectrum disorder

**Write From the Beginning, Grades K-5** Rebecca G. Harper, 2025-02-20

Discover engaging lessons to transform your elementary writing instruction While we sometimes perceive that our students aren't ready to write every student brings literacy experiences from their home and family lives that can be leveraged to create meaningful writing experiences in the first days of school Write From the Beginning Grades K-5 empowers educators to cultivate a vibrant writing culture in their classrooms where students can find their voices and flourish as confident writers Getting better at any skill requires practice to gain experience This rich resource offers opportunities for daily writing that easily embed in your ELA block helping you save on prep time and build your students literacy foundations Through a collection of 43 meticulously crafted lessons Rebecca G Harper melds standards based instruction with innovative writing strategies guiding young learners to explore the art of crafting sentences storytelling writing persuasively and finding their voice as a writer Designed to engage students in joyful and meaningful writing activities this book Transforms writing into a real world activity for students providing an authentic and relevant view of the complex writing process Offers adaptable lessons that align with developmental stages and instructional goals to meet students where they are in their writing journey Highlights the significance of digital literacy in today's world and how it can be incorporated into the classroom Includes student samples downloadable resources mentor texts and lesson plan extensions for easy implementation With a focus on the characteristics of skilled writing rather than rigid genres this book is a versatile resource that enriches any curriculum or writing instruction model Dive into Write From the Beginning Grades K-5 and watch your students writing skills blossom with creativity and confidence

*Seeing Red* Jennifer Simmonds, 2014-07-01

A unique proven approach to anger management for elementary and middle school aged children Anger is a natural human emotion but if it isn't managed properly its effects can be devastating Seeing Red is a curriculum designed to help elementary and middle school aged students better understand their anger so they can make healthy and successful choices and build strong relationships This completely revised and updated edition includes a comprehensive anti bullying component complete with cutting edge material specific to cyber bullying and social media Designed especially for use with small groups Seeing Red enables participants to learn from and empower one another Its unique group process helps children and teens build important developmental objectives such as leadership skills taking initiative presenting in front of the group social skills taking turns active listening and building self esteem problem solving interacting with peers Key concepts and activities

include Spotting anger triggers and taking responsibility for mistakes Finding healthy ways to deal with provocation and avoiding losing control Identifying feelings learning steps to control anger and exploring consequences Facilitators will learn how to empower participants through role playing helping them to identify associated feelings and recognize negative behaviors Each session includes objectives a list of supplies background notes and preparation tasks for the leader a warm up activity an explanation of the various learning activities and a closing activity See for yourself why Seeing Red remains one of the most highly regarded resources among professionals in the field of children s anger management Seven Skills for School Success Pam Schiller,2010-02 Seven Skills for School Success Confidence Curiosity Intentionality Self Control Relating to Others Communication Cooperation What do children need to learn first Their ABCs Their numbers As it turns out the what children need to develop



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