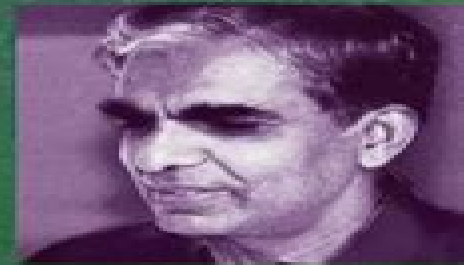
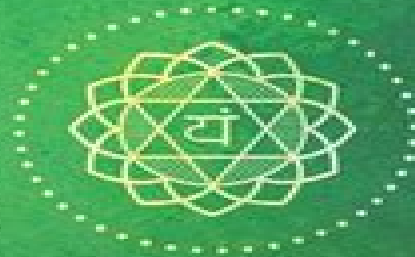


R E V I S E D E D I T I O N

T. K. V. DESIKACHAR



The Heart of Yoga

DEVELOPING

A PERSONAL

PRACTICE



The Heart Of Yoga Developing A Personal Practice

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