# The HOLLOW

Fighting Addiction with Traditional Native Healing Tree



**LM Reder** 

Hollow Tree Herb Nabigon, 2006-08-08 Before discovering native healing methods Herb Nabigon could not imagine a life without alcohol His powerful autobiography The Hollow Tree tells the story of his struggle to overcome addiction with the help of the spiritual teachings and brotherly love of his elders Nabigon had spent much of his life wrestling with self destructive impulses feelings of inferiority and resentment and alcohol abuse when Eddie Bellerose an Elder introduced him to the ancient Cree teachings With the help of healing methods drawn from the Four Sacred Directions the refuge and revitalization offered by the sweat lodge and native cultural practices such as the use of the pipe Nabigon was able to find sobriety The Hollow Tree is one person s testament to the power of indigenous culture to heal Herb Nabigon s healing journey guided him to a life of kindness honesty courage and humility Hollow Tree Nabigon Herb, 2006-08-08 Before discovering native healing methods Herb Nabigon could not imagine a life without alcohol His powerful autobiography The Hollow Tree tells the story of his struggle to overcome addiction with the help of the spiritual teachings and brotherly love of his elders Nabigon had spent much of his life wrestling with self destructive impulses feelings of inferiority and resentment and alcohol abuse when Eddie Bellerose an Elder introduced him to the ancient Cree teachings With the help of healing methods drawn from the Four Sacred Directions the refuge and revitalization offered by the sweat lodge and native cultural practices such as the use of the pipe Nabigon was able to find sobriety The Hollow Tree is one person s testament to the power of indigenous culture to heal Herb Nabigon's healing journey guided him to a life of kindness honesty courage and The Sacred in Exile Gillian McCann, Gitte Bechsgaard, 2017-09-08 This book addresses the fact that for the first humility time in history a large segment of the population in the western world is living without any form of religious belief While a number of writers have examined the implications of this shift none have approached the phenomenon from the perspective of religious studies The authors examine what has been lost from the point of view of sociology psychology and philosophy of religion The book sits at the nexus of a number of important debates including the role of religion in public life the connection between religion and physical and psychological well being and the implications of the loss of ritual in terms of maintaining communities Health and Healing in World Religions Gillian McCann, 2024-11-29 Health and Healing in World Religions is a comprehensive introduction to the field that explores the research that links spirituality and well being including work with addiction and trauma Each chapter includes an introduction to and summary of each tradition questions at the conclusion and boxes that highlight key ideas from the chapter using an example and interviews with medical professionals and other healers Health and Healing in World Religions looks at cutting edge interfaces between spirituality and health such as mindfulness practices addiction programmes indigenous approaches to healing traditional Chinese medicine yoga and Ayurveda and more The text provides an overview of the research and practice all in one place and includes extensive bibliographies and resource guides for ease of reference Health and Healing in World Religions is derived from over 20 years of teaching and research in health and healing and comes from an in depth understanding of religion and spirituality It is a vital guide to understanding cultural competency in the healing professions and the need to understand the Alcohol Problems: Practice Interventions: Oxford Bibliographies Online cultural and spiritual traditions of clients **Research Guide** Oxford University Press, 2010-05-01 This ebook is a selective guide designed to help scholars and 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Kaandossiwin, 2nd Edition Kathleen E. Absolon (Minogiizhigokwe),2022-05-31T00:00:00Z Indigenous methodologies have been silenced and obscured by the Western scientific means of knowledge production In a challenge to this colonialist rejection of Indigenous knowledge Anishinaabe re searcher Kathleen Absolon describes how Indigenous re searchers re theorize and re create methodologies Indigenous knowledge resurgence is being informed by taking a second look at how re search is grounded Absolon consciously adds an emphasis on re with a hyphen as a process of recovery of Kaandossiwin and Indigenous re search Understanding Indigenous methodologies as guided by Indigenous paradigms worldviews principles processes and contexts Absolon argues that they are wholistic relational inter relational and interdependent with Indigenous philosophies beliefs and ways of life In exploring the ways Indigenous re searchers use Indigenous methodologies within mainstream academia Kaandossiwin renders these methods visible and helps to guard other ways of knowing from colonial repression This second edition features the author's reflections on her decade of re search and teaching experience since the last edition celebrating the most common student questions concerns and revelations **Perspectives on Indigenous** Pedagogy in Education: Learning From One Another Cote-Meek, Sheila, Moeke-Pickering, Taima, 2023-07-24 As Indigenous pedagogy continues to grow in the modern educational landscape it is critical to fully understand key questions such as what Indigenous pedagogy is why Indigenous pedagogy is important and how you link Indigenous theory and practice in the classroom Further study is required to ensure Indigenous pedagogy is utilized appropriately in education

Perspectives on Indigenous Pedagogy in Education Learning From One Another explores the complexities of negotiating and integrating Indigenous pedagogies in education and presents a variety of global perspectives on Indigenous pedagogies in education Covering key topics such as collaborative learning storytelling and Indigenous experience this reference work is ideal for industry professionals administrators researchers academicians scholars practitioners instructors and students

Thou Shalt Forget: Indigenous Sovereignty, Resistance and the Production of Cultural Oblivion in Canada Pierrot Ross-Tremblay,2019-12-31 What is cultural oblivion and psychological colonialism and how are they affecting the capacity of Indigenous Peoples in Canada to actively resist systematic and territorial oppression by the state Following a decade long research project this new book by Pierrot Ross Tremblay examines the production of oblivion among his own community the Essipiunnuat or People of the Brook Shells River and the relationship between a colonial imperative to forget The book illustrates how the cultural oblivion of vulnerable minority communities is a critical human rights issue but also asks us to reflect upon both the role of the state and the local elite in creating and warping our perception and understanding of history American Indian Quarterly ,2007 American Book Publishing Record ,2007 Quill & Quire ,2006

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