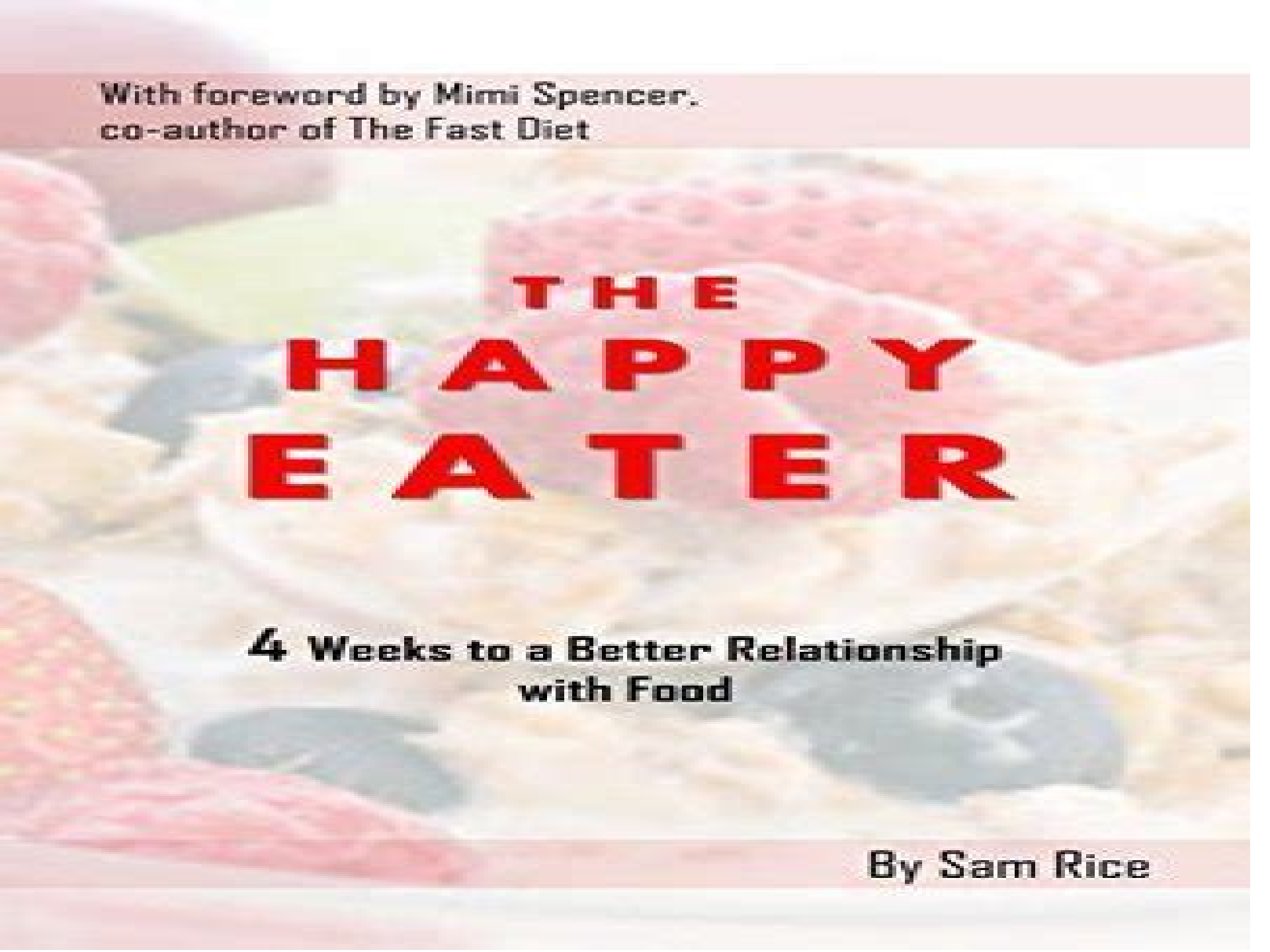




With foreword by Mimi Spencer,
co-author of The Fast Diet

THE HAPPY EATER

**4 Weeks to a Better Relationship
with Food**

By Sam Rice

The Happy Eater 4 Weeks To A Better Relationship With Food

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