

Unit 3 Study Guide

Appendicular Division:

The appendicular skeleton includes the bones of the upper extremities (arms, forearms, and hands), the pectoral (shoulder) girdle, the pelvic (hip) girdle, and the bones of the lower extremities (thigh, knee, leg, and foot). Its components are outside the body main axis.

The bones of the upper extremities are the **humerus**, **ulna**, **radius**, **carpals** (wrist bones), **metacarpals** (hand bones), and **phalanges** (finger bones). The humerus in the arm articulates with the scapula at the shoulder joint and with the ulna and radius at the elbow. The radius and ulna in the forearm articulate with the carpals at the wrist. The ulna articulates with the humerus and forms the elbow. The carpals are small, flat, irregularly shaped wrist bones. They articulate with the metacarpals in the hand. The metacarpals articulate with the phalanges.

In the pelvic girdle are two hip bones. Each coxa (hip bone) forms from fused bones. The two coxae, sacrum, and coccyx form the pelvis, a bowl-shaped cavity that supports and protects many abdominal organs. The three fused bones of each coxa are the ilium, ischium, and pubis.



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DIAGRAM OF SKELETON

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