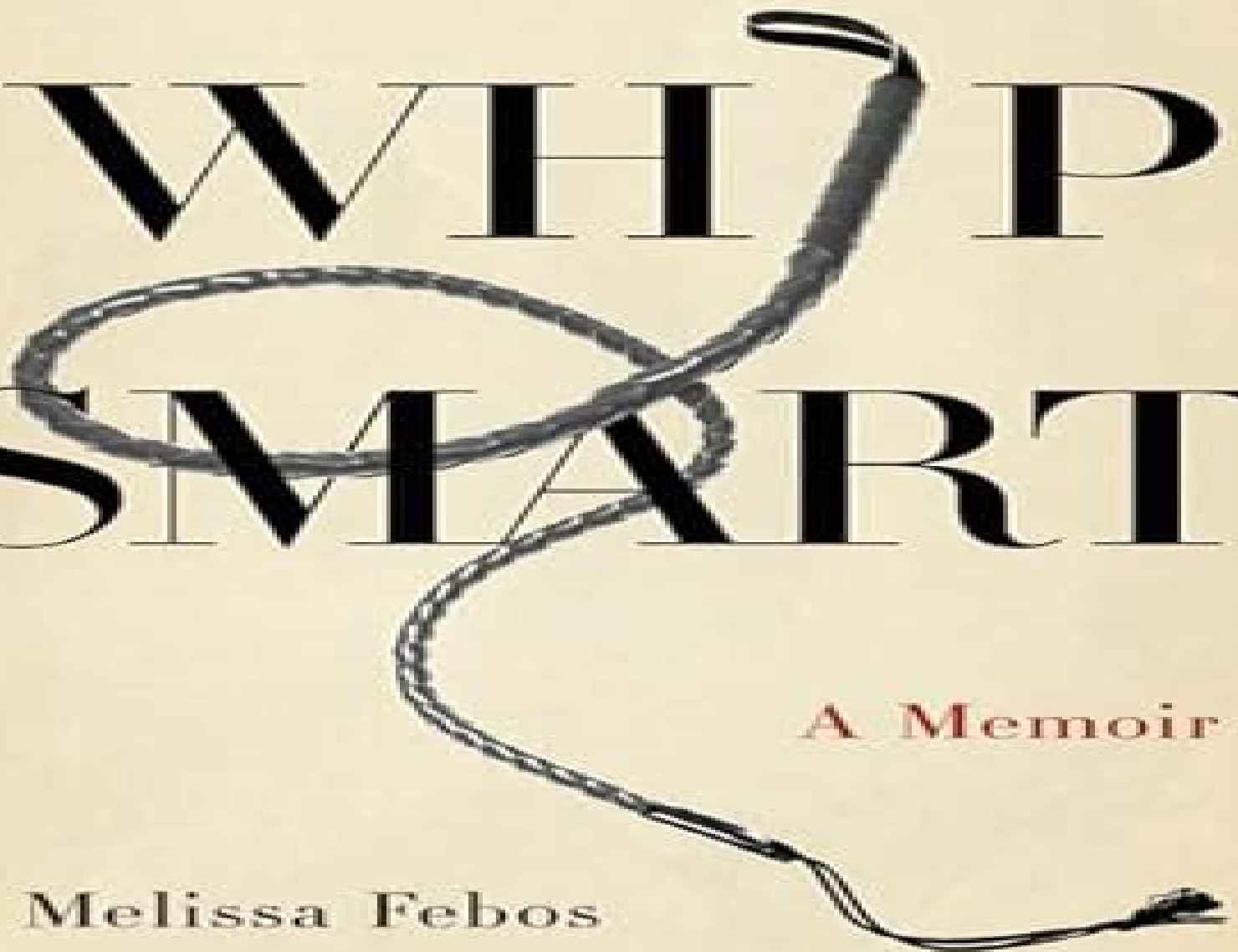


"Melissa Febos writes with lacerating wit and insight into the world of the professional dominatrix, saving the sharpest sting for herself.

An unsparing, deep, and dazzling read."

—Janice Erlbaum, author of *Girlbomb*

# WHIP SMART



A Memoir

Melissa Febos

# Whip Smart A Memoir Melissa Febos

**Jennifer Patterson**



## **Whip Smart A Memoir Melissa Febos:**

Whip Smart Melissa Febos, 2010 Whip Smart is the story of how a heroin addicted college junior with perfect grades chose to become a professional dominatrix at a top tier dungeon in Manhattan What began as an exhilarating anthropological experiment became a life changing personal journey After Febos drug addiction hit its nadir her sessions at The Dungeon of Mistress X progressed from sensual to corporal to those in which she physically submitted to her clients In sobriety she was forced to confront her very real obsessions with power and desire As a result she freed herself from her obsessions with secrecy lies and double lives and learned how to have a truly open mind and a bigger heart Whip Smart is a literary memoir that focuses on the universality of Febos experiences with addiction and sex work While the story involves many sensational situations and details the emotional experience is one that most people will relate to It doesn't romanticise or sensationalise or typify the sex worker experience or the addict experience It doesn't shy away from the intellectual and psychological questions that such an experience inspires but nor does it reach for easy armchair psych explanations Really it's a coming of age memoir a love story

Body Work Melissa Febos, 2022-03-15 AN INSTANT NATIONAL BESTSELLER Memoir meets craft master class in this daring honest psychologically insightful exploration of how we think and write about intimate experiences a must read for anybody shoving a pen across paper or staring into a screen or a past Mary Karr In this bold and exhilarating mix of memoir and master class Melissa Febos tackles the emotional psychological and physical work of writing intimately while offering an utterly fresh examination of the storyteller's life and the questions which run through it How might we go about capturing on the page the relationships that have formed us How do we write about our bodies their desires and traumas What does it mean for an author's way of writing or living to be dismissed as navel gazing or else hailed as so brave so raw And to whom in the end do our most intimate stories belong Drawing on her own path from aspiring writer to acclaimed author and writing professor via addiction and recovery sex work and academia Melissa Febos has created a captivating guide to the writing life and a brilliantly unusual exploration of subjectivity privacy and the power of divulgence Candid and inspiring Body Work will empower readers and writers alike offering ideas and occasional notes of caution to anyone who has ever hoped to see themselves in a story

Girlhood Melissa Febos, 2021-03-30 National Book Critics Circle Award Winner National Bestseller Lambda Literary Award Finalist NAMED ONE OF THE BEST BOOKS OF THE YEAR BY TIME NPR The Washington Post Kirkus Reviews Washington Independent Review of Books The Millions Electric Literature Ms Magazine Entropy Magazine Largehearted Boy Passerbuys Irreverent and original New York Times Magisterial The New Yorker An intoxicating writer The Atlantic A classic Mary Karr A true light in the dark Stephanie Danler An essential heartbreaking project Carmen Maria Machado A gripping set of stories about the forces that shape girls and the adults they become A wise and brilliant guide to transforming the self and our society In her powerful new book critically acclaimed author Melissa Febos examines the narratives women are told about what it means to be female and what it takes

to free oneself from them When her body began to change at eleven years old Febos understood immediately that her meaning to other people had changed with it By her teens she defined herself based on these perceptions and by the romantic relationships she threw herself into headlong Over time Febos increasingly questioned the stories she'd been told about herself and the habits and defenses she'd developed over years of trying to meet others' expectations The values she and so many other women had learned in girlhood did not prioritize their personal safety happiness or freedom and she set out to reframe those values and beliefs Blending investigative reporting memoir and scholarship Febos charts how she and others like her have reimagined relationships and made room for the anger grief power and pleasure women have long been taught to deny Written with Febos characteristic precision lyricism and insight *Girlhood* is a philosophical treatise an anthem for women and a searing study of the transitions into and away from girlhood toward a chosen self

**Abandon Me** Melissa Febos, 2017-02-28 Named One of the Best Books of the year by Esquire Refinery29 BookRiot Medium Electric Literature The Brooklyn Rail Largehearted Boy The Coil and The Cut Winner of the Lambda Literary Jeanne Cordova Prize for Lesbian Queer Nonfiction Finalist Lambda Literary Award for Lesbian Memoir Biography Finalist Publishing Triangle's Judy Grahn Award for Lesbian Nonfiction An Indie Next Pick A fierce and dazzling personal narrative that explores the many ways identity and art are shaped by love and loss In her critically acclaimed memoir *Whip Smart* Melissa Febos laid bare the intimate world of the professional dominatrix turning an honest examination of her life into a lyrical study of power desire and fulfillment In her dazzling *Abandon Me* Febos captures the intense bonds of love and the need for connection with family lovers and oneself First her birth father who left her with only an inheritance of addiction and Native American blood its meaning a mystery As Febos tentatively reconnects she sees how both these lineages manifest in her own life marked by compulsion and an instinct for self-erasure Meanwhile she remains closely tied to the sea captain who raised her his parenting ardent but intermittent as his work took him away for months at a time Woven throughout is the hypnotic story of an all-consuming long distance love affair with a woman marked equally by worship and withdrawal In visceral erotic prose Febos captures their mutual abandonment to passion and obsession and the terror and exhilaration of losing herself in another At once a fearlessly vulnerable memoir and an incisive investigation of art love and identity *Abandon Me* draws on childhood stories religion psychology mythology popular culture and the intimacies of one writer's life to reveal intellectual and emotional truths that feel startlingly universal

Queering Desire Róisín Ryan-Flood, Amy Tooth Murphy, 2024-04-05 *Queering Desire* explores with unprecedented interdisciplinary scope contemporary configurations of lesbian bi-queer women's and non-binary people's experiences of identity and desire Taking an intersectional feminist and trans-inclusive approach and incorporating new and established identities such as non-binary masculine of centre MOC butch and femme this collection examines how the changing landscape for gender and sexual identities impacts on queer culture in productive and transformative ways Within queer studies explorations of desire longing and eroticism have often neglected AFAB

transfeminine and non binary people s experiences Through 25 newly commissioned chapters a diverse range of authors from early career researchers to established scholars stage conversations at the cutting edge of sexuality studies Queering Desire advances our understanding of contemporary lesbian and queer desire from an inclusive perspective that is supportive of trans and non binary identities This innovative interdisciplinary collection is an excellent resource for scholars undergraduate and postgraduate students interested in gender sexuality and identity across a range of fields such as queer studies feminist theory anthropology media studies sociology psychology history and social theory In foregrounding female and non binary experiences this book constitutes a timely intervention *The Truth of Memoir* Kerry Cohen,2014-12-19

Baring the Truth in Your Memoir When you write a memoir or personal essay you dare to reveal the truths of your experience about yourself and about others in your life How do you expose long guarded secrets and discuss bad behavior How do you gracefully portray your family members friends spouses exes and children without damaging your relationships How do you balance your respect for others with your desire to tell the truth In *The Truth of Memoir* best selling memoirist Kerry Cohen provides insight and guidelines for depicting the characters who appear in your work with honesty and compassion You ll learn how to choose which details to include and which secrets to tell how to render the people in your life artfully and fully on the page and what reactions you can expect from those you include in your work as well as from readers and the media Featuring over twenty candid essays from memoirists sharing their experiences and advice as well as exercises for writing about others in your memoirs and essays *The Truth of Memoir* will give you the courage and confidence to write your story and all of its requisite characters with truth and grace Kerry Cohen s *The Truth of Memoir* is a smart soulful psychologically astute guide to first person writing She reveals everything you want to know but were afraid to ask about telling your life story Susan Shapiro author of eight books including *Only As Good as Your Word* and co author of *The Bosnia List* *The Glass Eye: A memoir* Jeannie Vanasco,2017-10-03 Brilliant As the pages fly by we re right by Vanasco breathlessly experiencing her grief mania revelations and ultimately her relief Entertainment Weekly A Poets Writers Best Nonfiction Debut of 2017 A NYLON and Newsweek Editor s Choice A Barnes Noble Discover Great Writers Pick For fans of Maggie Nelson and Meghan O Rourke Jeannie Vanasco emerges as a definitive new voice in this stunning portrait of a daughter s love for her father and her near unraveling after his death The night before her father dies eighteen year old Jeannie Vanasco promises she will write a book for him But this isn t the book she imagined *The Glass Eye* is Jeannie s struggle to honor her father her larger than life hero but also the man who named her after his daughter from a previous marriage a daughter who died After his funeral Jeannie spends the next decade in escalating mania in and out of hospitals increasingly obsessed with the other Jeanne Obsession turns to investigation as Jeannie plumbs her childhood awareness of her dead half sibling and hunts for clues into the mysterious circumstances of her death It becomes a puzzle Jeannie feels she must solve to better understand herself and her father Jeannie Vanasco pulls us into her unraveling with such intimacy that her insanity becomes

palpable even logical A brilliant exploration of the human psyche The Glass Eye deepens our definitions of love sanity grief and recovery

**Hurt and Pain** Susannah B. Mintz, 2013-12-05 Hurt and Pain Literature and the Suffering Body examines the strategies authors have used to portray bodies in pain drawing on a diverse range of literary texts from the seventeenth century to the present day Susannah B Mintz provides readings of canonical writers including John Donne Emily Dickinson and Samuel Beckett alongside contemporary writers such as Ana Castillo and Margaret Edson focusing on how pain is shaped according to the conventions and also experiments of genre poetry memoir drama and fiction With insights from disability theory and recent studies of the language of pain Mintz delivers an important corrective to our most basic fears of physical suffering revealing through literature that pain can be a source of connection compassion artistry and knowledge Not only an important investigation of authors formal and rhetorical choices Hurt and Pain reveals how capturing pain in literature can become a fundamental component of crafting human experience

Queering Sexual Violence Jennifer Patterson, 2016-04-22 Often pushed to the margins queer transgender and gender non conforming survivors have been organizing in anti violence work since the birth of the movement Queering Sexual Violence Radical Voices from Within the Anti Violence Movement locates them at the center of the anti violence movement and creates a space for their voices to be heard Moving beyond dominant narratives and the traditional violence against women framework the book is multi gendered multi racial and multi layered This thirty seven piece collection disrupts the mainstream conversations about sexual violence and connects them to disability justice sex worker rights healing justice racial justice gender self determination queer trans liberation and prison industrial complex abolition through reflections personal narrative and strategies for resistance and healing Where systems institutions families communities and partners have failed them this collection lifts them up honors a multitude of lived experiences and shares the radical work that is being done outside mainstream anti violence and the non profit industrial complex

*Kink* R.O. Kwon, Garth Greenwell, 2021-02-09 A New York Times Notable Book Kink is a groundbreaking anthology of literary short fiction exploring love and desire BDSM and interests across the sexual spectrum edited by lauded writers R O Kwon and Garth Greenwell and featuring a roster of all star contributors including Alexander Chee Roxane Gay Carmen Maria Machado and more A Most Anticipated book of 2021 as selected by Marie Claire O The Oprah Magazine Cosmopolitan Time The Millions The Advocate Autostraddle Refinery29 Shape Town we are taken to private estates therapists offices underground sex clubs and even a sex theater in early 20th century Paris While there are whips and chains sure the true power of these stories lies in their beautiful moving dispatches from across the sexual spectrum of interest and desires as portrayed by some of today s most exciting writers

*The Misfit's Manifesto* Lidia Yuknavitch, 2017-10-24 The author explores the status of being a misfit as something to be embraced and social misfits as being individuals of value who have a place in society in a work that encourages people who have had difficulty finding their way to pursue their goals

**Eat Joy** Natalie Eve Garrett, 2019-10-29 Named a Best Cookbook of the Year by Martha Stewart

Living Magnificent illustrations add spirit to recipes and heartfelt narratives Plan to buy two copies one for you and one for your best foodie friend Taste of Home This collection of intimate illustrated essays by some of America's most well regarded literary writers explores how comfort food can help us cope with dark times be it the loss of a parent the loneliness of a move or the pain of heartache Lev Grossman explains how he survived on sweet sour spicy salty unabashedly gluey General Tso's tofu after his divorce Carmen Maria Machado describes her growing pains as she learned to feed and care for herself during her twenties Claire Messud tries to understand how her mother gave up dreams of being a lawyer to make a dressed salad of tiny shrimp and avocado followed by prune stuffed pork tenderloin What makes each tale so moving is not only the deeply personal revelations from celebrated writers but also the compassion and healing behind the story the taste of hope If you've ever felt a deep emotional connection to a recipe or been comforted by food during a dark time you'll fall in love with these stories Martha Stewart Living Eat Joy is the most lovely food essay book This is the perfect gift Joy Wilson Joy the Baker

**Everyone Loves a Good Train Wreck** Eric G. Wilson, 2012-02-14 Why can't we look away Whether we admit it or not we're fascinated by evil Dark fantasies morbid curiosities Schadenfreude As conventional wisdom has it these are the symptoms of our wicked side and we succumb to them at our own peril But we're still compelled to look whenever we pass a grisly accident on the highway and there's no slaking our thirst for gory entertainments like horror movies and police procedurals What makes these spectacles so irresistible In *Everyone Loves a Good Train Wreck* the scholar Eric G. Wilson sets out to discover the source of our attraction to the caustic drawing on the findings of biologists sociologists psychologists anthropologists philosophers theologians and artists A professor of English literature and a lifelong student of the macabre Wilson believes there's something nourishing in darkness To repress death is to lose the feeling of life he writes A closeness to death discloses our most fertile energies His examples are legion and startling in their diversity Citing everything from elephant graveyards and Susan Sontag's *On Photography* to the Tiger Woods sex scandal and *Steel Magnolias* Wilson finds heartening truths wherever he confronts death In *Everyone Loves a Good Train Wreck* the perverse is never far from the sublime The result is a powerful and delightfully provocative defense of what it means to be human for better and for worse

*Burn It Down* Lilly Dancyger, 2019-10-08 A rich nuanced exploration of women's anger from a diverse group of writers Women are furious and we're not keeping it to ourselves any longer We're expected to be composed and compliant but in a world that would strip us of our rights disparage our contributions and deny us a seat at the table of authority we're no longer willing to quietly seethe behind tight smiles We're ready to burn it all down In this ferocious collection of essays twenty-two writers explore how anger has shaped their lives author of the New York Times bestseller *The Empathy Exams* Leslie Jamison confesses that she used to insist she wasn't angry until she learned that she was Melissa Febos author of the Lambda Literary Award winning memoir *Abandon Me* writes about how she discovered that anger can be an instrument of power editor in chief of *Bitch Media* Evette Dionne dismantles the angry Black woman stereotype and more

Broad ranging and cathartic *Burn It Down* is essential reading for any woman who has scorched with rage and is ready to claim her right to express it **Crux** Jean Guerrero, 2023-02-07 A daughter's quest to understand her charismatic and troubled father an immigrant who crosses borders both real and illusory between sanity and madness science and spirituality life and death now with a new afterword PEN America Literary Award Winner The kind of memoir that seems to redefine the genre Los Angeles Review of Books From renowned journalist Jean Guerrero here is the haunting story of a daughter's mission to save her father from his demons and to save herself from destruction Marco Antonio was raised in Mexico then migrated to California where he met Jean's mother Jeannette a Puerto Rican woman just out of med school Marco is a self-taught genius at building things including mythologies about himself and the hidden forces that drive us When he goes on the run Jean follows and embarks on an investigative journey between cultures and languages the earthly and the mystical truth and fiction A distinctive memoir about the search for an elusive parent *Crux* is both a riveting adventure story and a profoundly original exploration of the mysteries of our world our most intimate relationships and ourselves Guerrero writes poetically about borders as a metaphor for the boundary of identity between father and daughter and the porous connective tissues that bind them The National Book Review **The Dry Season** Melissa Febos, 2025-06-03 The award-winning author of *Girlhood* returns with a revelatory chronicle of her year of celibacy and its transformative impact on her relationships to others and to herself In the wake of a catastrophic two-year relationship Melissa Febos decided to take a break for three months she would abstain from dating and casual sex Ever since her teens she'd been in one entanglement after another As she puts it she could trace a daisy chain of romances from her adolescence to her mid-thirties And no matter where her partners identified on the gender spectrum she always instinctively molded herself to appeal to them Over those first few months she gleaned insights into her past and awoke to the joys of being single She decided to extend her celibacy not knowing it would become the most sensual and satisfying year of her life Unburdened by preoccupations that had consumed her for decades she learned to relish the delights of solitude and the thrill of living on her own terms A reckoning with lifelong patterns and dominant systems of power *The Dry Season* puts Febos's experience into conversation with those of women throughout history from Sappho to mystic nuns to Virginia Woolf situating it within a lineage of queer and feminist role models in unapologetic pursuit of their ambitions and ideals Blending intimate personal narrative and incisive cultural criticism Febos tells a story that's as much about celibacy as it is about its inverse pleasure desire fulfillment Infused with her fearless honesty and keen intellect it's the memoir of a woman learning to live at the centre of her story and a much-needed catalyst for a more radical conversation around sex and love **What My Mother and I Don't Talk About** Michele Filgate, 2019-04-30 ONE OF NPR'S BEST BOOKS OF 2019 Most Anticipated Reads of 2019 by Publishers Weekly BuzzFeed The Rumpus Lit Hub The Week and Elle.com Fifteen brilliant writers explore what we don't talk to our mothers about and how it affects us for better or for worse As an undergraduate Michele Filgate started writing an essay about being abused by

her stepfather It took her more than a decade to realize what she was actually trying to write how this affected her relationship with her mother When it was finally published the essay went viral shared on social media by Anne Lamott Rebecca Solnit and many others The outpouring of responses gave Filgate an idea and the resulting anthology offers a candid look at our relationships with our mothers While some of the writers in this book are estranged from their mothers others are extremely close Leslie Jamison writes about trying to discover who her seemingly perfect mother was before ever becoming a mom In Cathi Hanauer s hilarious piece she finally gets a chance to have a conversation with her mother that isn t interrupted by her domineering but lovable father Andr Aciman writes about what it was like to have a deaf mother Melissa Febos uses mythology as a lens to look at her close knit relationship with her psychotherapist mother And Julianna Baggott talks about having a mom who tells her everything As Filgate writes Our mothers are our first homes and that s why we re always trying to return to them There s relief in breaking the silence Acknowledging what we couldn t say for so long is one way to heal our relationships with others and perhaps most important with ourselves Contributors include Cathi Hanauer Melissa Febos Alexander Chee Dylan Landis Bernice L McFadden Julianna Baggott Lynn Steger Strong Kiese Laymon Carmen Maria Machado Andr Aciman Sari Botton Nayomi Munaweera Brandon Taylor and Leslie Jamison *Mother Winter* Sophia Shalmiyev, 2020-02-11 Lyrical and emotionally gutting O THE OPRAH MAGAZINE Intellectually satisfying and artistically profound KIRKUS REVIEWS STARRED REVIEW Mesmeric THE PARIS REVIEW Vividly awesome and truly great EILEEN MYLES Gorgeous gutting unforgettable LENI ZUMAS Brilliant MICHELLE TEA An arresting memoir equal parts refugee coming of age story feminist manifesto and meditation on motherhood displacement gender politics and art that follows award winning writer Sophia Shalmiyev s flight from the Soviet Union where she was forced to abandon her estranged mother and her subsequent quest to find her Russian sentences begin backward Sophia Shalmiyev tells us on the first page of her striking lyrical memoir To understand the end of her story we must go back to the beginning Born to a Russian mother and an Azerbaijani father Shalmiyev was raised in the stark oppressiveness of 1980s Leningrad now St Petersburg where anti-Semitism and an imbalance of power were omnipresent in her home At just eleven years old Shalmiyev s father stole her away to America forever abandoning her estranged alcoholic mother Elena Motherless on a tumultuous voyage to the states terrified in a strange new land Shalmiyev depicts in urgent poetic vignettes her emotional journeys through an uncharted world as an immigrant artist and eventually as a mother of two As an adult Shalmiyev voyages back to Russia to search endlessly for the mother she never knew in her pursuit we witness an arresting impassioned meditation on art making gender politics displacement and most potently motherhood **Elaborate Lives** Jaye Viner, 2023-04-20 In life as in film fight for the role you want An aspiring film director with anger management issues is sent to therapy or lose his job Instead of doing the hard work of improving himself he invites his troubled celebrity therapist to stage a fake romance with him so they can manipulate the Hollywood PR machine to fix their reputations Larisa de France

Kahn is the daughter of a model and a famous film producer born to host formal dinners and adorn the arm of a powerful man but she's determined to thwart her fate by graduating from her psychiatry residency and practicing emergency medicine as an anonymous citizen if only her mother will stop sending her on blind dates with billionaires who would like to make Larisa their trophy wife. The separation between Larisa's celebrity and professional lives is threatened when a producer friend of her father sends one of his directors to Larisa for counseling. Quinn VanderVeer might be the greatest filmmaker of his generation but he's so insecure he's turned everyone against him. He comes to Larisa in the middle of a nasty breakup, questions about his sexuality, and mounting pressure on the set of his first big budget production. She could help him if only he would see her as an ally instead of the woman who could reveal him as the imposter he feels he is. As Larisa works to tear down Quinn's walls, she also must work against walls of her own, holding them up against her belief that her education has made her unlovable and her psychiatry skills make her intimidating to men who want to be in control. Together they might become an industry power couple but first they'll have to trust each other with their deepest fears and secret desires.

Book One in the Elaborate Lives Series      **Into being** Lily Dunn, 2025-10-07

The acclaimed author of *Sins of My Father* shares the secrets of writing a new transformative kind of memoir. *Into being* is an essential guide to writing radical and empowering memoir. Drawing on her experience as a memoirist and a teacher of creative writing, Lily Dunn presents the ground-breaking idea that the craft of memoir itself can offer a form of transformation. Dunn demystifies the memoirist's art, helping readers to find meaning in raw experience and elevate the personal to the universal. She considers compelling questions from why our memories give greater significance to certain events to how we can write honestly without intruding too far into the lives of our loved ones. She also explores how writers are extending the memoir form to create something hybrid, playful, and subversive. In an age of social media filled with confessions, reinventions, and distortions of the self, the question of what it means to be an individual is more urgent than ever. *Into being* shows readers how to turn writing memoir into a journey of discovery, one that can be shared with the whole world.

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### **Whip Smart A Memoir Melissa Febos Introduction**

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