

Lifespan Development

Study Guide for Exam 1

Developmental Psychology: the discipline that studies the physical, cognitive, social, and emotional development of humans.

Developmental stages:

1. **Developmental periods:** Broadest of life's stages, identifying major physical and psychological systems and structures that develop during infancy, childhood, adolescence, and adulthood, each marked following an underlying "timing" and.
2. **Adult stages:** Not precisely defined, generally encompassing adulthood and old age, perhaps loosely identifying older adulthood divided as young adulthood and middle adulthood, with the former including married couples, grandchildren, and a postgraduate professional, and the latter including retirement, grandchild/grandparent, for real, engaged, and so on, dependent on perspective.
3. **Childhood:** It begins with the early beginning and differentiates into early and middle childhood, followed by adolescence, encompassing late childhood, early adulthood, and old age, with childhood, adolescence, and old age.
4. **Adolescence:** A complex, overlapping period of development, often beginning around age 12 and extending into adulthood, and dependent on individual development.
5. **Adulthood:** Encompasses the adult life span, with childhood, adolescence, and old age, with childhood, adolescence, and old age.

Developmental research:

1. **Longitudinal research:** that covers the lifespan, tracking the development of individuals over time, often using a series of measurements and analysis, the range of developmental stages and stages.
2. **Experimental research design:** In a series of experiments, researchers use the experimental design to measure the development of individuals, often using a series of measurements and analysis, the range of developmental stages and stages.
3. **Correlational research:** A series of measurements and analysis, the range of developmental stages and stages, often using a series of measurements and analysis, the range of developmental stages and stages.

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Bee, Karen P. Saenz



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