

# Subjective Global Assessment Form

## MEDICAL HISTORY

Patient name: \_\_\_\_\_

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

### DIETARY INTAKE

- ☐ No change; adequate
- Inadequate; duration of inadequate intake \_\_\_\_\_
  - ☐ Suboptimal solid diet
  - ☐ Full fluids or only oral nutrition supplements
  - ☐ Minimal intake, clear fluids or starvation
- Dietary Intake in past 2 weeks\***
  - ☐ Adequate \_\_\_\_\_
  - ☐ Improved but not adequate \_\_\_\_\_
  - ☐ No improvement or inadequate \_\_\_\_\_

### WEIGHT

Usual weight \_\_\_\_\_

Current weight \_\_\_\_\_

- Non fluid weight change past 6 months**
  - ☐ <5% loss or weight stability
  - ☐ 5-10% loss without stabilization or increase
  - ☐ >10% loss and ongoing

If above not known, has there been a subjective loss of weight during the past six months?

  - ☐ None or mild
  - ☐ Moderate
  - ☐ Severe
- Weight change past 2 weeks\*** Amount (if known) \_\_\_\_\_
  - ☐ Increased
  - ☐ No change
  - ☐ Decreased

### SYMPTOMS (Experiencing symptoms affecting oral intake)

- ☐ Pain on eating
  - ☐ Anorexia
  - ☐ Vomiting
  - ☐ Nausea
  - ☐ Dysphagia
  - ☐ Diarrhea
  - ☐ Dental problems
  - ☐ Feels full quickly
  - ☐ Constipation
- ☐ None
  - ☐ Intermittent/mild/few
  - ☐ Constant/severe/multiple
- Symptoms in the past 2 weeks\***
  - ☐ Resolution of symptoms
  - ☐ Improving
  - ☐ No change or worsened

### FUNCTIONAL CAPACITY (Fatigue and progressive loss of function)

- No dysfunction
- Reduced capacity; duration of change \_\_\_\_\_
  - ☐ Difficulty with ambulation/normal activities
  - ☐ Bed/chair-bound
- Functional Capacity in the past 2 weeks\***
  - ☐ Improved
  - ☐ No change
  - ☐ Decrease

### METABOLIC REQUIREMENT

- High metabolic requirement ☐ No ☐ Yes

### PHYSICAL EXAMINATION

- |                               |                             |  |                                 |
|-------------------------------|-----------------------------|--|---------------------------------|
| Loss of body fat              | <input type="checkbox"/> No | <input type="checkbox"/> Mild/Moderate | <input type="checkbox"/> Severe |
| Loss of muscle mass           | <input type="checkbox"/> No | <input type="checkbox"/> Mild/Moderate | <input type="checkbox"/> Severe |
| Presence of edema/tachycardia | <input type="checkbox"/> No | <input type="checkbox"/> Mild/Moderate | <input type="checkbox"/> Severe |

### CACHEXIA

- ☐ No ☐ Yes

### SGA RATING

- ☐ **A** Well-nourished Normal  
☐ **B** Mildly/moderately malnourished Some progressive nutritional loss  
☐ **C** Severely malnourished Evidence of wasting and progressive symptoms

\*See page 2 SGA Rating for more description.



Canadian  
Malnutrition  
Task Force

le Groupe de  
travail canadien  
sur la malnutrition

Advancing Nutrition Care in Canada (Améliorer les soins nutritionnels au Canada)

# Subjective Global Assessment Form

**Chao Zhang**

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the name bar.

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